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**(54) DETECTING, LOCALIZING, AND TARGETING INTERNAL SITES IN VIVO USING OPTICAL CONTRAST AGENTS**

ERKENNUNG, LOKALISIERUNG UND ZIELEN VON INTERNEN STELLEN IN VIVO MIT OPTISCHEN KONTRASTMITTELN

DETECTION, LOCALISATION, ET CIBLAGE DE SITES INTERNES IN VIVO PAR UTILISATION D'AGENTS DE CONTRASTE OPTIQUES

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**WO-A-96/20638 GB-A- 2 317 968**  
**US-A- 5 536 248 US-A- 5 678 550**  
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**Description**Field of the Invention

5      **[0001]** The present invention relates to systems and methods for using medical instruments to determine the location or distribution of an exogenous optical contrast agent in vivo, and more particularly relates to coupling use of an invasive medical instrument to use of an optical contrast agent to target the instrument to a particular site in the body.

Background of the Invention

10     **[0002]** Identifying hidden target tissues using medical tools and guiding a medical instrument to target sites buried within the body are important medical skills. For example, detecting the presence or absence of prostate cancer with a medical probe would decrease the number of unnecessary biopsies. Similarly, using a medical instrument to detect the location of lymph nodes most likely affected by cancer prior to making a surgical incision would allow for a much smaller  
15     surgical incision and a less extensive surgical exploration. As another example, navigating a biopsy needle into a liver tumor would improve the chances that a physician will obtain an accurate biopsy specimen. Last, accurately knowing the margins of disease in a diseased organ would allow for the disease to be completely removed while sparing the maximum amount of normal tissue.

20     **[0003]** In order to achieve good detection and targeting of buried tissue, and to avoid a blind approach to a target site, many invasive procedures are attempted using medical instruments monitored or tracked using medical imaging or image guidance. A limitation of conventional imaging-based approaches is that they require an inherent, identifiable signal from the target tissue. An identifiable signal may be as simple as a different appearance on ultrasound or CT scan. However, key molecules in many disease processes may not possess strong, distinguishing features that allow them to be easily imaged. In such tissues, there may be no readily detectable difference from the surrounding tissue,  
25     and thus there will be little or no indication on a conventional image of the location of the target tissue or disease. Examples of this include the events associated with the activation of certain genes or cell surface receptors in the body, which may be important in the localization or detection of certain cancers. Prostate cancer, for example, is not well seen on CT, MRI, or ultrasound. As a result, even when prostate cancer is present at the time of biopsy, 20% of all prostate biopsies will be falsely negative for cancer. Other examples include the events associated with infection, which may be  
30     important in the selection of an appropriate antibiotic therapy. Thus, conventional imaging is limited in that it fails for many types of diagnostic and therapeutic procedures that would in theory benefit from image guidance.

35     **[0004]** Contrast agents have been used in the past for medical monitoring and imaging when the inherent or native signal in vivo is absent or poor. A contrast agent serves to provide a strong, identifiable signal to an otherwise poorly detectable tissue site. In this regard, use of contrast is known in the art, and is a routine part of conventional imaging approaches such as CT, MRI, and occasionally ultrasound.

40     **[0005]** A drawback to ultrasound contrast is that the contrast has tended to consist of physical agents, such as bubbles, which are limited in that they have not been tissue targetable and have been short lived. This makes such agents poor for real time localization and targeting. Many types of site-specific binding moieties are known, including antibodies (e.g., US 5,851,527) and nuclear receptors (e.g., US 5,840,507), and these can be used for targeted delivery of contrast agents. Targetable contrast has been reported for use in vitro and in vivo for MRI and nuclear medicine (e.g., US 5,861,248). However, use of targeted MRI, nuclear medicine, and CT contrast agents is limited by their low contrast. A targeted MRI contrast agent, for example, may increase the native signal by only 20-50% over MRI background. This reduces the ability to detect small lesions, and makes real time targeting more difficult.

45     **[0006]** Another disadvantage to the use of contrast agents in CT and MRI is that most CT and MRI systems do not operate in real time (real-time MRI exists, but is awkward to use and expensive). However, patients are not static objects. Tissues move and organs shift, so that a CT or MRI image obtained even a few minutes before a procedure may no longer be accurate when needed as an image guidance reference. For example, the liver moves with breathing, and the prostate and breast move with changes in position. Thus, the location of a tumor on the CT or MRI scan with respect to a marker on the patient can change. Similarly, many CT and MRI image guided systems use images collected prior to an intervention, and do not reflect any interaction of a tool with the body. Thus, when the brain moves during neurosurgery, an image that was correct before the skull was opened may now be dangerously inaccurate. Therefore, in the absence of real-time feedback, many image guided surgery techniques that rely on static images can prove inaccurate.

50     **[0007]** Use of contrast that is optically based raises the possibility of real-time, portable guidance and monitoring. In this regard, contrast agents that have optical properties detectable in vivo are known. For example, cardiac output, liver function, lung blood flow, brain blood flow, and retinal blood flow/transparent structure have been measured or in vivo or ex vivo using optical dyes (e.g., US 5,494,031, Patel et al. in Ped Res 1998;43(1):34-39). In these examples, the contrast agent is used to measure a bodily function, such as blood flow or enzymatic clearance from the bloodstream. The concentration of a drug or dye has also been measured in the bloodstream (e.g., US 4,805,623). However, none

of the preceding optical contrast methods or devices teach detection or localization of contrast distribution through opaque tissue, nor detection or localization of tissue types. Further, these systems are not coupled to medical devices or instruments used in the performance of a medical procedure, nor do they allow targeting of invasive medical instrument to specific tissue sites.

5 [0008] More recently, new optical dyes have been reported that may have application to real-time optical localization and targeting (e.g., US 5,672,333, US 5,698,397, WO 97/36619, WO 98/48838, Hüber et al. in Bioconjugate Chem 1998;9:242-249). These dyes are useful for microscopy or in vitro or in vivo, and some have multimodality functionality for both MRI and optical imaging. The listed patents add to the list of optical agents available for use in the body, but do not demonstrate or suggest systems for their use in medical devices or instruments for the detection or localization of target tissues, nor do they suggest or teach methods for the targeting of invasive medical instruments to specific tissue sites.

10 [0009] Optical methods have been developed for both external imaging and for incorporation into medical devices. Devices for imaging or measuring spectroscopic features of living tissue include US 5,137,355, US 5,203,339, US 15 5,697,373, US 5,722,407, US 5,782,770, US 5,865,754, WO 98/10698, Hintz et al. in Photochem Photobiol 1998;68(3): 361-369, and Svanberg et al. in Acta Radiologica 1998;39:2-9. One drawback to these systems is that they are typically 20 large, bulky imaging systems, and some are quite expensive. Another drawback is that many of these devices are not configured for incorporation into medical tools or instruments. In fact, many teach away from coupling to a medical device or instrument, relying instead on a noncontact or noninvasive imaging system. Some of these are non-penetrating systems, such as endoscopes, or non-contact systems. Such systems are superficial imaging systems that merely image the surface of a tissue, and they do not image through opaque tissues to allow detection and targeting of deep tissues, nor is it obvious how such endoscopic or external imaging systems would readily be coupled into medical or surgical tools to penetrate through tissue to reach deep tissue sites. Another disadvantage is that many of these systems teach away from use of contrast, relying instead upon native spectroscopic signals. For those approaches that do suggest concurrent use of optical contrast agents, such as indocyanine green, coupling of these systems to medical instruments 25 using exogenous contrast to locate or target specific tissue sites hidden through opaque tissue is neither taught nor suggested, nor is use of a contrast agent for the targeted delivery of an invasive device to a target tissue suggested or taught. In fact, these devices teach away from use in invasive tools, featuring noninvasive or endoscopic use as a strength, and none of these systems is well suited for use as an invasive device.

30 [0010] Invasive or contact-marking medical instruments equipped with optics, such as catheters, needles, and trocars, include US 5,280,788, US 5,303,026, US 5,349,954, US 5,413,108, US 5,596,992, US 5,601,087, US 5,647,368, US 5,800,350, and others. Some of these devices are endoscopic, and do not image through opaque tissue. Others are invasive medical instruments and devices, but they do not detect or localize target tissues using exogenous contrast, nor do they allow targeting of an instrument to specific tissue sites using an in vivo contrast signal from an exogenous contrast agent. Several of these patents explicitly teach away from the use of contrast.

35 [0011] An alternative to the use of a contrast agent is use of an emitting reporter. In this regard, use of emitting reporters is known in the art. For example, in nuclear medicine and PET scanning, agents that spontaneously emit a particle or photon provide a signal to identify to localization of the emitter agent. Targeted instruments based upon non-optical emitters have been built (e.g., US 5,857,463). A drawback to nearly all emitter-based systems is that they suffer from low signal, which is due to use of radioactive or ionizing emitters that produce a signal only intermittently (such as a 40 particle decay) and at low intensity, forcing long integration times that make real time imaging and precise localization slow or difficult. This low signal presents a particular difficulty when using a moving medical instrument, or when targeting a tissue using a moving probe, both of which require a strong signal for reliable, rapidly updated real time analysis.

45 [0012] An optical equivalent to the external imaging of emitter reporters is use of light-emitting beacons that spontaneously generate light, such as the luciferase protein family. Such approaches are not contrast agents in the sense of this invention, as optical contrast agents modify the incident radiation rather than spontaneously generate light as is done using emitting optical reporters. An additional drawback for optical emitting reporters, beyond those shared by all emitting reports, is that they require a nearly light-free environment, making use real-time in vivo in humans difficult. Of note, such optical emitting reporters have not been coupled to a medical devices, such as an invasive targeted therapeutic device.

50 [0013] None of the above systems, agents, or methods suggest how to combine an optical contrast agent and a medical tool or instrument into a coherent system for tissue localization and targeting, nor how to perform optical contrast-guided surgery, nor how to target invasive instruments toward tissue using the tracking signal of an optical contrast agent, nor how to identify target tissues using a medical tool based upon the localization and distribution of an optical contrast agent. A real-time optical system and method to guide devices to target tissue sites, or to detect, localize, and 55 image tissue targets using a contrast-influenced signal passing through opaque tissue to a medical tool, has not been taught, nor has such a tool been successfully commercialized.

