

(19) **United States**(12) **Patent Application Publication** (10) **Pub. No.: US 2003/0158566 A1**
(43) **Pub. Date:** **Aug. 21, 2003**(54) **PERCUTANEOUS CELLULITE REMOVAL SYSTEM**(52) **U.S. Cl.** 606/167(75) **Inventor:** **Darrell C. Brett**, Portland, OR (US)(57) **ABSTRACT**

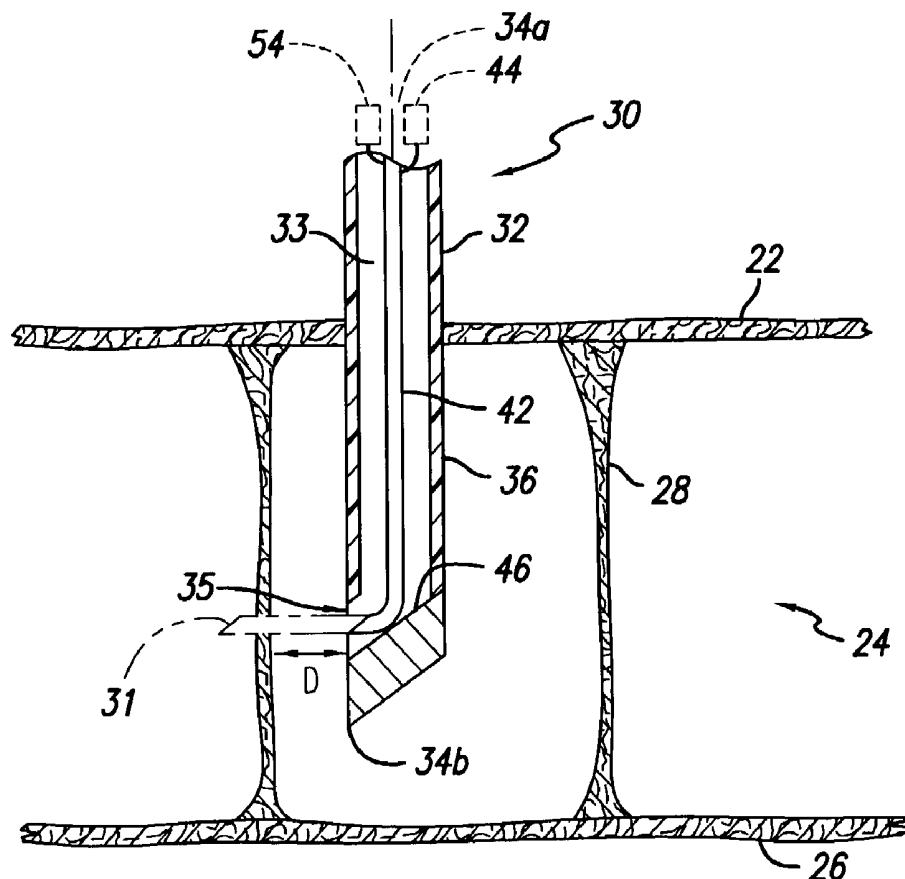
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LAW OFFICE OF KAREN DANA OSTER, LLC**PMB 1020****15450 SW BOONES FERRY ROAD #9****LAKE OSWEGO, OR 97035 (US)**(73) **Assignee:** **Expanding Concepts, L.L.C.**, Portland, OR (US)(21) **Appl. No.:** **10/202,415**(22) **Filed:** **Jul. 22, 2002****Related U.S. Application Data**

(60) Provisional application No. 60/332,355, filed on Nov. 15, 2001. Provisional application No. 60/356,891, filed on Feb. 13, 2002.

Publication Classification(51) **Int. Cl.⁷** **A61B 17/32**

A percutaneous cellulite removal needle of the present invention can be used to make the appearance of cellulite less obvious by cutting the fibrous bridges that connect the skin to muscle/fascia or fibrous septae in the subcutaneous fat in a minimally invasive manner. The percutaneous cellulite removal needle of the present invention preferably includes a body having an internal chamber that ends at a laterally disposed aperture. A cutting mechanism is substantially positioned within the internal chamber in a retracted position and at least partially protrudes through the laterally disposed aperture in a cutting position. A situating mechanism transitions the cutting mechanism between the retracted position and the cutting position. The present invention also includes a method in which the percutaneous cellulite removal needle is inserted through the skin with the cutting mechanism in the retracted position. The cutting mechanism is then extruded so that the cutting mechanism is in the cutting position. Next the cutting mechanism is actuated, for example by rotating, to cut at least one the fibrous bridge or septae. These steps may be repeated to cut other fibrous bridges or septae reachable by the cutting mechanism. The cutting mechanism is then retracted and the percutaneous cellulite removal needle is removed.



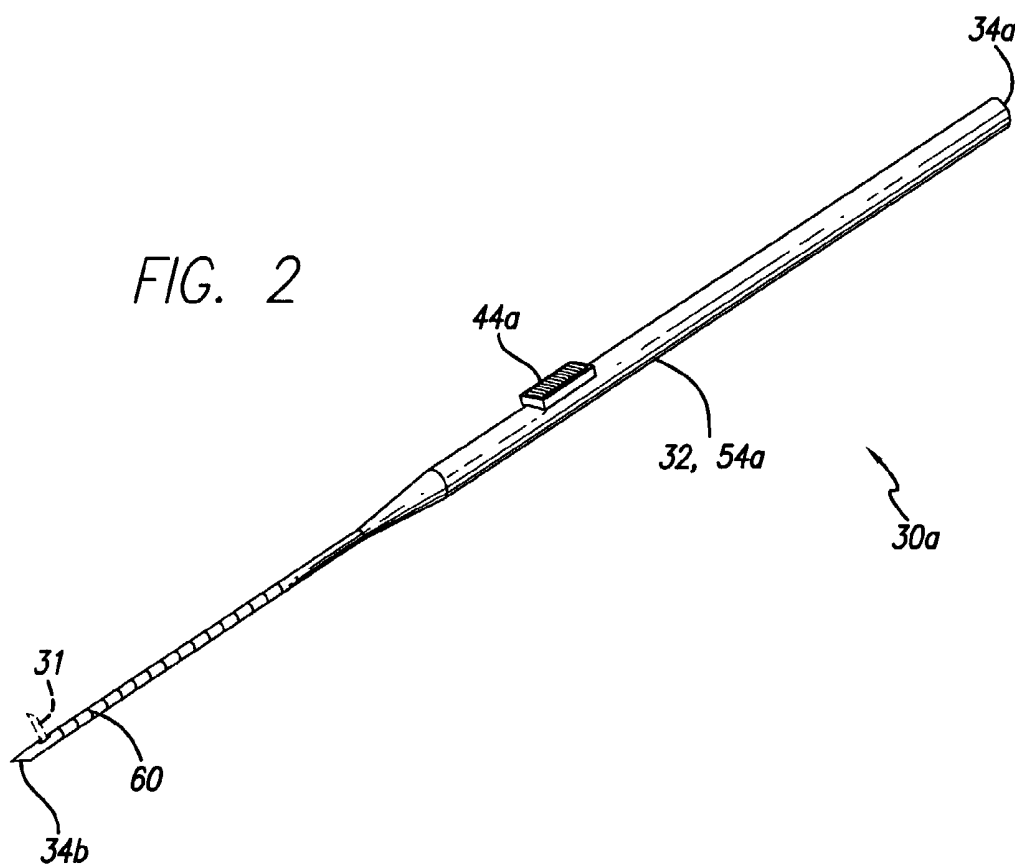
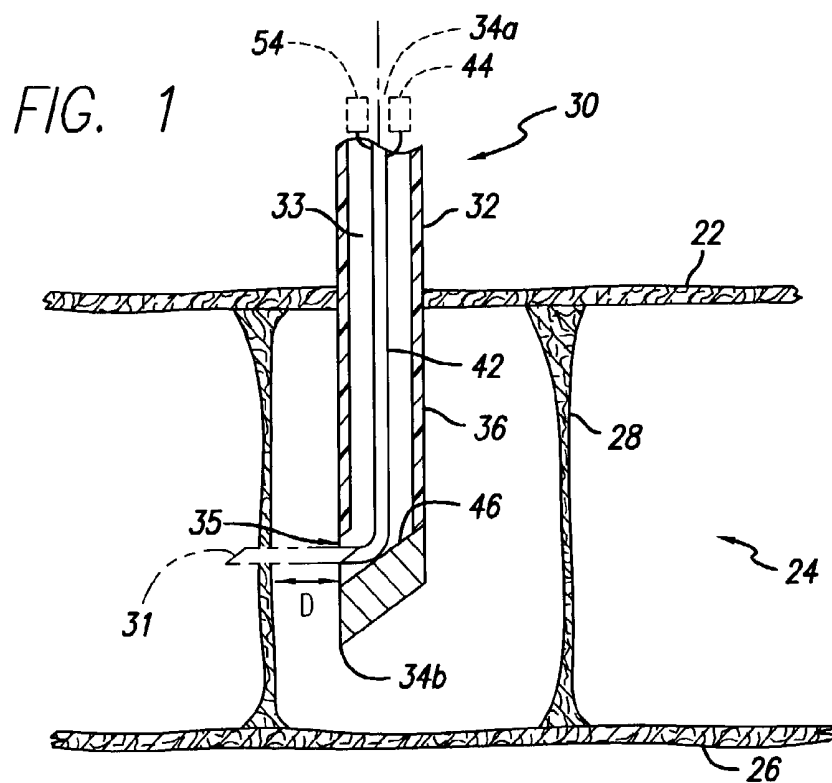