[0014] US-A-5 536 248 discloses a contrast medium which is injected into a contrast medium lumen 34 as shown in FIG. 3A and which exits at distal end 12b and into the common biliary duct 40, thereby permitting X-ray or fluoroscopic

VISUALISATION of the duct 40. Markings 25a facilitate precise adjustment of the catheter. If the position of the catheter needs to be adjusted, the wire guide 24 is advanced and the catheter 10 advanced accordingly. The catheter can be rapidly adjusted and contrast medium or dye can be repeatedly infused without the need for repeated insertion and removal of the wire guide 24. This disclosure thus provides for probing with the wire guide 24 via lumen 32 and the injection of contrast medium or dye via contrast medium lumen 34, and further probing and further injection of dye until a proper catheter position is achieved which eliminates the time consuming step of removing the wire guide 24 prior to each change in catheter position and contrast medium infusion.

#### Summary and Objects of the Invention

- [0015] The present invention relies upon the optical characteristics of tissue in the presence of an internalized exogenous contrast agent to allow for a rapid imaging, localization, positioning, and targeting of tissue in vivo.
- [0016] A salient feature of the present invention is that an exogenous optical contrast agent can be administered to a subject, either in an active form or as a pre-active prodrug, and that optical elements can be integrated into medical instruments used internally for real-time feedback during targeted interventions performed using the instrument. Alternatively, the optical sensors can be integrated into medical instruments used externally for detection of the distribution or localization of at least one form of contrast agent or of specific tissue types.
- Accordingly, an object of the present invention is to provide a system and method to detect, localize, image, and target tissue using an exogenous optical contrast agent administered to the subject followed by optical detection.
- [0017] A second object is that this detection, localization, imaging, and targeting can be made using one or more optical elements embedded, at least in part, within the medical instrument being guided, positioned, or targeted. This can be achieved in a way that minimally alters the look and feel of the medical instrument, if desired.
- [0018] A third object is that a determination of the accuracy of placement of a medical instrument can be made by measuring a characteristic of the optical contrast agent within the tissue after administration to a subject, whether to yield a numeric accuracy value, a correct vs. incorrect discrimination, or other accuracy determinations, and that such placement determinations can be used to determine probe position.
- [0019] A fourth object is that localization of an invasive medical instrument with respect to a target tissue can be made. This localization can be in the form of a determination of the distance or direction of the device to the target tissue, or the device can be localized in space in one or more dimensions. Such information can be used to make a guidance signal for the purpose of guiding the medical instrument to a target location. Alternatively, the localization can be in the form of a determination of the tissue compartment in which the device is currently placed, such as tumor, prostatic capsule, skin, muscle, or blood vessel.
- [0020] Another object is that an invasive medical instrument can be monitored during placement in real-time. This allows coupling with other approaches, such as conventional image-guided surgery, while allowing for small course corrections. This reduces errors that arise when a previously-collected image is used for image-guided surgery, without reflecting changes in the tissue that have occurred over time, such as changes in position, or that occur as a result of use or placement of the invasive instrument.
- [0021] Another object is that an invasive medical instrument can provide feedback during an invasive procedure. For example, a tool can be used to nibble out a tumor from the inside, and the process can be continued until no further contrast remains, signifying that the tumor has been effectively removed and the surgical margins are clean. Similarly, an interlock can be provided such that the tool nibbles until a particular area is clean of contrast, but then allows other areas to be nibbled, resulting in that only the tumor is removed from the tumor site. Last, the feedback can be used to control any process of cell destruction, such as an ablation process, using the contrast feedback from the targeted tissue.
- [0022] Another object is that any medical probe or instrument can be modified to perform this guidance or targeting function, such that measurements may be made using existing medical equipment, modified to hold either emitter elements, detector elements, or both. Such modified instruments include modified needles, probes, scissors, catheters, scalpels, trocars, tips of surgical tools, or other devices. The ability to guide, locate, and target using contrast can also be designed into new or unforeseen medical probes or devices. This function can be incorporated into replaceable device tips.
- [0023] Another object is that the localization can be enhanced by concurrent or a priori knowledge, such as the known optical spectral characteristics of target tissues or tissues expected to be encountered during placement (which can be stored for reference in the device or in the probe), the area of the body the physician is working (such that far away tissues need not be considered in the analysis), or information from other medical scans (such as a CT or MRI scan). This contrast approach may be combined with other real-time approaches, such as a combination of an ultrasound probe and an optical instrument to produce an overlay of an optical contrast image upon a standard ultrasound image. Such a combination would provide both structural (ultrasound) and biochemical (optical) images simultaneously.
- [0024] Another object is that this data can be enhanced by collection over time. In many medical applications, the value of a measurement is enhanced by determination of temporal characteristics. For example, the rate of accumulation

of contrast over time, or changes with an intervention, may help discriminate one tissue from another. Subtraction of the data at one point in time from data collected at a second point in time can yield improved data.

**[0025]** Another object is that this guidance, localization, or accuracy of position represents a decision point upon which a human response may be initiated, such as with a visual guidance display or an alarm bell that signals correct placement, or an interlock decision may be initiated, such as via an output signal attached to a medical device.

**[0026]** A final object is that the detection, localization, or imaging information can be presented to the user in a number of ways, such as a visual left/right guidance signal, a visual image processed from ease of interpretation, a displayed word describing placement, a variable alarm to indicate an increasing accuracy of placement by changes in pitch or speed or intensity of the tones, or other manners of presentation, in such a manner as to allow the user to gain an incremental understanding of the placement of the probe, or accuracy of placement.

**[0027]** The systems and methods as described have several advantages. One advantage of optical contrast is that optical contrast agents can achieve their contrast in a number of ways. The interaction with the illuminating light can include absorbance, polarization, optical rotation, scattering, fluorescence, Raman effects, phosphorescence, or fluorescence decay, and measures of a contrast effect may reasonably include one or more of these effects. Examples of optical contrast agents includes isosulfan blue or other absorbing contrast agents, indocyanine green, porphyrins, or other fluorophores, methyl red (a pH-responsive dye) or other biologically responsive dyes, colored or fluorescent proteins and other gene products, quantum dots and other spectroscopically distinct physical constructs, and contrast-filled micelles. Methods of detecting the contrast may include measurement of diffuse light, gated time resolved or frequency-resolved methods, hyperspectral detection or imaging, and the like.

**[0028]** Another advantage is that administration of the an optical contrast agent can be performed in a number of ways. Contrast agents can be injected, ingested, or even synthesized within the subject using genetic mechanisms or encapsulated biofactories. In the genetic example, contrast can be delivered as a gene, and the gene product synthesized within the subject is a protein or product that interacts with illuminating light field. Further, as methods are known for the delivery of the contents of a viral particle into a living mammalian cell, contrast agents, or the genes encoding for a contrast agent, can be delivered to a subject by means of a virus that "infects" tissues with a contrast agent. This virally-delivered contrast agent can be a prodrug that requires activation, and is activated when placed into a cell containing certain proteins or ribonucleic acid sequences. The allows for the production of contrast in cells expressing certain internal genetic traits, such as prostate specific antigen (PSA) or prostate specific membrane antigen (PSMA) over-expression in prostate cancer cells, even if no identifying cell surface receptors exist on the target tissue. Even proteins used in the luciferase emitter reporter system can be made to reactively emit light as a contrast agent when illuminated. As a second example, contrast can be sprayed or delivered from the tip of the invasive instrument, and used to bathe or infuse the tissue nearby the instrument tip. The signal from this contrast can then be monitored locally to define tissue margins or detect the presence of certain tissue types, such as tumors. Such an approach can be particularly powerful as a way to guide a tool to remove tissue, and the tissue can be considered removed when local infusion of the contrast agent no longer produces a tissue optical signal.

**[0029]** Another advantage of optical contrast is that the contrast agent itself can be quite small, allowing delivery to and targeting of specific tissue sites, including nearly any tissue or cell region. The contrast agent may be achieve its localization by chemical or physical means, and such targeting methods are well known to those skilled in the art. For example, the contrast may distribute on the basis of solubility, diffusibility, transport protein affinity, or the contrast may be bound, ionically or covalently, to a localizing moiety such as an antibody, antibody fragment, receptor or translocator binding site or substance. Alternatively, the contrast agent may be bound or encapsulated, such as in a microbubble or liposomal structure, and the surrounding structure may then be targeted using surface structures. Targetable sites are known for prostate cancer, breast cancer, and other diseased sites. In the breast, targetable binding sites fall into two groups. The first are those antigens and receptors expressed or over-expressed in cancer as compared to normal tissue. Exemplary sites in this class include CEA, MUC1 and other mucins, gammaglobin, HER-2/neu, EGF-R, ER, PR, and others. Some of these are internalizing receptors, allowing intracellular delivery of the agent. Targeting of this group of sites produces a contrast agent with specificity for one or more subclasses of cancer. A second group of potential targets for labeling are those antigens present on all cells of a class (such as breast epithelial cells). Use of receptors present on normal tissue allows for detection of that tissue outside of the primary site (the primary site will label strongly as well, preventing detection of cancer within the parent tissue). In the prostate, an exemplary targeting site is PSMA; in colorectal cancer, an exemplary targeting site is radiolabeled anti-CEA antibody fragment. In addition, internal, targetable binding sequences are known to exist in the body for certain cancers, and for other diseases as well.

**[0030]** Another advantage to use of optical contrast is that the signal can be very bright when compared with contrast agents for MRI, CT, or compared to emitters for PET and nuclear medicine. The local fluorescence contrast from a targeted fluorescence contrast agent may be 1,000,000 times greater than the contrast signal achievable from a similarly targeted radioemitter. This allows greater signal production while using relatively smaller doses of contrast agent.

**[0031]** Another advantage of optical contrast is that multiple contrast agents, each of distinguishable optical signature in vivo, can be added to provide the power of simultaneous, multiple labeling for different affinities and receptors. A

target cancer may be a cell that expresses two or more receptor sites, and double, triple, or multiple contrast agent labeling is achievable using optical contrast agents with unique, differentiable optical characteristics.

[0032] Another advantage of optical contrast agents is that the contrast agent may be administered in a pre-active form, and the production of contrast is then achieved by a bioactivation step in which the contrast agent requires activation through a biological interaction before producing or reducing its native signal. Such interactions include enzymatic processing, conformational changes, receptor binding, gene expression, and the like. For example, a conformational change can be the result of a pH change or of a binding event that swings fluorescence quenching groups into or out of position, decreasing or increasing the signal in response to binding. Similarly, an enzymatic processing may be an irreversible cleavage that removes fluorescence quenching moieties from the contrast agent, turning on a strong signal.

10 Last, a bioinactivation step can be used to shut off the contrast in response to a biological event.

[0033] Another advantage of optical contrast is that the contrast agent may have contrast function for other imaging modalities, such as MRI, CT, and others. This allows monitoring by more than one modality at a time.