FIG. 3

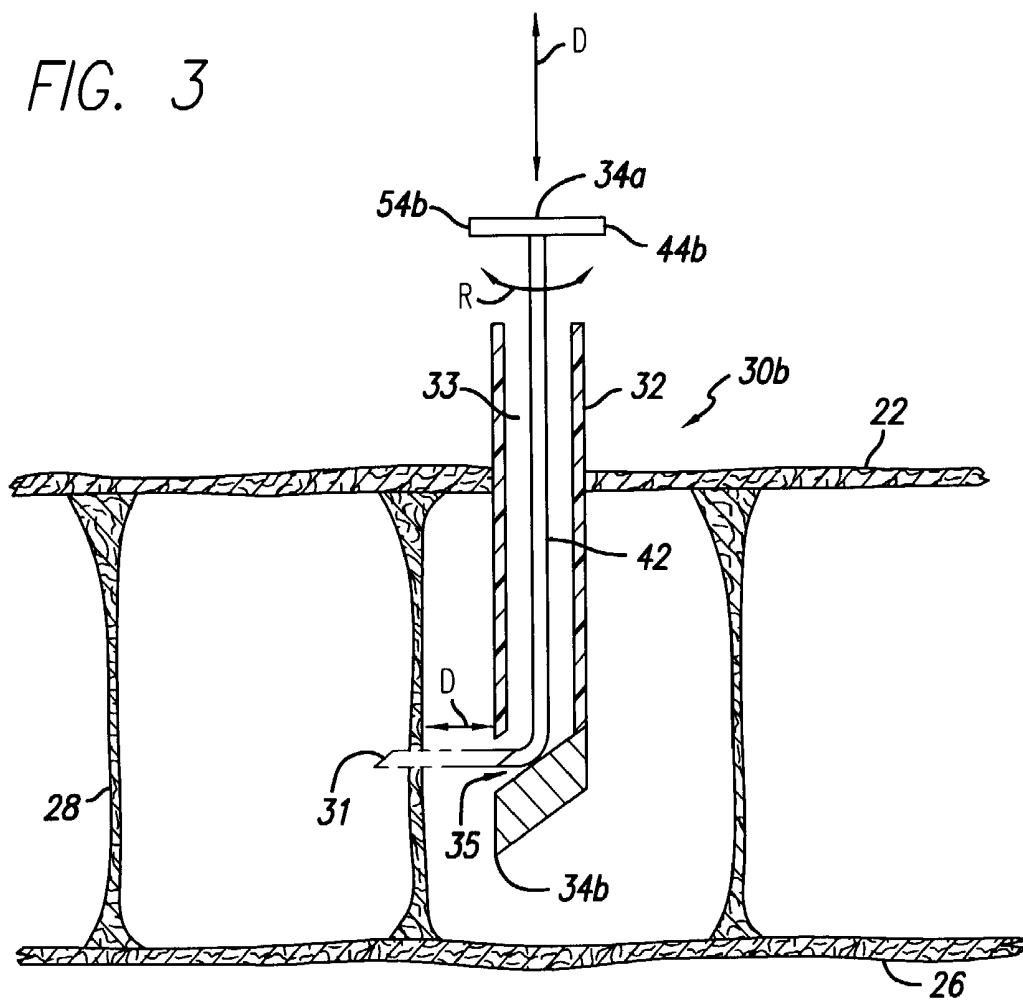


FIG. 8

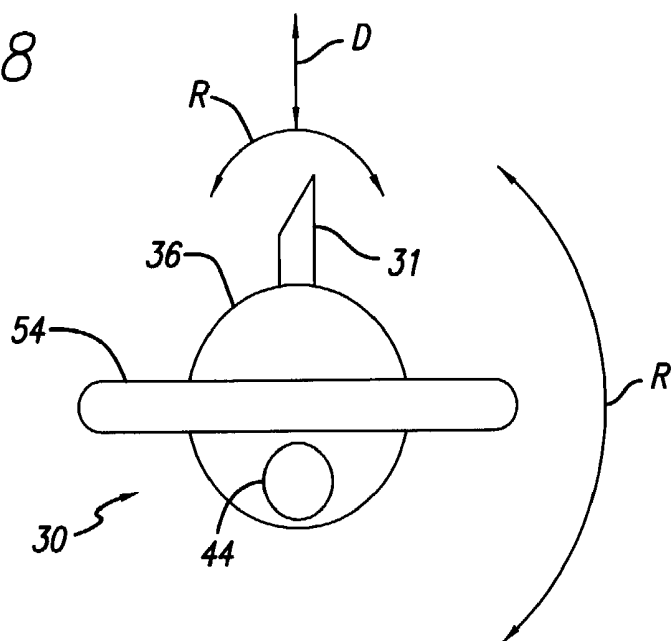


FIG. 4

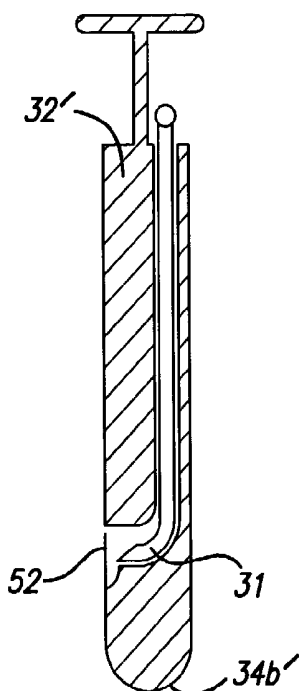
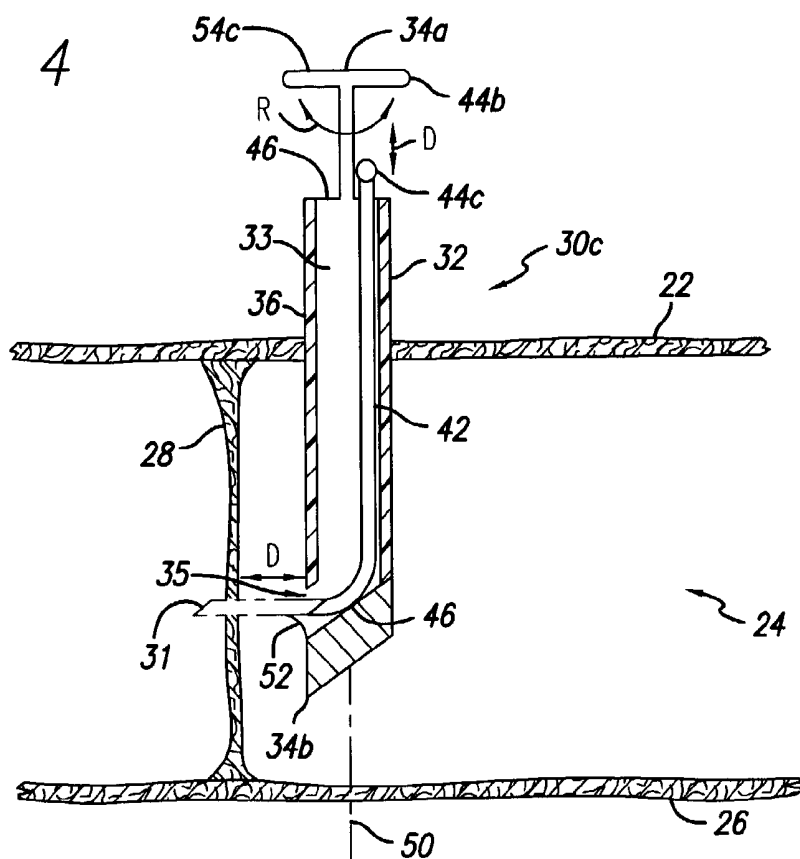


FIG. 5

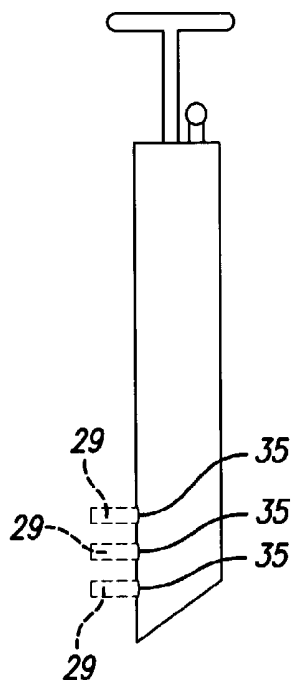


FIG. 6

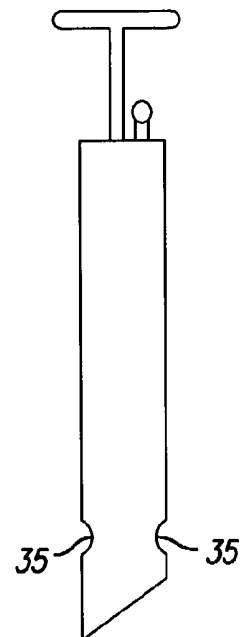


FIG. 7

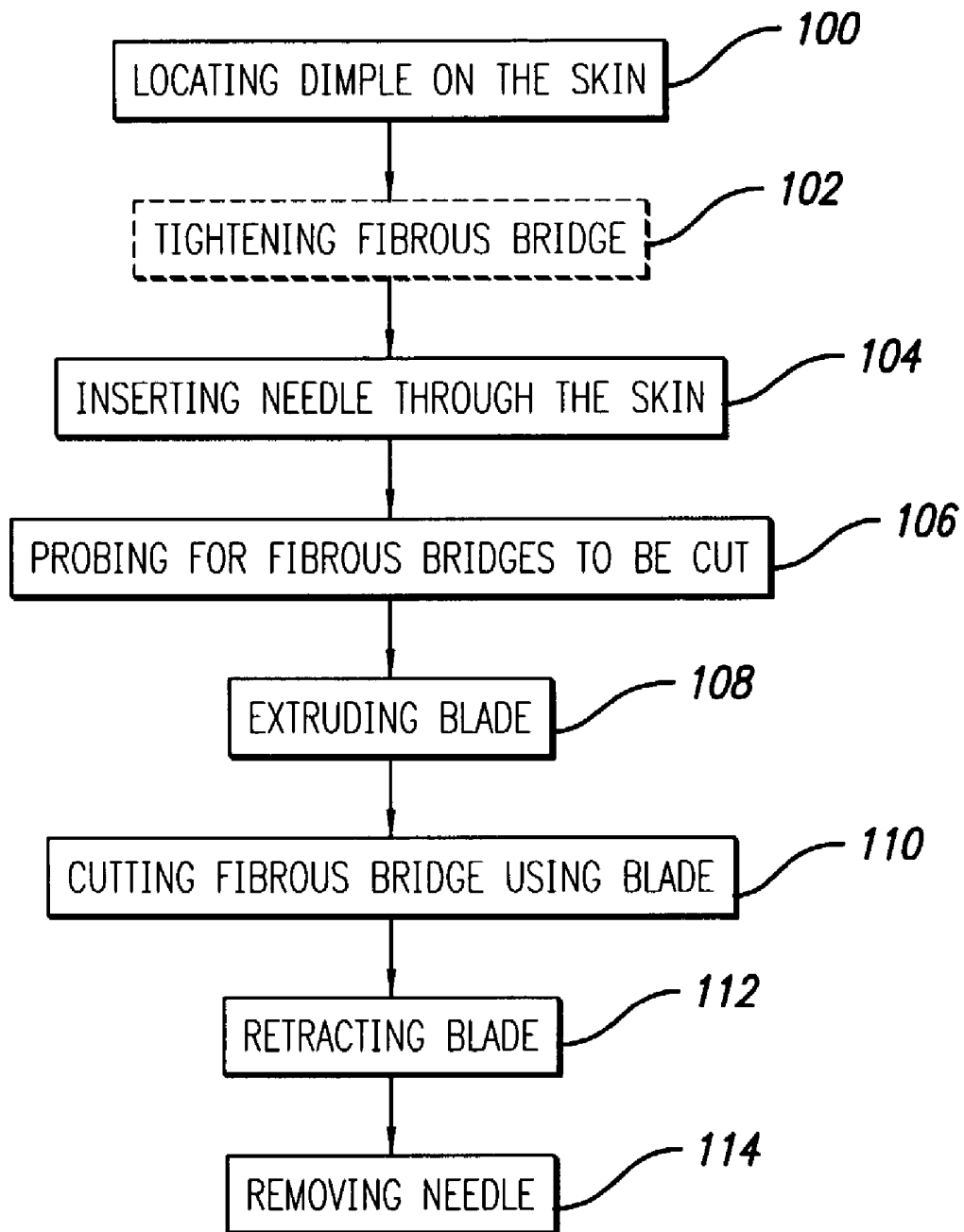


FIG. 9

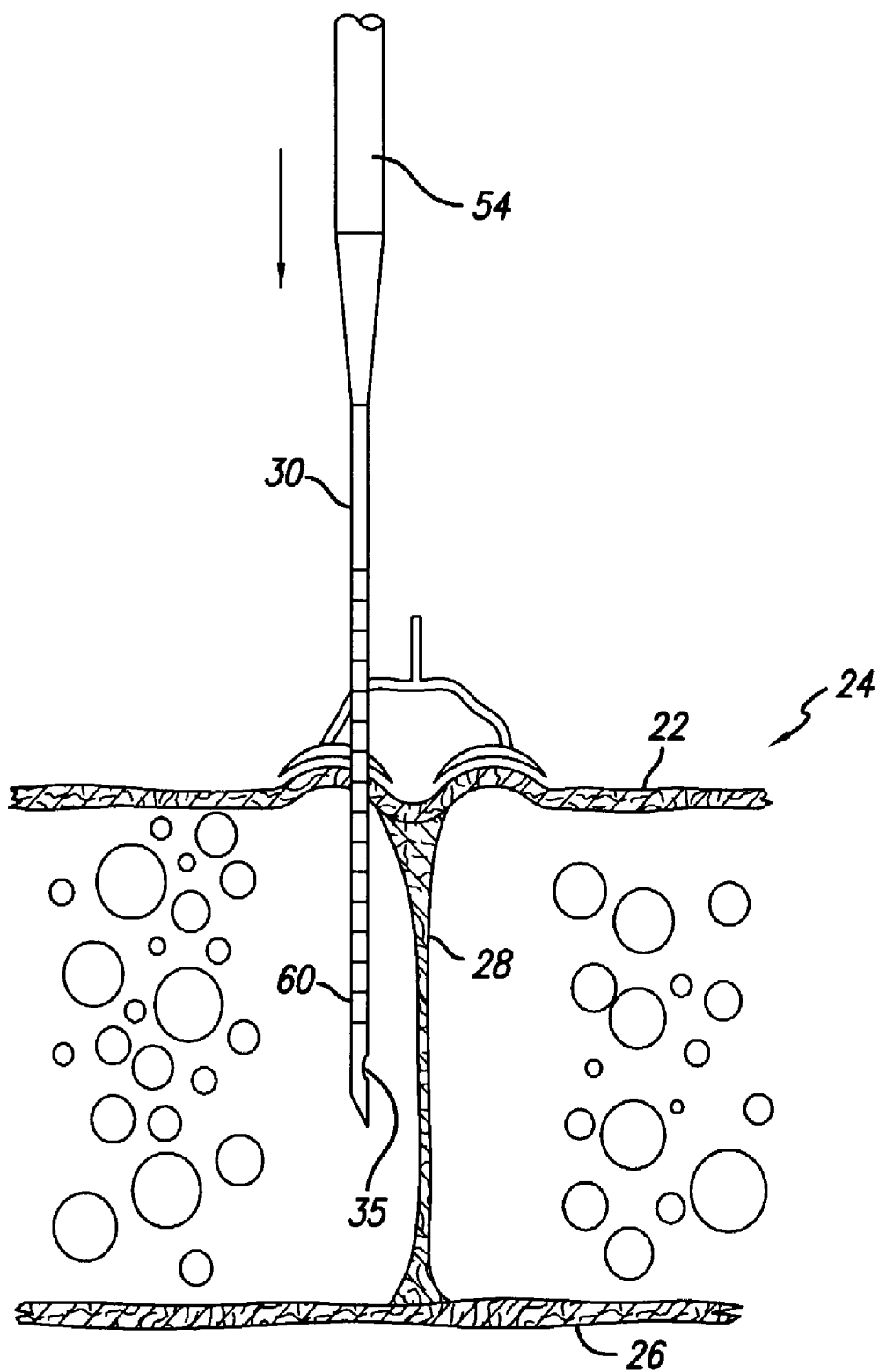


FIG. 10

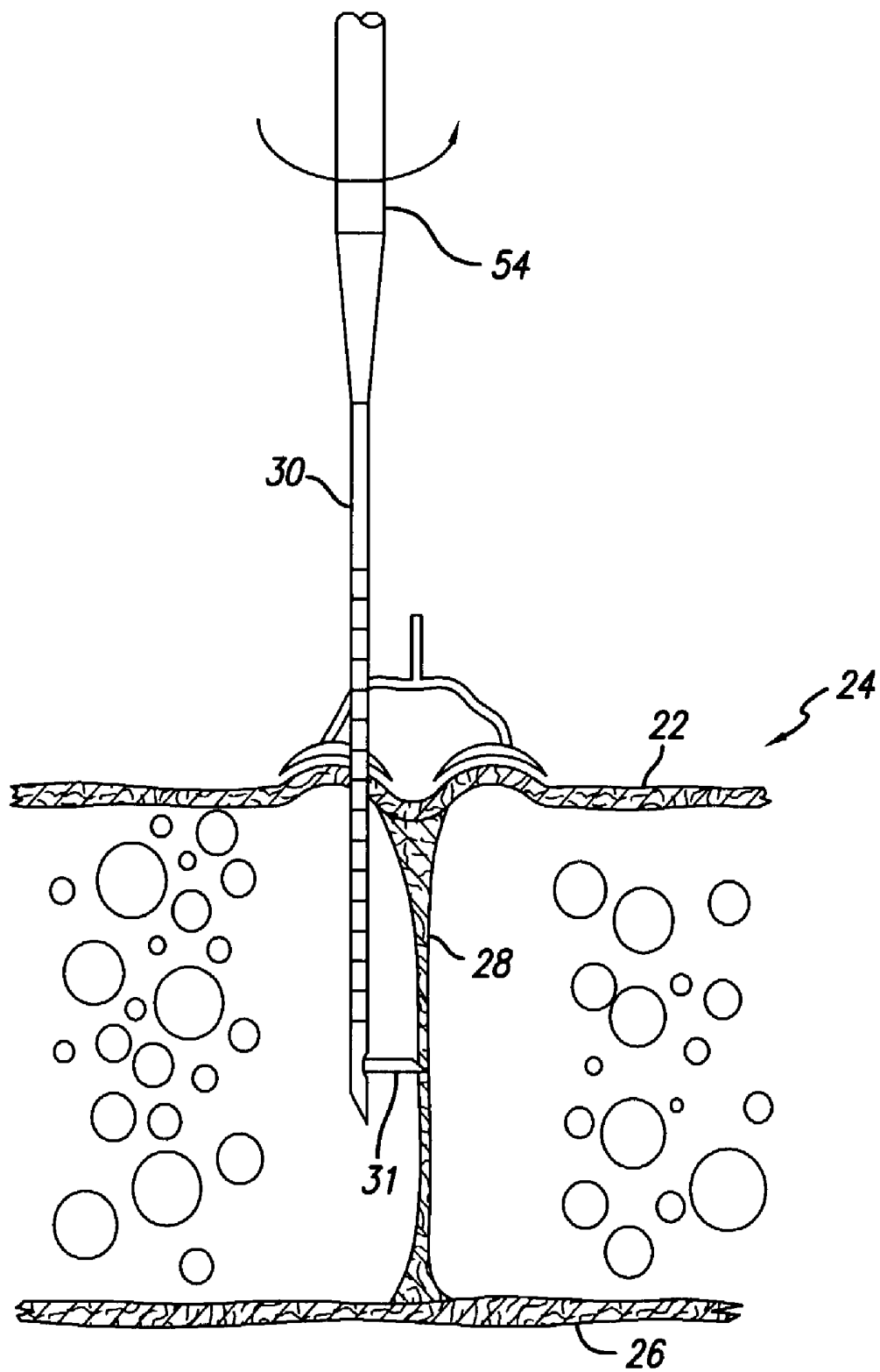


FIG. 11

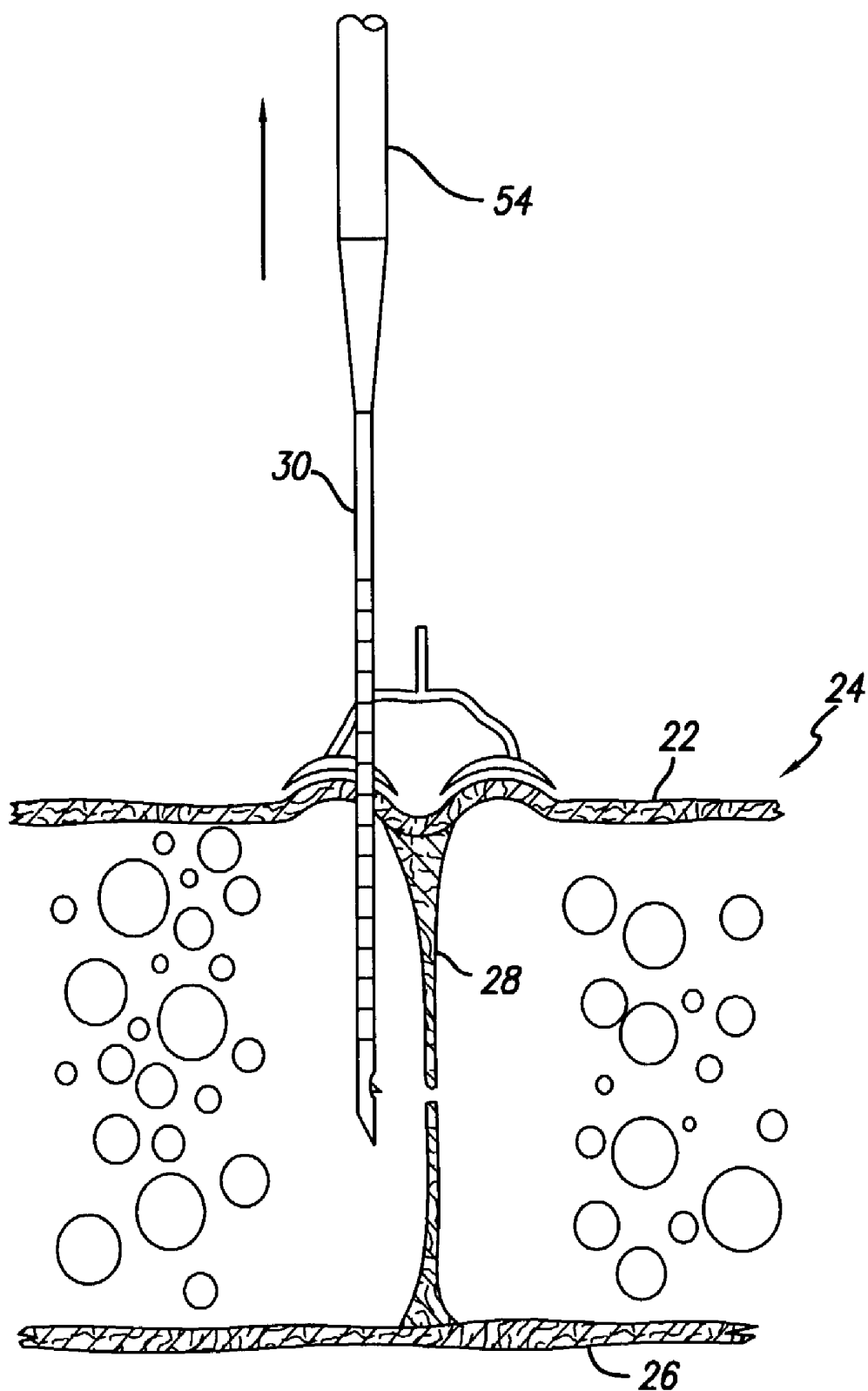


FIG. 12

PERCUTANEOUS CELLULITE REMOVAL SYSTEM

[0001] The present application is based on, and claims priority from, U.S. Provisional Application Serial No. 60/332,355, filed Nov. 15, 2001 and U.S. Provisional Application Serial No. 60/356,891, filed Feb. 13, 2002, both of which are hereby incorporated herein by reference.

BACKGROUND OF INVENTION

[0002] The present invention relates to an apparatus and method for making the appearance of cellulite less obvious by cutting the fibrous bridges that connect the skin to muscle and/or fascia (hereinafter referred to as “muscle,” “fascia,” or “muscle/fascia”) or by cutting the fibrous septae in subcutaneous fat in a minimally invasive manner, and specifically to a percutaneous cellulite removal needle with at least one lateral opening in its peripheral surface through which a surgical instrument and/or a cutting mechanism retracts or protrudes and methods for using the percutaneous cellulite removal needle.

[0003] Cellulite is a popular term used to describe the dimpled or “lumpy skin” appearance of the skin that some people have on their hips, thighs, and buttocks. Cellulite often occurs in women who are not particularly overweight or a good candidate for liposuction. It is caused by a “buttoning” or “mattress effect” of the skin 24 with tethering of the dermis 22 to the underlying muscle or fascial layers 26 by fibrous bands 28 or by fibrous septae in the subcutaneous fat.