[0034] There is provided a system for determining a measure of the location or distribution of an optical contrast agent within an opaque, radiation-scattering medium by coupling a medical instrument, used externally or invasively, with use 15 of a contrast agent. In one example, this system has a light and light detector optically coupled to the tissue through an invasive medical instrument to detect a portion of the light which has passed through the tissue and interacted with a contrast agent in vivo. A contrast localizer receives a signal from the detector and provides an contrast localization signal, used to target a medical instrument to a particular site in the body, determine the accuracy of placement of that instrument, or provide a feedback signal to the user regarding device location and accuracy of placement. A method of targeting a probe in tissue is also described.

[0035] The breadth of uses and advantages of the present invention are best understood by example, and by a detailed explanation of the workings of a constructed apparatus, now in operation and tested in model systems, animals, and humans. These and other advantages of the invention will become apparent when viewed in light of accompanying drawings, examples, and detailed description.

25

#### Brief Description of the Drawings

[0036] The following drawings are provided:

30 Figure 1 is a schematic diagram of a system coupling a medical instrument to use of a targeted contrast agent in accordance with the invention.

Figure 2 demonstrates light scattering through a reference plastic and illustrates that light diffuses through the measured medium.

Figures 3A-3F are examples of medical instruments which can be used in the system shown in Figure 1.

35 Figure 4 shows four optical spectra collected as a needle was inserted into human prostate containing contrast using an instrument constructed in accordance with the present invention.

Figure 5 shows a graph generated by analysis of data collected from human prostate.

Figure 6 shows optical spectra processed for the presence or absence of contrast using a threshold, clearly indicating the location of contrast within the prostate.

40 Figure 7 shows two first differential optical spectra collected from live human tissue, with and without the FDA approved contrast isosulfan blue.

Figure 8 shows a graph of the linear response of contrast signal as the amount of contrast within a living tissue is increased.

45 Figures 9A and 9B show a 2-D localization in vivo of the distribution of in human tissue containing a region with isosulfan blue contrast.

Figure 10 shows a two contrast study in which two contrast agents were tracked in a tissue model.

#### Definitions

50 [0037] For the purposes of this invention, the following definitions are provided:

Optical Contrast Agent: A moiety that interacts with and modifies optical illuminating radiation. Ideally, the contrast agent provides a differential contrast for the target tissue site versus other tissues. The agent may require bioactivation or bioinactivation in order to achieve this differential contrast.

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Optical Emitting Reporter: An agent that spontaneously emits light without external energy sources, for example a bioluminescent protein such as luciferase when coupled to the proper substrates. An example of non-optical emitting reporters are nuclear medicine radioemitters.

Target Tissue: A tissue site for diagnosis or treatment. For prostate, a target tissue may be prostate cancer.

5 Tissue-Guided Intervention: The term tissue-guided intervention is used in contrast to image-guided surgery. In image-guided surgery, the location of a medical instrument is determined in space, and displayed with respect to a standard medical image, such as a CT scan or MRI scan. In this way, the surgeon can guide the surgery using the CT or MRI image as a road map, and see the medical instruments displayed on the image. In contrast, during tissue-guided intervention, the tissue at the tip of the probe is monitored, and the surgery is guided by the analysis of the tissue in contact with, or near, the tip of the medical instrument. In the present invention, the tissue guidance signal is provided by the presence of a contrast agent. Tissue guidance and image guidance can be provided simultaneously in the same patient.

10 Targeting: Targeting indicates that there is a target site or target tissue relative to which a needle, probe, or other medical instrument is to be placed. For example, a sentinel node in breast cancer may be targeted, such that the node can be collected for pathological examination. Included in this process measure is that a signal can be generated that reflects the accuracy of placement ("e.g., is this needle at the sentinel node yet?").

15 Localization: Localization is used to mean to obtain a measure of where the instrument is now. This implies an processing of the raw information contained in the detected signal into a measure of instrument location, ranging from the simple numeric distance ("how far is the target tissue from my needle?") to the very complex (e.g., "what tissues am I in or near?").

20 Guidance: Guidance is used to mean that a signal is generated which is indicative of the direction, depth, or distance needed for the probe to be moved to achieve a desired goal. For example, a prostate cancer biopsy needle is guided if a signal indicating left, right, deeper, straight ahead, or pull-out is generated. Such signals are guidance signals.

25 Accuracy of Placement: Accuracy of placement reflects a measure as to the placement of a device as compared to a target location.

30 Medical Device or Instrument: A tool used during the performance of a medical procedure. An invasive instrument is placed into the body, for example by puncturing the skin and penetrating the tissue beneath. An example of an invasive instrument is a biopsy needle that penetrates through the abdominal wall to collect a portion of the pancreas for biopsy.

35 Light: Electromagnetic radiation from ultraviolet to infrared, namely with wavelengths between 10 nm and 100 microns, but especially those wavelengths between 200 nm and 2 microns.

40 Opaque Tissue: Tissue is living tissue or tissue-like radiation-scattering media, such as skin, brain, bone, or even cloudy water. Opaque tissue is tissue through which light is scattered as well as absorbed. Opaque tissue is not transparent or translucent, save when viewing very thin slices removed from the body.

45 Body: A living animal body, including other mammals, but especially humans.

Light Emitter or-Light Source: A source of light. It may be composed of a simple light bulb, a laser, a flash lamp, or another light source or combination of sources, or it may be a complex form including a light source, a transmission element such as an optical fiber, a guidance element such as a reflective prism, and other elements intended to enhance the optical coupling of the light from the emitter to the skin or tissue under study. The light source may be continuous, pulsed, or even analyzed as time-, frequency-, or spatially-resolved. The emitter may consist of a single or multiple light emitting elements.

50 Light Detector or Light Collector: A collector or light that generates a signal in response to the collected light. As above, it may be single or multiple, simple or complex. The detection may be performed in reflectance or in transmission. The collected light may be light that has been influenced by transmission, absorbance, scattering, fluorescence, phosphorescence, or other optical interactions of the contrast moiety with the illuminating radiation. Detection may include time-, frequency, or spatially-resolved measures.

55 Optical Element: A light source or light collector, or a portion of the hardware used therein.

Optical Coupling: The arrangement of a light emitter (or light detector) in such a way that light from the emitter (or

detector) is transmitted to (or detected from) tissue after passage through the tissue and after possible interaction with a contrast agent. This may include the use of optical elements such as lenses, collimators, concentrators, collectors, optical fibers, prisms, filters, mirrors, or mirrored surfaces. Optical fibers have two ends, which are generally interchangeable, and are referred here as the entrance end if the light is generally entering the fiber, and as the exit end if the light is generally leaving the fiber.

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#### Description of a Preferred Embodiment

[0038] One embodiment of the system and method will now be described. The device has been tested in vivo and in vitro, including in the three examples that follow the initial description of one embodiment of the system.

[0039] In the device shown in Fig. 1, light is emitted by light source 102 (Miniature Halogen L6412, Gilway Technical Lamp, Woburn, MA), and travels down optical fiber 114 (200 μm core glass fiber with cladding and buffer, Spectran Specialty Optics Company, Avon, CT) to emitter port 125. Attached to port 125 is plug 127 which directs light to illumination fiber 129 (200 μm core , as above) and connects to instrument 130. In this example, source 102 is a broadband white light emitter. Alternatively, source 102 may be monochromatic, such as a surface mount LED or an emitter/filter combination, and could be placed directly on the probe and electronically switched rather than connected via fiber optics. Illumination fiber 129 may be composed of multiple fiber elements, 131A through 131N, to allow illumination of multiple illumination sites, perhaps illuminated at different sites at different times or at different wavelengths. Optional reference fiber 132, bypasses the tissue or sample for use in monitoring the optical characteristics of source 102.

[0040] Illumination fiber 129 connects to instrument 130 and passes into needle 133A that has been placed with the tip in tissue 135. Light from fiber 129 passes through needle exit port 137A and into tissue 135, and a portion of this light potentially encounters contrast-stained tissue 141. Light traveling through tissue 135 is collected at returning to needle collection port 147A by collection fiber 149 passing from needle 133B to plug 127. In turn, plug 127 connects to detector port 165. Alternatively, if multiple emitter fibers are present, then there are N emitter ports 137A through 137N. Similarly, if multiple detector fibers exist, then there are M detector ports 147A through 147M, connecting via multiple fiber elements 151A through 151M in collection fiber 149. Also, there may be more than one needle or probe, such as in optical forceps, in which the emitting fibers and the collecting fibers may be in different needles or probes (not shown). Of note, needle 133A and needle 133B can be separate needles. In this example, however, they are assumed to be parts of the same needle 133A/133B and are treated as a single unit.

[0041] Light from collection fiber 149, or from reference loop fiber 132, is chosen for monitoring by detector port 165, and sent via output fiber 167 to optical analyzer 174 (Ocean Optics Spectrophotometer, Model SD2000, Dunedin, FL, or equivalent), which records the light, and transmits an electronic signal to be stored in multichannel memory 181 (A/D-converter board Model PCM-DAS16/330-1, Computer Boards Inc., Mansfield, MA) via cable 183. Multiple spectra can be stored in memory 181, allowing for collection of standardization spectra for correction of the spectra for instrument response, and also allowing for multiple regions of the tissue to be sampled and later compared. Spectra stored in memory 181 are then used to determine the location of the needle by contrast locator engine 184.

[0042] Contrast engine 184 is now described. Contrast engine 184 is a computer configured so as to perform identification of the optical signature of contrast agent 141. In this example, computer 187 that runs spectrum analyzer 174 via cable 182 also runs contrast engine 184 via cable 186, and this function is performed adequately by a laptop computer (AMS Laptop Pentium™ 120 MHz computer, Model AMS SY19-T40177 Travel Pro 1900, available through Ocean Optics, Dunedin, FL). Contrast engine 184 performs a single value decomposition of the first differential of the reference spectra, in order to identify the effective contributions of the contrast agent to the resultant spectra over a selected set of wavelengths, after transmission over cable 185. Optionally, engine 184 may use the characteristic spectroscopic signals from the component tissues near the needle to identify these tissues by type, and methods of doing this are known in the art. The result of this contrast analysis is passed to computer 187, which collects and processes the determined contribution of the contrast agent, as well as any identified tissue types, via cable 189. Processing of the determined localization or distribution of the contrast agent, or of any targeting of instrument 130 by computer 187 may consist of the computation of a graph or image, or the calculation of a number, such as a distance. The result of this calculation, which is a measure of the distribution and localization of contrast agent 141 based upon the detected signal, is output 195. Further, emitter port 125 and detector port 165 may be under the control of computer 187 via cables 205 and 207, respectively, to allow for control of the data collection and for switching between fiber elements in multifiber cables, such as 131A through 131N or 151A through 151M. Computer 187 may be a different computer than that used in locator 184, or the same computer may be used for both functions. Note that optional reference fiber 132 allows calibration of light source 102, and that such calibration information may be stored in memory 181.