[0004] Dietary supplements, topical creams, massage treatments, and other methods have been suggested for treatment of cellulite. There are few scientific studies, however, that demonstrate the efficacy of any of these methods. Nor is liposuction—a surgical technique for extracting fat by vacuuming it from under the skin—always an effective treatment for cellulite. This is because the dimpled appearance is the result of deposits of subcutaneous fat in combination with the fibrous bridges that attach the skin to underlying muscle. When the fibrous bridges tighten, the skin is pulled tight over the deposits of subcutaneous fat creating a dimpled appearance. Removal of the subcutaneous fat by liposuction does not alter the dimpled appearance of the skin and, in fact, may worsen the appearance of the skin. In order to smooth the skin, it is necessary to break the fibrous bridges.

[0005] A method for the treatment of cellulite by breaking fibrous bridges is disclosed in *Surgical Treatment of Cellulite and its Results*, by Clara Lieberman, M.D. and Joseph Cohen, M.D., American Journal of Cosmetic Surgery, Vol. 16, No. 4, 1999, 299-303. The Lieberman-Cohen method is a surgical treatment using liposuction and release of the fibrous tissue bridges with blunt thin cannulas. Specifically, the cannulas break the fibrous bridges that originate from the herniation of subcutaneous fat. While this method represents a significant advance in the treatment of cellulite, a disadvantage of this method is that it uses an instrument that was not designed for the purpose of cutting fibrous bridges or septae. The use of a liposuction cannula is invasive, awkward, imprecise, and physically difficult.

[0006] Because treatment of cellulite by breaking fibrous bridges or septae is a recent development, prior art surgical

devices were not developed with this purpose in mind. Prior art cutting devices generally contemplate cutting tissue other than fibrous bridges using a cutting mechanism located at the distal tip of the device. Several representative prior art devices are described below. Each of the devices described would need to be used in the same manner that the liposuction cannula is employed in the Lieberman-Cohen method and suffers from the same and additional disadvantages.