[0043] Output 195 is now more fully discussed. The output is a preprocessed signal that allows the user to obtain information regarding the distribution and localization of contrast agent 141, of the location of the probe with respect to a target tissue, either in absolute terms (e.g., accurately placed or not) or in relative terms (distance and angle from tissue to be biopsied).

[0044] Alternatively, or in addition, a reference database may be stored as an internal database within memory 181 or contained within programmable probe memory 211 and transmitted to locator 184 via probe cable 213 for use in locating the probe and determining and/or accuracy of placement. The reference database may contain various information needed to make location decisions, such as key features used to discriminate contrast 141 from other signals, or optionally including a library of characteristic discriminant features from previously identified tissues. Information in this database may then be used by locator 184 in making targeting decisions using standard methods (least squares fits, partial components regression, neural networks, etc.).

[0045] Last, multiple contrast agents may be used, such as in double or triple labeling studies. In such cases, the target may be tissue which displays more than one targeted feature. Contrast engine 184 may be configured so as to be able to detect more than one contrast agent in use at a given time.

[0046] Operation of the device is now described. First, the instrument response is determined, in order to produce an instrument response baseline. Upon first use, tip of needle 133A/133B of instrument 130 is located into hole 201 in scattering plastic reference 203, as shown in Fig. 2. Reference 203 scatters light, but does not absorb light significantly. Referring back to Fig. 1, light from source 102 illuminates fiber 129, while detector port 165 collects light from collection fiber 149. Such spectra, collected between the two needle ports and through an opaque scattering sample using particular emitter-detector fiber pair, are called sample illumination spectra. Detector port 165 then collects light from reference fiber 132. Such spectra, collected from the light source without intervening tissue, are called source illumination spectra. Last, emitter port 125 is switched such that it does not transmit source light, effectively turning off the light source, and the measurements from fiber pair 129 and 149, and the measurements across fiber 132, are repeated. These non-illuminated spectra represent the background detector signal in the absence of illuminating light, and are called sample and source background spectra, respectively.

[0047] Reference 203 may be a plastic of known optical properties, or may be a resin, Silastic, or other polymer with known added absorbers and scatterers. Alternatively, reference 203 may be a liquid, such that needle 133A/133B is placed into a sterile vial of a calibration fluid during the referencing process.

[0048] Using well-known methods, the sample and source background spectra are subtracted from the sample and source illumination spectra, respectively, thus removing the background light counts and producing background-corrected spectra. Next, each intensity point in the background-corrected source spectra are divided by the corresponding intensity point in the background-corrected sample spectra, to produce a series of raw sample spectra. In this case, in which the sample is reference 203, a white-appearing material scattering fluid without significant absorption of light, the raw sample spectra represent the instrument response, and correspond to the spectra seen by the each emitter-detector pair in the probe in the absence of any real absorbance features. Alternatively, a scattering fluid such as intralipid may be used. These instrument response spectra are saved in memory 181. All future spectra in this experiment will now automatically be divided by the corresponding instrument response spectrum to produce a set of final sample spectra corrected for instrument response. If the light source is stable, a reference spectrum may not need to be collected, and a unit array, consisting of ones, can be used in place of the reference spectrum in these calculations. If a CCD or multiple detection fibers are used, there may be multiple detector elements 151A to 151M; similarly multiple emitter elements 131A to 131N may be used. In this case, after all reference measurements have been completed from emitter fiber 131A, this process is then repeated for each pair of selected emitter element 131A to 131N and detector element 151A to 151M.

[0049] Various reference spectra can also be loaded from memory, such as sample and source background spectra, if this results in a needed increase in speed.

[0050] To test the instrument response calibration performed above, reference 203 is now remeasured using the same steps listed above, to produce a second set of raw sample spectra. Next, each intensity point in these second raw sample spectra are divided by the corresponding intensity points in the saved instrument response spectra, to produce a set of final sample spectra. In this case, the raw sample spectra set and the instrument response spectra set should be similar, and thus the division of one by the other should produce an intensity of one, or nearly one, in all channels measured. Each final sample spectrum, therefore, should be flat, with an absorbance, A, defined as  $A = \log_{10}(\text{instrument response intensity}) / (\text{sample residual intensity})$  equal to zero, or nearly zero, at all points. Other types of spectra analysis, including differential spectra, normalization, and other corrections can be made within the scope of this invention.

[0051] Once the device is corrected for instrument response, a sample tissue can be measured. In this embodiment, penetrating needle 133A/133B is used to target a medical device to a target tissue. In an alternative embodiment, emitter fiber 129 and detector fiber 149 may be embedded into a probe that can be scanned along the surface of the skin, or placed within surgical wounds. In the case of use on the skin, an image is obtained of the target tissue without penetration.

[0052] This example illustrates use of an absorbing contrast agent. However, other features can be used to derive the location of the contrast labeled tissue 141. For example, emitter 137A could emit at one wavelength, while analyzer 174 may be configured to be sensitive to fluorescent light. Techniques are known for such detection, and include time-resolved, frequency-domain, fluorescence lifetime, and other measures. Provided such measures are coupled for use through opaque or scattering tissues, and are coupled to the use of medical instruments, such alternative measures are within the scope of the present invention.

[0053] To test the sample, penetrating needle 133A/133B is placed into tissue 135, as described earlier, and pairs of fibers, in this example fibers 129 and 149 are scanned, though other scanning arrangements may be desirable for other applications. For each fiber pair scanned, a source spectrum is also collected through reference fiber 132 to correct for changes in source intensity and spectrum, and then each sample spectrum is corrected for instrument response as described above, to generate a series of final sample tissue spectra. The result is a spectrum, or a set of spectra at different depths or locations in the tissue if more than one scan is collected or if multiple pairs are scanned, and are stored in memory 181.

[0054] Next, each corrected spectrum is passed to contrast engine 184, where it is analyzed for a measure of the distribution and localization of contrast agent 141. The result of this analysis is passed to computer 187, producing output 195 as a result. This result may be a diagnostic classification (such as the presence or absence of a specific tissue type as shown in Example 1), a table (such concentration of more than one label type as shown in Example 3), a graph (such as the presence or absence of a tissue type over time or distance as shown in Example 1), a number (such as the distance to a target tissue or a contrast signal strength as shown in Example 2), or an image (such as the location of a sentinel node as shown in Examples 2).

[0055] A discussion of the contrast locator engine now follows. In this preferred embodiment, determination of the localization and distribution of contrast agent 141 by locator 184 is performed by a computer, constructed with analysis routines, and arranged so as to provide a measure of the localization and distribution of contrast agent 141. However, locator 184 tissue classifier can be a calculator or other device configured so as to provide tissue or contrast location output. As noted above, computer 187 may be a different computer than that used in locator 184, or the same computer may be used for both functions.

[0056] Analysis methods used by the contrast locator may involve spectral features, such as peak wavelength, slope of a spectral region, or the first, second, or higher order differentials of the spectrum. Such methods of analyzing spectra are known, and methods exist for removing background signal or scattering effect, or in emphasizing low-concentration contrast concentrations. Methods of analysis include principal components and Partial Least Squares (e.g., Pirouette, Infometrix, Seattle, WA), least squares multivariate fits (SigmaPlot, Jandel Scientific, San Rafael, CA), neural networks (e.g., BrainMaker, California Scientific Software, Nevada City, CA), and the like, all of which are well known to those skilled in the art. For example, one method of such location would be to use a neural network. In this method, the network is "trained" using a series of contrast spectra *in vivo* from known tissues, and then the network is "queried" by giving the network the unknown spectrum and asking the network to yield a signal consistent with probe location, contrast location, or accuracy of targeting within the tissue. Such methods of mathematical analysis are known, and many different locating and targeting methods can be developed by those skilled in the art within the scope of the present invention. Optical path effects can also be measured, such as mean photon distance traveled, or the like, as taught in time-resolved or frequency-resolved methods. Contrast localization may be improved by using a computational comparison to set of reference criteria (spectra or features of the spectra such as the first differential of the spectrum, and threshold values upon which to make classification decisions), rather than a simple ratio, in order to arrive at a determination. Such reference values may be updated over time as better understanding of the meaning of the spectra is reached, and may even be built into the sensor itself, such that each sensor comes calibrated for a certain tissue set or for a certain diagnostic procedure. Similarly, identification could be improved by background correction and correction for the instrument response function, as is well known in the art. The known approaches for spectral analysis fall within the scope of the present invention whenever they are used to determine a measure of the location and distribution of a contrast agent, particularly when used to determine the location of a medical instrument with respect to a target tissue within a scattering medium such as human tissue. Such targeting and localization may also include methods to allow for a chemical, physical, or receptor based analysis of the tissue, allowing resolution of the optical data into concentrations of hemoglobin, water, fat, etc. Such identifications may be used to identify tissues in the body, such as cancer, nerve, artery, vein, lymph node, and muscle.

[0057] The configuration of the probe and probe construction are important. For example, it may be essential to have the fibers stabilized with respect to the tissue, to assist in the measurement. Some examples are shown in Figs. 3A through 3F. Emitter bundle 129 and detector bundle 149, containing fibers 131A to 131N, and 151A to 151M, respectively, can be held in place by incorporation into the body of medical probe 303 (Fig. 3A), into surgical tools such as knife 307 (Fig. 3B) or into grasper 314 or scissors (Fig. 3C), or into another structure which holds the fibers in a desired optical contact with the tissue to be measured. Probe 303 may be useful externally as a surface probe. For example, prior to lymph node resection, a contrast localizing scan may assist in identifying where the initial incision should be made, resulting in a smaller scar and less morbidity.