[0007] U.S. Pat. No. 3,526,219 to Balamuth (the “Balamuth reference”) is directed to a method and apparatus for ultrasonically microchopping tissue and removing the tissue fragments from a body. The Balamuth device has a fine edge that is vibrated in the ultrasonic frequency range and accelerated above 50,000 g to produce a tissue breakdown fundamentally different from tissue slicing. A fluid stream controls temperature while a built-in suction machine removes tissue and fluid. Because the Balamuth fine edge is located at the distal tip, the device is adapted only for removal of tissue directly ahead of the distal tip.

[0008] U.S. Pat. No. 5,690,664 to Sauer et al. is directed to a laparoscopic trocar that has a cutting blade positioned inside the distal tip of the trocar for penetrating the peritoneum. The Sauer trocar is pistol-shaped and an operator deploys the distally located cutting blade by pulling a trigger. Movement of the cutting blade between the non-deployed and deployed positions facilitates tissue penetration by cutting the tissue directly ahead of the distal tip of the trocar.

[0009] An example of a surgical cutting instrument for removing sections of bodily tissue taking a slightly different approach from the devices discussed above is U.S. Pat. No. 6,152,894 to Kubler (the “Kubler reference”). The Kubler instrument is a pointed linear shank percutaneously insertable through a trocar. Once inserted, an external actuator pulls a cord inside the device that deforms the distal end of the shank into a curved sickle shape. Cutting blades are arranged along the inside curve of the curved sickle and a spherical piece of tissue located at the end of the shank may be excised by rotating the shaft of the Kubler device. Although the Kubler approach is somewhat different, the tissue cut is still directly ahead of the distal tip of the device.

[0010] U.S. Pat. No. 5,419,761 to Narayanan et al. (the “Narayanan reference”) is directed to a cannula for an ultrasonic liposuction method. The Narayanan cannula transmits an ultrasonic wave through the cannula producing cavitation at the distal tip. Adipose tissue is liquefied in front of the distal tip and aspirated through a bore in the cannula. A disadvantage of the Narayanan cannula is that the intensity of the ultrasonic wave would likely need to be increased substantially to sever fibrous tissue and this increase would likely result in unwanted ancillary damage to nearby tissue. In addition, the tissue acted upon is still directly ahead of the distal tip of the device.

[0011] U.S. Pat. No. 5,569,291 to Privitera et al. (the “Privitera reference”) is directed to a surgical penetration instrument for dissection having a tube through which an endoscope can be inserted. The endoscope locks into place so that movement relative to the tube is prevented. A conical transparent tip on the tube allows the endoscope to visualize the insertion path and treatment site. The conical tip has two blades positioned 180 degrees apart that extend longitudinally from the tip to the base of the conical tip. The blades

are for facilitating insertion and cutting target tissues. The Privitera device views and cuts tissue only directly ahead of the distal tip.

[0012] U.S. Pat. No. 5,797,944 to Nobles et al. (the "Nobles reference") is directed to a laparoscopic trocar allowing a view. The Nobles trocar has blades positioned on a pointed head for percutaneous insertion. A slanted window on the pointed head and a hollow shaft allow visualization by an optional endoscope. The Nobles reference provides a view only directly ahead of the distal tip of the device.

BRIEF SUMMARY OF THE INVENTION

[0013] The present invention relates to an apparatus and method for making the appearance of cellulite less obvious by cutting the fibrous bridges that connect the skin to muscle or the fibrous septae in subcutaneous fat in a minimally invasive manner, and specifically to a percutaneous cellulite removal needle with at least one lateral opening in its peripheral surface through which a surgical instrument and/or a cutting mechanism retracts or protrudes and methods for using the percutaneous cellulite removal needle.

[0014] A percutaneous cellulite removal needle of the present invention includes a body having an internal chamber that ends at a laterally disposed aperture defined in the outer peripheral surface of the body. A cutting mechanism is substantially positioned within the internal chamber in a retracted position and at least partially protrudes through the laterally disposed aperture in a cutting position. A situating mechanism transitions the cutting mechanism between the retracted position and the cutting position. Additional chambers for additional surgical instruments may be incorporated in the invention.

[0015] The present invention also includes a method for cutting fibrous bridges that connect skin to muscle or the fibrous septae in subcutaneous fat in a minimally invasive manner. In this method the percutaneous cellulite removal needle is inserted through the skin with the cutting mechanism in the retracted position. The cutting mechanism is then extruded so that the cutting mechanism is in the cutting position. Next the cutting mechanism is actuated, for example by rotating, to cut at least one the fibrous bridge. These steps may be repeated to cut other fibrous bridges reachable by the cutting mechanism. The cutting mechanism is then retracted and the percutaneous cellulite removal needle is removed.

[0016] The foregoing and other objectives, features, and advantages of the invention will be more readily understood upon consideration of the following detailed description of the invention, taken in conjunction with the accompanying drawings.

BRIEF DESCRIPTION OF THE SEVERAL VIEWS OF THE DRAWING

[0017] FIG. 1 is a side cross-sectional view of a generic preferred embodiment of the percutaneous cellulite removal needle of the present invention showing a flexible, retractable cutting mechanism in an extended, cutting position.

[0018] FIG. 2 is a perspective view of a first exemplary embodiment of the percutaneous cellulite removal needle of the present invention.

[0019] FIG. 3 is a side cross-sectional view of a second exemplary embodiment of the percutaneous cellulite removal needle of the present invention.

[0020] FIG. 4 is a side cross-sectional view of a third exemplary embodiment of the percutaneous cellulite removal needle of the present invention.

[0021] FIG. 5 is a side cross-sectional view of an exemplary embodiment of the percutaneous cellulite removal needle of the present invention showing, a substantially solid body embodiment, the internal chamber formed as a guide shaft, and the lateral aperture having a cover.

[0022] FIG. 6 is a side view of an exemplary embodiment of the percutaneous cellulite removal needle of the present invention showing a cutting mechanism in a cutting position, an endoscope in an operative position, and an aspiration in an operative position.

[0023] FIG. 7 is a side view of an exemplary embodiment of the percutaneous cellulite removal needle of the present invention showing two lateral apertures formed in the outer peripheral surface on opposite sides of the percutaneous cellulite removal needle.

[0024] FIG. 8 is a top view of an exemplary embodiment of the percutaneous cellulite removal needle of the present invention showing directions of movement to sever fibrous bridges.

[0025] FIG. 9 is a flow chart showing an exemplary method of the present invention.

[0026] FIGS. 10-12 illustrate exemplary steps of the method of FIG. 9.

DETAILED DESCRIPTION OF THE INVENTION

[0027] As shown in FIGS. 1-4, the present invention is directed to a percutaneous cellulite removal needle 30 (exemplary preferred embodiments are labeled as 30a (FIG. 2), 30b (FIG. 3), and 30c (FIG. 4)) that includes a surgical instrument such as a flexible blade or other cutting mechanism 31 for cutting the fibrous bridges 28 or the fibrous septae in subcutaneous fat that connect the dermis 22 to muscle/fascia 26 in a minimally invasive manner. Throughout the remainder of this disclosure, the fibrous bridges 28 will be discussed, but the same principles can be applied to fibrous septae in subcutaneous fat. FIG. 1 shows a generic or basic percutaneous cellulite removal needle 30 of the present invention that will be used to discuss some of the features of the various embodiments.

[0028] The Body. The main housing or body 32 of the percutaneous cellulite removal needle 30 consists of a slender, elongated, hollow tube with an internal chamber 33 that houses the cutting mechanism 31. The body 32 may be rigid or flexible. In shown preferred embodiments, the body 32 has a proximal end 34a which remains outside the human body and a closed distal end 34b suitable for penetrating tissue and insertion within the human body. The internal chamber 33 preferably ends in a lateral aperture 35 formed in the outer peripheral surface 36 of the body 32 near the distal end 34b. The body 32 may have a cross section of any shape and, for exemplary purposes only, is being shown as a circular cross section. Similarly, the internal chamber 33 may have a cross section of any shape and, for exemplary

purposes only, is being shown as circular. The outer peripheral surface **36** is preferably smooth to aid in insertion.

[0029] For purposes of describing the present invention, the term “needle” means a slender, elongated, hollow instrument with a lateral opening in its peripheral surface. It should be understood that the term needle, as used herein, includes a needle, a trocar, a trocar obturator, a trocar cannula, a tube, a cylinder or any other slender, elongated, hollow instrument or device suitable for use in the surgical procedure of the present invention. The term “needle” further refers to any slender, hollow, sharp-pointed instrument for puncturing tissue and introducing material into a human body. A trocar (or trocar obturator or obturator) commonly refers to an elongated, cylindrical shaft or rod with a sharp tip capable of penetrating tissue and is ordinarily used with a cannula (or trocar cannula). A trocar cannula is an elongated hollow tube that functions as a sleeve for the trocar obturator. In use, the trocar obturator is slid into the trocar cannula and the assembly is advanced into tissue. After the assembly has penetrated the human body wall, the trocar obturator is withdrawn leaving the trocar cannula. The trocar cannula may be used to withdraw fluids from various body cavities, or used as a passage way for the insertion and withdrawal of surgical instruments in procedures such as endoscopic surgery. The term trocar also refers to the assembly of the trocar obturator and trocar cannula. In addition, the terms trocar or cannula may also refer to specialized surgical instruments adapted from the traditional trocar obturator/cannula assembly, such as a cannula that serves as a passageway for an aspirator in liposuction procedures. The percutaneous cellulite removal needle **30** may be any of these needles.