[0058] An optical probe may also be designed to act upon the tissue in a defined way, such as biopsy probe 325 (Fig. 3D) that monitors tissue until it reaches the correct location for biopsy or nibbler 341 (Fig. 3E). Biopsy probe 325 has forward-looking, thin optical antenna 331 which is used to optically probe tissue ahead of the biopsy instrument. When it is determined that a tissue is to be collected, a biopsy specimen is taken. Instruments for collecting biopsy are known. In this example, indented trocar 333 is advanced such that tissue identified by optical antenna 331 now rests in indentation

334. Cutting sheath 336 is then advanced to sever and trap tissue bulging into indentation 334. The biopsy tool may then be removed from the tissue, with sample tissue still trapped in indentation 334. Antenna 331 physically helps to stabilize the tissue and to guide trocar 334 to the correct site. This helps ensure that tissue collected in indentation 334 is from the same region that was optically sampled by antenna 331. Similarly, nibbling probe 341 (Fig. 3E) removes tissue using tissue morselator 355 with washing and suction channel 356 surrounding morselator 355. If tissue is identified as containing contrast, the tissue is removed in small morselated pieces. In this way, the margins of resection may be made clear of disease, while sparing the normal tissue as much as is safe. This may allow for minimally invasive surgical procedures based upon optical contrast guidance. For example, a breast probe may be used to nibble out a breast tumor through a small hole, turning an invasive procedure into a minimally invasive lumpectomy. Alternatively, morselator 355 can be replaced with other tissue removing mechanisms, such as ablation fibers, tissue homogenizers, or other approaches. Surface scanning may also include bands, disks, or patches that are used externally, such as band 352, attached to head 362 (Fig. 3F).

[0059] As noted above, a probe can be noninvasive or invasive. First, a probe may be constructed to image from the surface of the tissue, rather than penetrating the surface of the tissue. For example, emitter fibers 131A to 131N and detector fibers 151A to 151M may be woven into surface probe 303, or assembled into headband 352 and wrapped around a tissue, such as head 362 (Fig. 2F). From such a surface probe, an image can be reconstructed using imaging algorithms that are known. This image can then be further processed by localization of contrast agent 141, using the present method. Alternatively, a probe can be automated to invasively sample at different depths as it is pushed into the tissue. This simplified probe requires only one emitter and one detector, and depth can be estimated by the fractional time passing between entry and full insertion, with the speed of the probe assumed to be constant during insertion and sampling. Alternatively, the probe can be motorized and move into the tissue in defined amounts, such that the depth of the probe at each sample is precisely known and under device control.

[0060] Of note, when needle 133A/133B penetrates into tissue 135, the photons traveling between the emitting and collection ports of needle 133A/133B take a wide range of paths, as shown in Fig. 2 as paths 283A through 283F. This scattering is in contrast to other surface imaging methods that shine light at a tissue surface and detect the reflectance of light as it scatters back from the surface. This scattering process was shown in Fig. 2, with the needle placed into reference 203. Some photons may take relatively direct paths, such as paths 283A and 283B, while others take longer paths that stray far from the direct visual line between emission at site 291 and collection at site 293, such as paths 283C and 283D. The changes in direction for photon paths 283A through 283D could represent scattering, or nonelastic events such as fluorescence or wavelength shifts. Still, other photons stray along lines that result in absorbance, such as path 283E, or escape from the tissue, such as path 283F, and never can be collected. This range of paths is due to the scattering of light by tissue, in which an emitted ray of photons turns into a diffuse glow as the original directionality of the photon beam is lost, which destroys standard optical imaging clarity, similar to photons becoming randomized in a fog leading to the images of far-away objects becoming obscured. The present device takes advantage of this effect as the scattering provides an averaging and volume sampling function. When detected illumination is measured after it has propagated through the tissue over substantially non-parallel multiple courses taken through the tissue between the time the photons are emitted and then detected, many regions of the tissue can be sampled, not merely the tissue on a narrow line between emission and detection. This allows a small but important feature, such as a small tumor, to be detected even if it happens outside of the line directly between the emitter and detector.

#### Examples

[0061] The breadth of uses of the present invention are best understood by example, three of which are provided below. These examples are by no means intended to be inclusive of all uses and applications of the apparatus, merely to serve as case studies by which a person, skilled in the art, can better appreciate the methods of utilizing, and the scope of, such a device.

#### Example 1: Targeting of a Needle in a Human Tissue to a Contrast-Positive Site

[0062] Localization of a tissue at which biopsy should be collected may be assisted using a contrast that collects at the target site. Such a device would be useful for prostate cancer. One in five men will develop the disease, which exceeds even the incidence of breast cancer in women. The standard method of diagnosis, prostate biopsy, has a 20% chance of missing a cancer that is present. Thus, repeat biopsy tests are frequently required. Currently, less than 20% of all prostate tumors can be felt during examination, and as prostate cancer is not well seen by current imaging methods, prostate biopsies are in effect performed blindly.

[0063] Many methods of targeting a contrast agent to prostate cancer can be utilized. For example, as discussed earlier, it is known that certain cell types possess surface markers such that cancer cells may have surface receptors that their neighbor cells do not. This allows for contrast agents to be targeted to specific sites. Targeting may also be

less specific, such as in the use of photosensitizing agents (e.g., ALA) that preferentially accumulate within cancerous tissues through conversion to fluorescent porphyrin intermediates.

[0064] Data from an actual experiment are presented. Excised human prostate is used as a sample tissue. In this example, a contrast has been injected into a tissue model to simulate localization using such techniques, and is achievable using known targeting methods. A small amount (100  $\mu\text{L}$ ) of a blue dye, a mixture of FD&C Reds #40 and Blue #1 (Shilling, Hunt Valley, MD), was used as a contrast agent. While an excised prostate differs optically from live human tissue, the presence of a contrast agent in the excised tissue provides a similar level of added contrast as would be expected using a contrast agent in vivo; similarly, while this dye is not expected to serve as a contrast agent of choice in vivo, the signal from this dye can be processed in a manner analogous to the targeted contrast dyes that would be used under such circumstances. Therefore, success in this model indicates feasibility and workability in live tissue.

[0065] Spectral data are collected as the needle is advanced, in this system between 5 and 20 spectra are collected per second. Thus, during the advance of a needle using the described system, between 50 and 1000 spectra are typically collected during an entire procedure. Each spectrum is collected at a different place, as the needle is slowly advanced. The spatial separation between each neighboring spectrum is typically under 1 mm. That is, between the time a spectrum is collected and the next spectrum is collected, the needle moves less than 1 mm. Four spectra out of the nearly 500 spectra collected during a study on human prostate were selected to be shown in Fig. 4. When the needle was about to enter the prostate, spectrum 522 was collected as the needle was touching the capsule of the prostate. Next, spectrum 525 is seen after passage into the interior of the capsule. Spectra 522 and 525 are distinctly different, and the different tissue layers of the prostate can be identified from such spectra based upon separation algorithms known in the art. Next, upon placement of the needle at a site containing contrast, spectrum 529 is seen. The spectral feature of the contrast can clearly be seen, even by eye, and is greatest at 631 nm, shown as peak 532. Later still, as the needle is withdrawn, the blood accumulating behind the needle as it is pulled back can be seen in spectrum 535 as blood feature 538.

[0066] While Fig. 4 showed portions of individual spectra at four points in time, the data is in reality being processed in real time, and hundreds of spectra are collected. The results of analyzing these hundreds of spectra, and plotting the analyzed results over time as the needle is advanced, are shown in Fig. 5. Here, the raw spectra are not shown. Rather, each spectrum has been analyzed and the results of this analysis are displayed as a point on three curves: light scattering 540, hemoglobin concentration 541, and contrast signal strength 542. Note that scattering 540 and hemoglobin 541 have features that vary with time, but identification of the location of the tumor may not be obvious upon inspection of these results. In comparison, contrast signal 542 peaks at sample numbers 48 to 51, shown as peak 543, and clearly shows the localized collection of contrast agent. Peak 543 is sufficiently strong that it can clearly be seen, even by eye, and represents the point at which a tumor biopsy should be collected. Plotting contrast signal 542 on a graph on a monitor for a physician to use in real time would serve as a visual indication to the physician that a biopsy should be collected at a particular place. Alternatively, this analysis could be more processed. For example, in Fig. 6, contrast presence curve 545 is calculated using a predetermined contrast signal threshold, and displayed as a graph over time. The physician is encouraged to collect a biopsy when the signal is strong, such as at peak 547. In related experiments, the tissue in such studies has been cut open when a peak similar to peak 547 is seen, and the needle has been found to be accurately located at the site of contrast, confirming the feasibility and accuracy of this technique. Thus, the present system and method has allowed for targeted delivery of an instrument to the stained region. Further, had the invasive instrument been an interventional tool, a target intervention, such as biopsy or therapy, could have been performed at the target site.

[0067] The information from this detection and localization can be presented in a number of ways, including a word indicating the presence or absence of a specific tissue type, a table (such as the percentage of signal arising for one or more contrast agents), an identification of the contrast-stained tissue by depth, a graph (such as the presence or absence of a tissue type over time, as shown above, or a distance to a target site), a number (such as the distance to an object), an image (such as the location of the target tissue), a localization (such as a measurement of angle and distance of the target tissue), or a displayed word that changes according to the location and concentration of the contrast agent. Different curves could be displayed, and no undue limitation is intended by the selection of the curves shown Figs. 4, 5, and 6.

[0068] The contrast agent used in this example could have been a fluorescent probe, which would have suppressed the background signal and greatly enhanced the specificity of the detection at low concentrations of marker. Similarly, a contrast agent that "turns on" upon binding or internalization into prostate cancer would give an even greater enhanced contrast. Any optical contrast agent or reporter could be used here, provided that the optical light source and light detector are configured to detect the signal. Configuration of the source and detector include the ability to detect fluorescence, time- or frequency-resolved data, and the like.

[0069] Such measures can be used for guidance, which can be as simple as moving the needle in a manner so as to increase the concentration of contrast until a maximum is reached. The optical probe can be constructed using more than two fibers, so as to provide a difference signal of different fiber sets, for example spaced to the left, center, right,

superior, and inferior sides of the needle. A directional output signal may be as simple as:

- If the left side shows a higher contrast signal, then the tumor is off to the left,
- If the right side shows a higher contrast signal, then the tumor is off to the right,
- If the superior side shows a higher contrast signal, then the tumor is superior to the probe,
- If the interior side shows a higher contrast signal, then the tumor is inferior to the probe, and,
- If the center is stronger than the left, right, superior, and inferior signals, then the needle is heading toward the tumor.

This algorithm can also be refined to take into account the relative differences of the left, right, superior, and inferior signals, to produce an angular estimate of distance.