[0030] In one preferred embodiment, a sharp blade-like edge distal end **34b** facilitates penetration of tissue. The blade-like edge distal end **34b** may be an integral or separate component removably attached to percutaneous cellulite removal needle **30**. In addition, the blade-like edge distal end **34b** may consist of two or more blades. In an alternative preferred embodiment, the distal end **34b** is rounded and blunt, as shown in **FIG. 5**. This blunt embodiment is advantageous when percutaneous cellulite removal needle **30** is inserted into an incision made by another instrument and/or protection of tissue directly ahead of the percutaneous cellulite removal needle **30** is desired. Other shapes for distal end **34b** are contemplated, such as conical. The choice of shape for distal end **34b** depends on the surgical site where the method of the present invention will be performed and the preferences of the surgeon.

[0031] The Lateral Aperture. The lateral aperture **35** is preferably formed in the outer peripheral surface **36** near the distal end **34b** of the percutaneous cellulite removal needle **30**. This location provides the advantage of minimizing the depth that the percutaneous cellulite removal needle **30** should be inserted. But the lateral aperture **35** need not be formed near the distal end **34b**. In alternative exemplary embodiments, the lateral aperture **35** may be formed at any point between the proximal and distal ends **34a**, **34b**.

[0032] In addition, in alternative preferred embodiments the percutaneous cellulite removal needle **30** may include two or more lateral apertures **35** (e.g. two lateral apertures **35** formed on the same side of the percutaneous cellulite

removal needle **30** (**FIG. 6**) or lateral apertures **35** formed on the opposite sides of the percutaneous cellulite removal needle **30** (**FIG. 7**)).

[0033] The lateral aperture **35** may be round, oval, rectangular, or any other suitable shape.

[0034] To prevent tissue and fluids from entering the internal chamber **33**, the lateral aperture **35** may have a cover **52** (**FIGS. 4 and 5**) associated with it that may be closed (**FIG. 5**) to facilitate insertion and removal of the surgical percutaneous cellulite removal needle **30**, and opened (**FIG. 4**) when the surgical percutaneous cellulite removal needle **20** is in its cutting position. The cover **52** may hold and/or support the cutting mechanism **31** at a desired angle (shown as a right angle, but any angle could be accomplished). The cover **52** may be self-sealing. For example, in one alternative embodiment (not shown) it could be a self-sealing membrane. It should be noted that the cover **52** is an optional feature of the present invention.

[0035] The Cutting Means. The cutting mechanism **31** of the present invention is shown as a thin flexible blade for cutting fibrous bridges **28**. The shown flexible blade **31** may extend through the lateral aperture **35** approximately 0.5 to 3 cm. The width of flexible blade **31** may be 1 to 5 mm. These dimensions, however, are exemplary and other dimensions are contemplated. In addition, it is contemplated that the cutting mechanism **31** may be any of a variety of apparatus known in the art for cutting tissue, such as a cautery, a harmonic scalpel, an ultrasonic cutting instrument, a rotary cutter, a laser cutter, an oscillating saw, or any other suitable cutting apparatus. Devices known in the art for cutting tissue are collectively referred to herein as cutting mechanisms **31**.

[0036] The cutting mechanism **31** preferably moves between two positions: a retracted position in which the cutting mechanism **31** is within the internal chamber **33** and a cutting position (in phantom) in which the cutting mechanism **31** extends through the lateral aperture **35** to the side of the percutaneous cellulite removal needle **30**. In the retracted position, the cutting mechanism **31** is substantially contained within the internal chamber **33** and may rest on or near a guide surface **46** formed by the closed distal end **34b**. In the cutting position, the cutting mechanism **31** may be substantially perpendicular to the longitudinal axis of the percutaneous cellulite removal needle **30**. (The longitudinal axis is an imaginary line running through the center of percutaneous cellulite removal needle **30** from the proximal end **34a** to the distal end **34b**.) The guide surface **46** serves to guide the cutting mechanism **31** from its retracted position to its cutting position, and may be, for example, sloped, curved, or flat.

[0037] **FIG. 8** shows a top view of an exemplary percutaneous cellulite removal needle **30** in the cutting position with the cutting mechanism **31** extending out of the internal chamber **33**. In the shown embodiment, the cutting mechanism severs fibrous bridges **28** as it is moved in the direction of action arrow **R**. Alternatively, or in combination, the cutting mechanism **31** may have a sharp tip for cutting. In this embodiment, the cutting mechanism **31** severs fibrous bridges **28** as it is moved in the direction of action arrow **D**.

[0038] The Situating Means. A situating mechanism **44** controls the transition of the cutting mechanism **31** between

the retracted position in which the cutting mechanism 31 is within the internal chamber 33 and the cutting position in which the cutting mechanism 31 extends through the lateral aperture 35 to the side of the percutaneous cellulite removal needle 30. Exemplary situating mechanisms 44 may include an extrusion mechanism 44a (FIG. 2) such as a button or lever that maybe slid between two positions, a handle 44b (FIG. 3) that may be pulled up or pushed down, a dial 44c (FIG. 4) that may be rotated between two positions, a ratchet, or any device capable of having two positions. These situating mechanisms are meant to be exemplary and are not meant to limit the scope of the invention.

[0039] The Connecting Means. In a preferred embodiment, a connecting member 42 is contained within internal chamber 33. One end of the connecting member 42 is functionally connected to the cutting mechanism 31. The other end of the connecting member 42 is functionally connected to the situating mechanism 44. The present invention, however, contemplates alternatives to connecting member 42. In one preferred embodiment, the cutting mechanism 31 extends the length of internal chamber 33 and attaches directly to situating mechanism 44, eliminating the need for connecting member 42. In another preferred embodiment the connecting member 42 extends perpendicular to the cutting mechanism and through the body 32 to the situating mechanism 44 (FIG. 2).

[0040] If the cutting mechanism is not the flexible blade 31 or if alternative surgical instruments other than cutting mechanisms 31 are received within internal chamber 33, a connecting member 42 may be used, an alternative connecting member may be used, or no connecting mechanism may be used. For example, a laser cutter may use an optical fiber enclosed in a rigid tubular housing as a connecting member 42. As another example, a cautery may use an insulated shaft covering electrically conductive wires as a connecting member 42. In yet another example, a rotary cutter may require a connecting mechanism capable of transferring rotational mechanical energy, such as driveshaft enclosed in a housing.

[0041] The Actuating Means. The term "actuating mechanism 54" refers to any device that may be used to cause an instrument to perform its designated function. In one preferred embodiment, an actuating mechanism 54 may be used to rotate the percutaneous cellulite removal needle 30 to cut fibrous bridges 28. In alternative embodiments, actuating mechanisms might include mechanisms for starting and/or controlling surgical instruments such as endoscopes or aspirators.

[0042] Exemplary actuating mechanisms 54 may include the housing 54a (FIG. 2) that can be rotated between a user's fingers, a movable handle 54b (FIG. 3), or a fixed handle 54c (FIG. 4). Alternative actuating mechanisms 54 may include levers, dials, ratchets, buttons, or any other similar device or apparatus that causes the cutting mechanism 31 to sever fibrous bridges 28. These actuating mechanisms 54 are meant to be exemplary and are not meant to limit the scope of the invention.

[0043] In the embodiment of FIG. 2, the actuating mechanism 54a is the exterior housing 54a that may be rotated by a user so that the cutting mechanism is rotated about the longitudinal axis. In this embodiment the percutaneous cellulite removal needle 30 can also be actuated using the

housing 54a by pushing in and pulling out the entire needle, moving the needle back and forth, or making saw-like motions.

[0044] FIGS. 3, 4, and 8 show another preferred embodiment where the T-handle actuating mechanism 54b, 54c rotates the percutaneous cellulite removal needle 30 and/or cutting mechanism 31 about the longitudinal axis. In this embodiment, the rotating motion is indicated by the directional action arrows "R." In the shown embodiment, as the percutaneous cellulite removal needle 30 is rotated, the sharp side-edge of flexible blade 31 severs fibrous bridges 28.

[0045] In another preferred embodiment the percutaneous cellulite removal needle 30 is actuated when a blade 31 with a sharp tip moves forward (e.g. protruding out of the needle 30) and backward to cut fibrous bridges 28. This actuating movement is shown in the figures as motion D. For example, when an actuating mechanism 54 is pushed down, the sharp tip moves forward to cut fibrous bridges 28 in front of it and, when the actuating mechanism 54 is pulled up, sharp tip is pulled in and reset for future cutting. In yet another preferred embodiment a serrated blade may be used that may also cut on backward movement.

[0046] Additional or Optional Features. FIG. 5 shows several exemplary additional or optional features that may be incorporated into any of the embodiments of the present invention. For example, FIG. 5 shows exemplary additional or optional substantially solid needle body 32'. Another exemplary additional or optional feature is a blunt distal end 34b'. Yet another exemplary additional or optional feature is a cover 52 that covers the lateral aperture 35. This cover could be the cover of FIG. 4 in the closed position. The cover shown 52 is self-sealing.

[0047] FIGS. 6 and 7 show exemplary or optional additional lateral apertures (which may be sealed with optional covers (not shown)) through which other surgical instruments 29 may be used alone or in combination with the cutting mechanism 31. Other surgical instruments 29 may include, for example, an endoscope, an aspirator, and/or an irrigation mechanism. An embodiment including multiple apertures may be used to view a surgical site and to simultaneously perform both liposuction and sever fibrous bridges 28 or septae. In one preferred embodiment, a mechanism for visualizing a surgical site, such as an endoscope or other visualizing instrument, is used with the percutaneous cellulite removal needle 30. In another preferred embodiment, a mechanism for aspirating a surgical site is used with percutaneous cellulite removal needle 30. The mechanism for aspirating may be any surgical aspirator. In still another preferred embodiment, an irrigation mechanism is used with percutaneous cellulite removal needle 30. The irrigation mechanism would be used for introducing irrigation or fluid to increase tissue tumescence and accentuate the appearance of cellulite by tightening fibrous bridges or septae. In these multiple lateral aperture embodiments, it is contemplated that the other surgical instruments 29 may be used alone or in combination with the cutting mechanism 31. For example, using the embodiment of FIG. 6 an endoscope, an aspirator, and a cutting mechanism 31 may be used simultaneously.

[0048] It should be noted that alternative surgical instruments 29 (e.g. endoscopes, aspirators, and/or irrigation mechanisms) can be used alone in place of the cutting

mechanism **31** in a single lateral aperture embodiment. Further, the alternative surgical instruments **29** may be used in various combinations in a multiple lateral aperture embodiment.

[0049] Another additional or optional feature, as shown in **FIG. 2**, is a depth indicator **60**. As shown, the depth indicator **60** may be markings near the distal end **35b** that clearly set forth measurements. The depth indicator **60** may be, for example, a numerical or a color coded indicator.

[0050] Yet another additional or optional feature (not shown) is a needle sheath that serves to protect tissue from the cutting mechanism **31** until the cutting mechanism **31** is completely extended and in the correct position for cutting.

[0051] It should be noted that the present invention may be used for the exemplary stated purposes. Further, the present invention may be used for adhesions. Still further, the present invention may be used as an endoscopic or arthroscopic cutting device. Although the present invention may be used manually, in alternative preferred embodiments it may be manipulated by machines.

[0052] It should be noted that other embodiments not shown or discussed could be used to implement the present invention. For example, a "ball-point pen" embodiment could be developed where pushing a button causes the blade to retract or protrude and it is held in position by a spring and notch mechanism. Other embodiments could use blades that telescope or unwind.

[0053] First Embodiment Example. Referring to in **FIG. 2**, a first exemplary preferred embodiment of the present invention of the percutaneous cellulite removal needle **30a** includes a thick flexible and retractable blade **31**. An extrusion mechanism is the situating mechanism **44a** that controls the transition of the flexible blade **31** between a retracted position in which the flexible blade **31** is within the internal chamber **33** and a cutting position (in phantom) in which the flexible blade **31** extends through the lateral aperture **35** to the side of the percutaneous cellulite removal needle **30a**. The plastic housing **32** serves as the actuating mechanism **54a** as the surgeon rotates the housing **32** between his fingers so that the flexible blade **31** rotates to cut fibrous bridges **28**.

[0054] Second Embodiment Example. Referring to **FIG. 3**, a second exemplary preferred embodiment of the present invention of the percutaneous cellulite removal needle **30b** includes a flexible and retractable blade **31** that is connected directly or indirectly to a handle **44b**, **54b** that serves both as the situating mechanism **44b** and the actuating mechanism **54b**. In this embodiment the lateral aperture **35** is an elongated slot perpendicular to the longitudinal axis of the needle **30**. By pushing the handle up and down it acts as the situating mechanism **44b** that controls the transition of the flexible blade **31** between a retracted position and the cutting position (in phantom). In this embodiment the body **32** is held in place and, by rotating the handle **54b** it acts as the actuating mechanism **54b** and moves the blade **31** within the elongated slot lateral aperture **35**. Alternatively, the body **32** may be rotated to act as the actuating mechanism **54b**.

[0055] Third Embodiment Example. Referring to **FIG. 4**, a third exemplary preferred embodiment of the present invention of the percutaneous cellulite removal needle **30c** includes a flexible and retractable blade **31** within a chamber. At the closed proximal end **34a** of this embodiment is

a T-handle **54c** that serves as the actuating mechanism. A separate situating mechanism such as a dial **44c** is preferably connected directly or indirectly to the flexible blade **31** and may be moved (perhaps by rotating) between two positions to control the transition of the flexible blade **31** between a retracted position and the cutting position. Rotating the T-handle **54c** while the flexible blade **31** is in the cutting position causes the blade **31** to rotate and sever fibrous bridges **28**. The embodiment shown in this figure also includes an optional cover **52** that covers the lateral aperture **35**. In one preferred embodiment, cover **52** helps hold flexible blade **31** in a substantially perpendicular cutting position by providing a perpendicular support surface.

[0056] Dimensions. In one preferred embodiment, the percutaneous cellulite removal needle **30** is a large bore (1.5-2.0 mm) percutaneous cellulite removal needle, such as a 12 or 14 gauge needle. In an alternative preferred embodiment, the percutaneous cellulite removal needle **30** would have a length of 15 cm and an outer diameter of 6 mm. The internal chamber **33** of the percutaneous cellulite removal needle **30** is preferably of sufficient size (diameter up to 4 mm) to accommodate one or more instruments. Similarly, the lateral opening in the peripheral surface of the percutaneous cellulite removal needle **30** is preferably of sufficient size (diameter up to 2 mm) to form a passageway for at least one of the instruments. These dimensions are exemplary and other dimensions are contemplated depending on the surgical site, the dimensions of the cutting mechanism **31** and/or other instrument(s), the size of the patient (for example, there may be small, medium, and large embodiments), and other size related factors.

Methods

[0057] The present invention is also directed to methods for cutting the fibrous bridges **28** that connect the dermis **22** to muscle/fascia **26** in a minimally invasive manner. For purposes of illustrating one preferred method of the present invention, reference is made to the preferred embodiment of the percutaneous cellulite removal needle **30** shown in **FIG. 2**. It will be assumed that standard medical practices (e.g. sterilization and anesthesia) will be observed and, therefore, are not discussed as part of this exemplary method. **FIG. 9** shows the basic steps of the exemplary method and **FIGS. 10-12** show graphical representations of some of the steps.

[0058] The first step is preferably to locate at least one dimple on the skin **100**. This step could be avoided if, for example, the remaining steps are practiced in a systematic manner (e.g. by insertion of the percutaneous cellulite removal needle **30** at regular intervals). Alternatively, this step could be avoided or reduced by a series of random insertions where to provide a quick start to the procedure and, after a majority of fibrous bridges **28** have been cut, the step of locating the dimples could be practiced.

[0059] Next, the fibrous bridge **28** may be tightened **102**. **FIG. 10** illustrates a method for performing this step using a suction device to gently lift the skin around the fibrous bridge **28**. Using suction the user can lift the area of treatment, accentuating tension on the fibrous band **28**. Alternative methods could be using adhesive in place of the suction or simply pinching the skin around the fibrous bridge **28**. It should be noted that this step is optional, can be performed before or after insertion, and can be accomplished

using alternative methods. Another example of an alternative method to ease visualization could be to inject fluid (either using the percutaneous cellulite removal needle **30** or via a separate injection needle) to cause tension on the fibrous band. A small wheal of local anesthetic can optionally be administered.

[0060] The percutaneous cellulite removal needle **30** is then inserted through the skin **104**. Specifically, the distal end **34b** of the percutaneous cellulite removal needle **30** is inserted through the skin with the cutting mechanism **31** in a retracted position. For example, with the cutting mechanism **31** in its retracted position, the handle **54** may be used to push the percutaneous cellulite removal needle **30** through the skin **24** until the lateral aperture **35** reaches the desired depth. It should be noted that the depth indicator **60** could be used to verify the depth of the lateral aperture **35**. The percutaneous cellulite removal needle **30** may then be used to probe for one or more fibrous bridge **28** to be cut **106**.

[0061] In one alternative embodiment, the percutaneous cellulite removal needle **30** has a blunt distal end **34b** and, therefore, a separate instrument may be used to make an insertion in the skin **24**. The percutaneous cellulite removal needle **30** is then inserted into the insertion to probe for and/or cut the fibrous bridge **28**. In another alternative embodiment, a separate instrument may be used to probe for fibrous bridges **28** to be cut.

[0062] Once a fibrous bridge **28** is found, the cutting mechanism **31** is extruded **108** using the situating mechanism **44**. As shown in **FIG. 11**, in one preferred embodiment of the method, the extruding may be through the side of the percutaneous cellulite removal needle **30**. In one preferred embodiment, by activating the situating mechanism **44**, the connecting member **42** forces the cutting mechanism **31** from its retracted position within the internal chamber **33**, through lateral aperture **35**, and into its cutting position.

[0063] Then, using the actuating mechanism **54**, the cutting mechanism **31** is actuated so as to cut the fibrous bridge **110**. In one preferred embodiment the cutting is accomplished by rotating the percutaneous cellulite removal needle **30**. Using the percutaneous cellulite removal needle **30** of **FIG. 2**, the activating mechanism **54a** may be used to turn the percutaneous cellulite removal needle **30** about its longitudinal axis. As the percutaneous cellulite removal needle **30** is turned, the cutting mechanism **31** severs one or more fibrous bridge **28** located within a radius of percutaneous cellulite removal needle **30** defined by the length of the cutting mechanism **31**.