**[0070]** Similarly, such measures can be used merely for detection, such as the presence or absence of prostate cancer. Note how clear the presence of contrast is in Figs. 4 and 7. This suggests that an entire organ, such as the prostate, could be scanned using a detection probe. For example, if a rectal probe was placed in the rectum and near the prostate, and after administration and localization of a contrast agent, then cancer can be detected if the spectrum of the contrast agent is seen during transillumination of the prostate, if no spectrum is seen then cancer is absent. Such a detection study can be followed up using a contrast guided biopsy needle for diagnosis, a contrast guided nibbling tool for cancer removal, or using a contrast-sensitive imaging system to image the distribution and tumor load within the prostate. In current prostate biopsy, an ultrasound probe is inserted to guide the biopsy needle. Optical fibers may be added to the ultrasound probe or biopsy needle, such that an image of the target tissue, as determined from the location and distribution of a targeted contrast, may be overlayed on the ultrasound image. This would result in an ultrasound image with areas suspicious for cancer highlighted on the image.

**[0071]** Other types of output may be considered, but fall within the scope of this invention if the signal is a contrast-based guidance signal that represents a function of information related to the presence, location, or distribution of tissues, or is used to guide a probe or device into a position in the body based upon a signal from an endogenous contrast.

**[0072]** The analysis in this example uses the entire collected spectrum in order to extract a measure of localization or distribution of the contrast agent or target tissue. The tools for performing this extraction from measured spectra are well known, and include, but are not limited to, partial least squares (PLS), principal components analysis (PCA), SIMCA, genetic algorithms, and fuzzy set theory. On the other hand, the contrast guidance algorithm could be deceptively simply. For example, if the amount of light returning to the detector at one wavelength, say at a contrast peak of 631 nm, decreases as the needle approaches the blood vessel, then the needle could use a signal surface mount LED and a solid state photodiode detector, and the algorithm could be as simple as :

- a) the proximity of the needle to the tumor is inversely proportional to the intensity of the returning light; and ,
- b) when the intensity of the measured light is below a certain threshold then the needle is in a tumor.

**[0073]** A more complex, but still simple, algorithm could use difference of absorbance at two wavelengths, for example at 631 nm and 660 nm, where the difference of  $A_{632}$  and  $A_{660}$  corrects for baseline absorbance and allows the contrast concentration to more reliably extracted. This latter method requires only two wavelengths, allowing for simple light sources such as two wavelengths of surface-mounted LEDs, rather than a broad spectrum source, and a simple light detector, rather than a more complex spectrophotometer. Again, the act of guidance is performed by a means for generating a targeting signal.

**[0074]** Note that the system operates in real-time using information regarding the tissue collected from the tip of the instrument. This overcomes all of the four limitations of conventional guidance approaches listed at the start of the background section: blindness of approach, lack of inherent contrast, real-time registration of the information with what is actually at the tip of the needle, and portability and affordability.

#### Example 2: Surface Detection and Imaging of Isosulfan-Positive Areas

**[0075]** Another example of a targeted procedure is biopsy of lymph nodes for breast cancer. Breast cancer is the most common cancer in women worldwide, second only to cervical cancer, and is a leading cause of death in women.

**[0076]** The treatment of breast cancer requires determination of the grade and spread of the tumor, a process called staging. Determination of spread to the lymph nodes is a key to proper treatment selection and increased survival. When breast cancer is diagnosed, the sentinel lymph node is identified and biopsied. Sentinel nodes are the main lymph node draining the tumor. They are currently identified by injection of a radioactive substance, which is traced using a Geiger counter (e.g., US 5,846,513 discussed under Background) with or without the injection of blue contrast. Sentinel breast

nodes can be marked by injection of the tumor with blue contrast, as the contrast migrates to the sentinel lymph node or nodes, staining them blue. This blue dye is approved for use in humans and is easy to spot once the node has been found, but is difficult to find without making an incision.

[0077] The blue contrast used in this example is isosulfan blue (Lymphazurin™, US Surgical Corporation, Norwalk CT). Lymphazurin is a sterile, aqueous solution FDA approved for subcutaneous administration for use in delineating lymphatic vessels, including tracking lymph nodes involved in cancer.

[0078] In experimental tests, we demonstrated that isosulfan blue containing regions of tissue can be externally localized and targeted using optical means. In the laboratory, we first demonstrated that isosulfan blue contrast can be detected in mixtures of hemoglobin and contrast agent. As the primary absorber in the body between 550 and 900 nm is hemoglobin, we measured mixtures of hemoglobin and Isosulfan, and found unique features that allow differentiation of isosulfan blue from hemoglobin. Using these unique features, the signature of isosulfan blue could be extracted from hemoglobin mixtures using the slope or value of the first differential signal near 697 nm (Fig. 7). Spectrum **602** from live human tissue without a buried isosulfan target can be compared to spectrum **604** from live tissue with an isosulfan target. Spectrum trough **607** is unique to the presence of isosulfan in the body. A great advantage of this feature is that light above wavelengths of 650 nm travel deeply into the body, allowing trough **607** to be detected at depths of up to 10 cm. Other contrast agents with features well into the infrared are known. Contrast agents with spectral features occurring between 800 nm and 2 microns are particularly useful, as there are virtually no significant first differential spectral features in human tissue at those wavelengths, save for several absorbance peaks and troughs caused by water.

[0079] Next, in living human tissue we demonstrated that, as the amount of contrast in a sample tissue was increased, *in vivo* contrast signal **612** linearly increased, as shown as Fig. 8. The high sensitivity in Figs. 7 and 8 becomes clear when it is noted that the volume of isosulfan blue in these studies ranged between 12 and 60 µL (between 250 nanomoles to just over 1 micromole of isosulfan blue) located several centimeters under the skin surface. As isosulfan blue is preferentially passed through the lymphatic system, this agent can serve as a source of differential contrast *in vivo*; namely that tissues which take up the contrast agent will appear distinct from those tissues that do not take up the contrast in similar amounts. Such differential contrast can also be achieved by having the contrast agent bioactivated at the target site, and "turn on" or "turn off" only in desired tissues.

[0080] Last, we used this first differential signal approach to generate an external image of the contrast-positive lymph nodes in a tissue model, as shown in Fig. 9A. The scanning probe made for this study used multiple fibers for emission and detection, and serves as a model for an instrument that can be scanned within a wound or on the skin. An isosulfan blue target was created by placing isosulfan on filter paper. A piece of filter paper measuring 2 mm x 3 mm, and contained 0.20 µL of contrast (4 nanomoles of isosulfan blue) was placed 2 cm below the scanning surface *in vivo*. Data were collected by scanning the detection fibers across the area to be monitored. A 30 x 30 mm area was scanned, and 10 spectra were collected for each scan pixel. In this case, the fiber was singular, though a 1-D linear array, or a 2-D array, would have worked equally well or better. Data from the above experiment were collected in 2-D by scanning the surface probe over the tissue to collect a grid of data. Image **633** clearly shows the location of the isosulfan blue target as contrast signal peak **635**. An overhead view of Fig. 9A is shown in Fig. 9B, where it can be seen in image **637** that well-circumscribed area **639** indicates the location and distribution of the isosulfan blue, as well as of the target tissue. Therefore mapping of the positive sentinel nodes in tissue is achievable.

[0081] This experiment demonstrates that optical contrast can be used to produce a signal that varies with localization and distribution. As shown previously in Example 1, this can be used for targeting as the signal increases as the sensor is moved closer to the contrast source.

[0082] This experiment also confirms that such a system and method can work to form images *in vivo* using a medical instrument, used externally or internally, to measure light that has traveled through opaque tissues. Such scanned fibers can be replaced with a probe containing a CCD detector and surface mounted LEDs to allow rapid and simultaneous imaging of multiple pixels. Such a system would allow reconstruction of contrast maps, as well as guidance toward contrast positive nodes in humans using an optically-enabled invasive instrument.

[0083] Alternatively, a fluorescent contrast could be substituted, and the fluorescence imaged in a similar manner.

#### Example 3 - Multicolor Contrast Labeling

[0084] Dual or multiple contrast labeling is a technique frequently used in cytology and other *ex vivo* laboratory disciplines. In this technique, different contrast agents are added to the same sample, in order to extract additional information. This approach can also be applied *in vivo* using the present method.

[0085] For example, many tissues may take up a first contrast agent, as these tissues have a receptor for the first contrast agent. In addition, a different combination of tissues may take up a second contrast agent, as these different tissues have a receptor for the second marker. A cancer may be identified as having both receptors, or the presence of one without the presence of the second. In either case, the ability to detect, localize, image, and target using two or more contrast agents simultaneously may be important.

[0086] As a test of this, the probe was used to differentiate regions containing no exogenous contrast agent from regions containing the a red contrast (FD&C Reds 40 and 3, Schilling, Hunt Valley, MD) or the isosulfan blue contrast used in Example 2, as well as from regions containing both the red and blue contrast agents. A tissue model was created using thickened, homogenized beef. Volumes of contrast (3  $\mu$ L isosulfan blue and 14  $\mu$ L red contrast per cc tissue homogenate) were mixed into selected regions of this model into this model, creating regions with the no contrast, the first contrast alone, the second contrast alone, and both contrast agents. The raw data (not shown) were processed in a similar manner to that shown in Examples 1 and 2. The calculated contrast signal strength for each contrast agent is plotted in Fig. 10. Red contrast strength curve 651 was calculated using a differential absorbance feature at 556 nm, while blue contrast strength curve 653 was calculated as shown in Example 2. Coincidence curve 656 indicates when both contrast agents are present using a threshold value. In Fig. 10, a region containing red dye can be seen as peak 671 for sample numbers 62 to 133, a region containing blue contrast alone can be seen as peak 673 for sample numbers 159 through 218, while a region containing both red and blue contrast can be seen from coincidence peak 676 for sample numbers 251 through 335. The region with both the first and second contrast agent is clearly detectable. Three or more contrast agents can be analyzed using similar methods.

[0087] This data can be presented in as a graph, as shown in Figure 10, or the raw data can be listed in table form, as shown below:

Table. A numeric table of some of the data shown graphically in Fig. 10.

Sample No.:	0	...	96	...	168	...	268	...	348
Contrast A:	0.0	...	1.2	...	0.1	...	0.8	...	0.3
Contrast B:	0.0	...	0.0	...	1.3	...	1.1	...	0.1
Both A and B:	No	...	No	...	No	...	Yes	...	No

[0088] We have discovered an improved method and device that measures tissue and allows the detection, localization, imaging, and targeting of contrast-enhanced tissues within the human body using optical elements coupled to medical instruments, either externally or invasively, or both, using light emitted and detected from the body. A system constructed in accordance with the invention has been built and the method tested in several configurations in models, animals, and humans, and these have immediate application to several important problems, both medical and industrial, and thus constitutes an important advance in the art.