[0064] As shown in **FIG. 12**, the cutting mechanism **31** may then be retracted **112** and the percutaneous cellulite removal needle **30** may either be used to further probe for more fibrous bridges **28** or removed **114**.

[0065] The steps set forth above are preferably repeated. The procedure may be done in a staged fashion. For example, after the percutaneous cellulite removal needle **30** has been rotated 360°, the procedure may be repeated at another location at the surgical site until all fibrous bands at the surgical site have been severed.

[0066] While a preferred method of the present invention has been described with reference to one preferred embodiment, it will be appreciated that this method may be appropriately modified to accommodate other embodiments of the

present invention. For example, the step of turning or rotating the percutaneous cellulite removal needle **30** to sever fibrous bridges **28** may be modified so that the cutting mechanism **31** is moved in the direction of action arrow **D** to sever fibrous bridges **28** or as the cutting mechanism may require. Further, although the disclosure focused on fibrous bridges **28**, the same principles can be applied to fibrous septae in subcutaneous fat.

[0067] The terms and expressions that have been employed in the foregoing specification are used as terms of description and not of limitation, and are not intended to exclude equivalents of the features shown and described or portions of them. The scope of the invention is defined and limited only by the claims that follow.

What is claimed is:

1. A needle for at least partially inserting at least one surgical instrument into a subcutaneous region, said needle comprising:

- (a) a body comprising:
 - (i) a proximal end;
 - (ii) an outer peripheral surface;
 - (iii) at least one internal chamber defined within said outer peripheral surface; and
 - (iv) a distal end substantially opposite said proximal end;
- (b) at least one laterally disposed aperture defined in said outer peripheral surface between said proximal end and said distal end, each at least one internal chamber ending at a respective at least one laterally disposed aperture;
- (c) at least one surgical instrument, each said at least one surgical instrument substantially positioned within a respective at least one internal chamber; and
- (d) at least one situating mechanism suitable for transitioning a respective at least one surgical instrument from within its respective internal chamber, through its respective laterally disposed aperture, and into said subcutaneous region.

2. The needle of claim 1, wherein said distal end is adapted to penetrate tissue.

3. The needle of claim 1, wherein said at least one surgical instrument is a cutting mechanism for cutting for cutting fibrous bridges.

4. The needle of claim 1, wherein each said at least one surgical instrument is selected from a group consisting of:

- (a) a cutting mechanism;
- (b) a cautery;
- (c) a harmonic scalpel
- (d) rotary cutter;
- (e) a laser cutter;
- (f) an oscillating saw;
- (g) an ultrasonic cutting apparatus;
- (h) a saw blade;
- (i) an endoscope;

(j) an aspirator; and

(k) an injector.

5. The needle of claim 1, wherein each said at least one situating mechanism is selected from a group consisting of:

(a) an extrusion mechanism;

(b) a button;

(c) a lever;

(d) a handle;

(e) a dial; and

(f) a ratchet.

6. The needle of claim 1 further comprising at least one actuating mechanism for actuating a respective at least one surgical instrument.

7. A percutaneous cellulite removal needle for cutting fibrous bridges that connect skin to muscle/fascia in a minimally invasive manner, said percutaneous cellulite removal needle comprising:

(a) a body comprising:

(i) a proximal end;

(ii) an outer peripheral surface;

(iii) a first internal chamber defined within said outer peripheral surface; and

(iv) a distal end substantially opposite said proximal end;

(b) a first laterally disposed aperture defined in said outer peripheral surface between said proximal end and said distal end, said first internal chamber ending at said first laterally disposed aperture;

(c) a cutting mechanism, said cutting mechanism substantially positioned within said first internal chamber in a retracted position and at least partially protrudes through said laterally disposed aperture in a cutting position; and

(d) means for situating said cutting mechanism between said retracted position and said cutting position.

8. The percutaneous cellulite removal needle of claim 7, wherein said distal end is adapted to penetrate tissue.

9. The percutaneous cellulite removal needle of claim 7, wherein said distal end is blunt.

10. The percutaneous cellulite removal needle of claim 7, wherein said means for situating is selected from a group consisting of:

(a) an extrusion mechanism;

(b) a button;

(c) a lever;

(d) a handle;

(e) a dial; and

(f) a ratchet.

11. The percutaneous cellulite removal needle of claim 7, wherein said cutting mechanism is selected from a group consisting of:

(a) a flexible blade;

(b) a cautery;

(c) a harmonic scalpel;

(d) an ultrasonic cutting instrument;

(e) a rotary cutter;

(f) a laser cutter; and

(g) an oscillating saw.

12. The percutaneous cellulite removal needle of claim 7 further comprising an actuating mechanism for actuating said cutting mechanism.

13. The percutaneous cellulite removal needle of claim 12, wherein said actuating mechanism causes said cutting mechanism to cut fibrous bridges.

14. The percutaneous cellulite removal needle of claim 12, wherein said actuating mechanism is selected from a group consisting of:

(a) said body;

(b) a movable handle;

(c) a fixed handle;

(d) a lever;

(e) a dial;

(f) a ratchet;

(g) a button; and

(h) means for rotating said cutting mechanism.

15. The percutaneous cellulite removal needle of claim 7 further comprising a cover at least partially covering said first laterally disposed aperture.

16. The percutaneous cellulite removal needle of claim 15, wherein said cover is self-sealing.

17. The percutaneous cellulite removal needle of claim 7, wherein said cover has a closed position and an open position, said cover being in said open position and holding said cutting mechanism in a substantially perpendicular position when said cutting mechanism is in said cutting position.

18. The percutaneous cellulite removal needle of claim 7 further comprising a depth indicator.

19. The percutaneous cellulite removal needle of claim 7 further comprising:

(a) a second internal chamber defined within said outer peripheral surface;

(b) a second laterally disposed aperture defined in said outer peripheral surface between said proximal end and said distal end, said second internal chamber ending at said second laterally disposed aperture;

(c) a surgical instrument, said surgical instrument substantially positioned within said second internal chamber in a retracted position and at least partially protrudes through said laterally disposed aperture in an actuated position; and

(d) means for situating said surgical instrument between said retracted position and said actuated position.

20. A method for cutting fibrous bridges that connect skin to muscle/fascia or the fibrous septae in subcutaneous fat in a minimally invasive manner, using a percutaneous cellulite removal needle having a body with an internal chamber and a cutting mechanism, said cutting mechanism substantially positioned within said first internal chamber in a retracted

position and at least partially protruding from said body in a cutting position, said method comprising the steps of:

- (a) inserting said percutaneous cellulite removal needle through said skin with said cutting mechanism in said retracted position;
- (b) extruding said cutting mechanism so that said cutting mechanism is in said cutting position;
- (c) actuating said cutting mechanism;
- (e) cutting at least one said fibrous bridge;
- (f) repeating step if cutting for fibrous bridges reachable by said cutting mechanism;
- (g) retracting said cutting mechanism; and
- (h) removing said percutaneous cellulite removal needle through said skin with said cutting mechanism in said retracted position;

21. The method of claim 20 wherein steps (a)-(h) may be repeated in different locations.

22. The method of claim 20 further comprising the step of locating a dimple on said skin.

23. The method of claim 20 further comprising the step of tightening said fibrous bridge or septae.

24. The method of claim 24 wherein said step of tightening said fibrous bridge or septae further comprises the step of lifting the skin around said fibrous bridge.

25. The method of claim 24 wherein said step of tightening said fibrous bridge or septae further comprises the step of lifting the skin around said fibrous bridge using suction.

26. The method of claim 24 wherein said step of tightening said fibrous bridge or septae further comprises the step of injecting fluid around said fibrous bridge.

27. The method of claim 20 further comprising the step of probing for fibrous bridges or septae to be cut.

28. The method of claim 20, wherein said step of extruding said cutting mechanism further comprises the step of extruding said cutting mechanism through a laterally disposed aperture defined in said body.

29. The method of claim 20, wherein said step of extruding said cutting mechanism further comprises the step of extruding said cutting mechanism using a situating mechanism.

30. The method of claim 20, wherein said step of actuating said cutting mechanism further comprises the step of rotating said percutaneous cellulite removal needle.

31. The method of claim 20, wherein said step of actuating said cutting mechanism further comprises the step of rotating said cutting mechanism.

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摘要(译)

本发明的经皮肤的脂肪团去除针可以用于通过切割以微创方式将皮肤连接到皮下脂肪中的肌肉/筋膜或纤维性隔膜的纤维桥而使脂肪团的外观不太明显。本发明的经皮肤的脂肪团去除针优选包括具有以横向设置的孔结束的内室的主体。切割机构基本上位于内部腔室中处于缩回位置，并且在切割位置中至少部分地突出穿过横向设置的孔。定位机构在缩回位置和切割位置之间转换切割机构。本发明还包括一种方法，其中经皮肤的脂肪团除去针通过皮肤插入，切割机构处于缩回位置。然后挤压切割机构，使得切割机构处于切割位置。接下来，切割机构被致动，例如通过旋转，以切割至少一个纤维桥或隔膜。这些步骤可以重复以切割可由切割机构到达的其他纤维桥或隔膜。切割机构然后缩回，并且去除经皮的脂肪团去除针。