## Claims

1. A method of measuring a target site within a living subject, comprising:

- (a) administering to the subject an optical contrast agent selected so as to provide measurable contrast for said target site *in vivo*;
- (b) waiting until said contrast agent has achieved sufficient distribution and localization within the body;
- (c) providing a medical device or instrument optically coupled to a light source, a light detector, or both, and using said device or instrument during a medical or surgical procedure upon the subject;
- (d) illuminating the subject with light from the light source, said light source selected such that the contrast agent *in vivo* may interact with and modify the illuminating light;
- (e) detecting modified illuminating light after passage through an opaque region of the body, through which light is scattered as well as absorbed, using the light detector;
- (f) determining a localization of contrast using the detected light based upon a function of the distribution and localization of said contrast agent;
- (g) generating a targeting signal in response to said determination; and
- (h) determining a positional estimate of the present location of said device or instrument with respect to a target tissue, location, or site using said targeting signal.

2. The method of claim 1, wherein the optical contrast agent is selected from the group of contrast agents consisting of isosulfan blue or other absorbing contrast agents, indocyanine green, porphyrins, or other fluorophores, methyl red or other biologically responsive dyes, coloured or fluorescent proteins and other gene products, quantum dots and other spectroscopically distinct physical constructs, contrast-filled micelles, or other optical contrast agents.

3. The method of claim 1, wherein the step of administering the contrast agent includes the step of injection, ingestion,

viral delivery, or synthesis within the subject using genetic mechanisms or encapsulated biofactories.

4. The method of claim 1, wherein the step of administering the contrast agent includes the step of administering  
5 multiple optical contrast agents, each targeted to a different receptor, and wherein the step of determination is based upon a function of the distribution and localization of said multiple contrast agents.

5. The method of claim 1, wherein said contrast agent further requires an activation, inactivation, synthesis, enzymatic processing, conformational change, receptor binding, gene expression, or other biological interaction step in vivo.

10 6. The method of claim 5, wherein said contrast agent is selected from the list of activatable agents consisting of cleavable indocyanine dye, acid-cleavable transferring bound dyes, pH activatable and other activatable contrast agents.

15 7. The method of claim 1, wherein the optical contrast is coupled to a targeting moiety.

8. The method of claim 7, wherein the targeting moiety is selected from the list of targeting moieties consisting of antibodies, antibody fragment, receptor binding site or substance, and translocator binding site or substance.

19 9. The method of claim 1, wherein said medical instrument is a scanning optical probe, said contrast agent is designed to mark passage of the dye through the lymphatic system, lymph nodes, or sentinel lymph nodes, said administration consists of injection into the lymphatic drainage of a tumour, and said positional estimate is a function of a detection of the presence, location, depth, and/or number of contrast-labelled sentinel lymph nodes.

20 10. The method of claim 1, wherein said medical instrument is a rectal ultrasound probe, said contrast agent is targeted to a prostate-specific site and said positional estimate is an ultrasound image overlaid with the presence and/or location of prostate cancer.

25 11. The method of claim 1, wherein one or more steps (a) through (h) are repeated at one or more points in time, wherein said repeating is effective to track a localization of said agent over time.

30 12. The method of claim 1, further including the step of comparison to a reference signal.

13. The method of claim 1, further including the step of comparison to a baseline signal in the absence of contrast.

35 14. The method of claim 1, wherein said positional estimate is a function of the local environment of said contrast agent.

15. A system for measuring a target tissue within an opaque portion of a body of a living subject through which light is scattered as well as absorbed, comprising:

40 (a) an optical contrast agent for providing a source of contrast, said agent selected so as to provide a differential contrast between said target tissue and other tissues, and said agent administered to the subject so as to have achieved distribution and localization within the body;

(b) a light source for illuminating a portion of said subject with illuminating radiation, said distributed contrast agent at least potentially disposed to interact with and modify said illuminating radiation;

(c) a light collector for collecting a portion of said radiation, said collected portion having passed through an opaque region of the body, and for providing a detected signal in response to said collected portion;

(d) a medical device or instrument for use on or within said subject during a medical procedure, said device or instrument coupled to said light emitter, light collector, or both;

(e) means for determining a measure of localization of said contrast agent based upon said detected signal, said measure based upon a measurement function of said distribution and localization of said contrast agent, and for generating a targeting signal in response to said determination; and

(f) means for determining a positional estimate of the present location of said device or instrument with respect to a target tissue or site using said targeting signal.

50 55 16. The system of claim 15, wherein said light source is further comprised of multiple light sources.

17. The system of claim 15, wherein said illuminating radiation has at least one wavelength between 200nm and 2 μm.

18. The system of claim 15, wherein said light collector is further comprised of multiple light detector elements.

19. The system of claim 18, wherein said multiple detector elements comprise a CCD array.

5 20. The system of claim 15, wherein said positional estimate is a detection of the presence or absence of said target.

21. The system of claim 15, wherein said positional estimate is a localization of said target in at least one dimension.

10 22. The system of claim 15, wherein said positional estimate is a direction of said target.

23. The system of claim 15, wherein said positional estimate is a distance to said target.

24. The system of claim 15, wherein said positional estimate comprises an image of the distribution of said target site.

15 25. The system of claim 15, wherein said positional estimate is based upon an optical feature selected from the group of features consisting of absorbance, fluorescence, Raman shift, excitation-emission maps, optical rotation, fluorescence decay, phase shift, time delay, or other optical features related to the interaction of said contrast agent with said illuminating radiation.

20 26. The method of claim 1 used for targeting a medical device or instrument toward a target location in a living subject, wherein said detecting step includes detecting after possible interaction and modification of the source light by the contrast agent.

25 27. The system of claim 15 wherein said medical device comprises a medical ultrasound probe and system, and said positional estimate is an image of said targeting signal overlaid on an ultrasound image from said ultrasound system.

28. The system of claim 15, wherein the optical coupling of at least one of the source, the collector, or the device to the subject is achieved by tissue penetration.

30 29. The system of claim 15, wherein said positional estimate is a function of the accuracy of placement of the device or instrument at said target.

30 30. The system of claim 29, wherein said function of the accuracy of placement is a true or false indication as to whether or not the device or instrument is accurately placed.

35 31. The system of claim 15, wherein said positional estimate comprises an ultrasound image overlaid with optical data or an optical image.

40 32. The system of claim 15, wherein said positional estimate comprises a structural image from a medical scan overlaid with functional optical data.

33. The system of claim 15, wherein said positional estimate is a localization of the device with respect to tissue type, such as haemoglobin, water, fat, cancer, nerve, artery, vein, lymph node, and/or muscle.

45 34. The method of claim 1 for internally targeting a prostate biopsy needle toward potential prostate cancer sites in a patient, wherein:

(a) the optical contrast agent is targeted to cancer-specific prostate cell antigens;

(b) said medical device is a prostate biopsy needle

50 (c) the step of determining a positional estimate includes determining a present location of the biopsy needle with respect to potential prostate cancer; and

(d) the method further including the steps of positioning the biopsy needle at an identified potential cancer site and collecting a biopsy sample at that site, repeating the steps until a sufficient number of prostate biopsy samples have been collected.

55 35. The method of claim 1 for removing a breast tumour using a minimally invasive medical probe, wherein:

said medical device is a minimally invasive tissue removal device for use during a minimally invasive lumpectomy

procedure ;

the step of determining a positional estimate includes determining a positional estimate of the present location of the medical device with respect to any remaining breast cancer; and

the method further including the steps of removing tissue identified as breast cancer and repeating the further included steps until a diagnostic or therapeutic endpoint is reached.

- 5           **36.** The system as claimed in claim 15 for internally determining the location of one or more sentinel nodes in breast cancer during a lymph node biopsy, wherein:

10          the contrast agent is selected so as to provide a source of contrast between said sentinel node tissue and normal lymph tissues;

15          said medical instrument is a surgical tool used in surgery to find and/or remove lymphatic tissue; and wherein said means for determining further includes means for determining the location of said sentinel nodes, said determination based upon said detected signal, and for generating said targeting signal related to a distribution and localization of said sentinel nodes in response to said determination.

- 37.** The system as claimed in Claim 15 for internally determining the presence or absence of prostate cancer, wherein:

20          the contrast agent is a fluorescent agent for providing a source of contrast between prostate cancer cells and other tissues;

25          the light source is an intensity modulated light source for illuminating the prostate with illuminating radiation, said distributed contrast agent at least potentially disposed to fluoresce in response to said illuminating radiation; the light collector is a multielement light collector for collecting a portion of said fluorescent radiation, said collected portion having passed through an opaque region of the prostate, and for providing a detected phase and/or intensity signal in response to said collected portion;

the medical instrument is an overhead CCD imaging camera for use during prostate surgery; and wherein said means for determining includes means for determining the presence and location of prostate cancer in the prostate or a surgical field based upon said detected signal.

- 30          **38.** The method of claim 1, wherein said positional estimate is an image, tone, alarm, ratio, number, table, descriptive word, spectrum, or graph of a function of the presence, absence, size, distribution, location, or other feature of said target.

- 35          **39.** The method of claim 1, wherein said positional estimate signal is a function of the two or more contrast agents.

- 40          **40.** The method of claim 1, wherein said step of determining a positional estimate comprises a processed visual image, a displayed word describing placement, a variable alarm to indicate an increasing accuracy of placement by changes in pitch or speed or intensity of the tone, or other manners of presentation, presented in such a manner as to allow the user to gain an incremental understanding of the placement of the probe, or accuracy of placement.

- 45          **41.** The method of claim 1, wherein said determination of a positional estimate comprises the step of presenting an image for interpretation by a user.

- 42.** The method of claim 34, wherein said repeating is performed to track changes in said distribution and localization of said agent in response to a medical, surgical, diagnostic or therapeutic intervention.

- 43.** The method of claim 1, wherein said positional estimate comprises an ultrasound image overlaid with optical data or an optical image.

- 50          **44.** The method of claim 1, wherein said positional estimate comprises a structural image from a medical scan overlaid with functional optical data.

- 55          **45.** The method of claim 44, wherein the first step of administering to the subject is omitted and replaced by a new first step of selecting a native optical contrast agent, said contrast agent selected so as to provide native spectroscopic signals and measurable contrast for said target site *in vivo*.

**Patentansprüche**

1. Verfahren zum Messen einer Zielstelle innerhalb eines lebenden Subjekts, umfassend:

- 5       (a) Verabreichen eines optischen Kontrastmittels dem Subjekt, wobei das optische Kontrastmittel so ausgewählt wird, dass es für die Zielstelle in vivo einen messbaren Kontrast liefert;
- 10      (b) Abwarten, bis das Kontrastmittel eine ausreichende Verteilung und Lokalisierung innerhalb des Körpers erreicht hat;
- 15      (c) Bereitstellen einer medizinischen Vorrichtung oder eines medizinischen Instruments, das mit einer Lichtquelle, einem Lichtdetektor oder beiden optisch gekoppelt ist, und Verwenden der Vorrichtung oder des Instruments während einer medizinischen oder operativen Behandlung an dem Subjekt;
- 20      (d) Beleuchten des Subjekts mit Licht von der Lichtquelle, wobei die Lichtquelle so ausgewählt wird, dass das Kontrastmittel in vivo mit dem Beleuchtungslicht wechselwirken und dieses modifizieren kann;
- 25      (e) Detektieren des modifizierten Beleuchtungslights nach Durchtritt durch einen opaken Bereich des Körpers, durch den das Licht gestreut und absorbiert wird, unter Verwendung des Lichtdetektors;
- 30      (f) Bestimmen einer Kontrastlokalisierung mittels des detektierten Lichts basierend auf einer Funktion der Verteilung und Lokalisierung des Kontrastmittels;
- 35      (g) Erzeugen eines Zielsignals in Antwort auf die Bestimmung; und
- 40      (h) Bestimmen einer Positionsschätzung des gegenwärtigen Orts der Vorrichtung oder des Instruments in Bezug auf ein Zielgewebe, einen Zielort oder eine Zielstelle mittels des Zielsignals.

2. Verfahren nach Anspruch 1, worin das optische Kontrastmittel aus der Gruppe von Kontrastmitteln ausgewählt wird, bestehend aus Isosulfanblau oder anderen absorbierenden Kontrastmitteln, Indocyaningrün, Porphyrine oder andere Fluorophore, Methylrot oder andere biologisch reaktive Farbstoffe, farbige oder fluoreszierende Proteine und andere Genprodukte, Quantum-Dots und andere spektroskopisch unterscheidbare physikalische Konstrukte, kontrastgefüllte Mizellen oder andere optische Kontrastmittel.

3. Verfahren nach Anspruch 1, worin der Schritt des Verabreichens des Kontrastmittels den Schritt von Injektion, Ingestion, viraler Verabreichung oder Synthese innerhalb des Subjekts mittels genetischen Mechanismen oder verkapselten Biofactories enthält.

4. Verfahren nach Anspruch 1, worin der Schritt des Verabreichens des Kontrastmittels den Schritt des Verabreichens von mehreren optischen Kontrastmitteln enthält, deren jedes auf einen unterschiedlichen Rezeptor abzielt, und worin der Schritt des Bestimmens auf einer Funktion der Verteilung und Lokalisierung der mehreren Kontrastmittel beruht.

5. Verfahren nach Anspruch 1, worin das Kontrastmittel ferner eine Aktivierung, Inaktivierung, Synthese, enzymatische Verarbeitung, Formationsänderung, Rezeptorbindung, Genexpression oder einen anderen biologischen Interaktionsschritt in vivo erfordert.

6. Verfahren nach Anspruch 5, worin das Kontrastmittel aus der Liste von aktivierbaren Mitteln ausgewählt wird, bestehend aus spaltbarem Indocyaninfarbstoff, säurespaltbarem Transferbindungsfarbstoffen, pHaktivierbaren oder anderen aktivierbaren Kontrastmitteln.

7. Verfahren nach Anspruch 1, worin das optische Kontrastmittel mit einem Zielrest gekoppelt wird.

8. Verfahren nach Anspruch 7, worin der Zielrest aus der Liste von Zielresten ausgewählt wird, bestehend aus Antikörpern, Antikörperfragment, Rezeptor-Bindungsstelle oder -substanz und Translokationsbindungsstelle oder -substanz.

9. Verfahren nach Anspruch 1, worin das medizinische Instrument eine optische Sonde ist, wobei das Kontrastmittel ausgestaltet ist, um einen Durchtritt des Farbstoffs durch das lymphatische System, Lymphknoten oder Sentinel-Lymphknoten zu markieren, wobei die Verabreichung aus einer Injektion in die lymphatische Drainage eines Tumors besteht, und die Positionsschätzung eine Funktion einer Erfassung des Vorhandenseins, des Orts und/oder der Tiefe der Anzahl von kontrastmarkierten Sentinel-Lymphknoten ist.

10. Verfahren nach Anspruch 1, worin das medizinische Instrument eine rektale Ultraschallsonde ist, wobei das Kontrastmittel auf eine prostataspezifische Stelle abzielt und die Positionsschätzung ein Ultraschallbild ist, das mit dem

Vorhandensein und/ oder dem Ort von Prostatakrebs überlagert ist.

- 5       **11.** Verfahren nach Anspruch 1, worin einer oder mehrere der Schritte (a) bis (h) zu einem oder mehreren Zeitpunkten wiederholt werden, worin die Wiederholung die Wirkung hat, eine Lokalisierung des Mittels über die Zeit hinweg zu verfolgen.
- 10      **12.** Verfahren nach Anspruch 1, das ferner den Schritt eines Vergleichs mit einem Referenzsignal enthält.
- 15      **13.** Verfahren nach Anspruch 1, das ferner den Schritt enthält, bei fehlendem Kontrast einen Vergleich mit einem Grundliniensignal durchzuführen.
- 20      **14.** Verfahren nach Anspruch 1, worin die Positionsschätzung eine Funktion der örtlichen Umgebung des Kontrastmittels ist.
- 25      **15.** System zum Messen eines Zielgewebes innerhalb eines opaken Bereichs eines Körpers eines lebenden Subjekts, durch den Licht gestreut und absorbiert wird, umfassend:
- 30           (a) ein optisches Kontrastmittel zum Bereitstellen einer Kontrastquelle, wobei das Mittel ausgewählt ist, um einen unterschiedlichen Kontrast zwischen dem Zielgewebe und anderen Geweben herzustellen, und das Mittel dem Subjekt verabreicht wird, so dass es eine Verteilung und Lokalisierung in dem Körper erreicht;
- 35           (b) eine Lichtquelle zum Beleuchten eines Abschnitts des Subjekts mit Beleuchtungsstrahlung, wobei das verteilte Kontrastmittel zumindest potentiell so angeordnet wird, dass es mit der Beleuchtungsstrahlung wechselwirkt und diese modifiziert;
- 40           (c) einen Lichtsammler zum Sammeln eines Teils der Strahlung, wobei der gesammelte Teil durch einen opaken Bereich des Körpers hindurchgetreten ist, und zum Bereitstellen eines detektierten Signals in Antwort auf den gesammelten Teil;
- 45           (d) eine medizinische Vorrichtung oder ein medizinisches Instrument zur Verwendung an oder innerhalb des Subjekts während einer medizinischen Behandlung, wobei die Vorrichtung oder das Instrument mit der Lichtquelle, dem Lichtsammler oder beiden gekoppelt ist;
- 50           (e) ein Mittel zum Bestimmen eines Maßes der Lokalisierung des Kontrastmittels basierend auf dem detektierten Signal, wobei das Maß auf einer Messfunktion der Verteilung und Lokalisierung des Kontrastmittels beruht, und zum Erzeugen eines Zielsignals in Antwort auf die Bestimmung; und
- 55           (f) ein Mittel zum Bestimmen einer Positionsschätzung des gegenwärtigen Orts der Vorrichtung oder des Instruments in Bezug auf ein Zielgewebe oder eine Zielstelle mittels des Zielsignals.
- 60      **16.** System nach Anspruch 15, worin die Lichtquelle ferner mehrere Lichtquellen aufweist.
- 65      **17.** System nach Anspruch 15, worin die Beleuchtungsstrahlung zumindest eine Wellenlänge zwischen 200nm und 2μm hat.
- 70      **18.** System nach Anspruch 15, worin der Lichtsammler ferner mehrere Lichtdetektorelemente aufweiset
- 75      **19.** System nach Anspruch 18, worin die mehreren Detektorelemente ein CCD-Array aufweisen.
- 80      **20.** System nach Anspruch 15, worin die Positionsschätzung eine Detektion des Vorhandenseins oder Fehlens des Ziels ist.
- 85      **21.** System nach Anspruch 15, worin die Positionsschätzung eine Lokalisierung des Ziels in zumindest einer Dimension ist.
- 90      **22.** System nach Anspruch 15, worin die Positionsschätzung eine Richtung des Ziels ist.
- 95      **23.** System nach Anspruch 15, worin die Positionsschätzung ein Abstand zu dem Ziel ist.
- 100     **24.** System nach Anspruch 15, worin die Positionsschätzung ein Bild der Verteilung der Zielstelle aufweist.
- 105     **25.** System nach Anspruch 15, worin die Positionsschätzung auf einem optischen Merkmal beruht, das aus der Gruppe

von Merkmalen ausgewählt ist, bestehend aus Absorbanz, Fluoreszenz, Raman-Verschiebung, Erregungs-Emissionskennfeldern, optischer Rotation, Fluoreszenz-Abklingen, Phasenverschiebung, Zeitverzögerung oder anderen optischen Merkmalen in Bezug auf die Wechselwirkung des Kontrastmittels mit der Beleuchtungsstrahlung.

- 5      **26.** Verfahren nach Anspruch 1, das zum Zielen einer medizinischen Vorrichtung oder eines medizinischen Instruments auf einen Zielort in einem lebenden Objekt verwendet wird, worin der Detektionsschritt eine Detektion nach einer möglichen Wechselwirkung und Modifikation des Quellenlichts durch das Kontrastmittel enthält.
- 10     **27.** System nach Anspruch 15, worin die medizinische Vorrichtung eine medizinische Ultraschallsonde und ein medizinisches Ultraschallsystem aufweist, und die Positionsschätzung ein Bild des Zielsignals ist, welches auf ein Ultraschallbild von dem Ultraschallsystem überlagert ist.
- 15     **28.** System nach Anspruch 15, worin die optische Kopplung zumindest einer der Quelle, des Sammlers oder der Vorrichtung mit dem Subjekt durch Eindringen in das Gewebe erreicht wird.
- 20     **29.** System nach Anspruch 15, worin die Positionsschätzung eine Funktion der Platzierungsgenauigkeit der Vorrichtung oder des Instruments an dem Ziel ist.
- 25     **30.** System nach Anspruch 29, worin die Funktion der Platzierungsgenauigkeit eine Wahr- oder Falschanzeige dazu ist, ob die Vorrichtung oder das Instrument akkurat platziert ist oder nicht.
- 30     **31.** System nach Anspruch 15, worin die Positionsschätzung ein Ultraschallbild aufweist, das mit optischen Daten oder einem optischen Bild überlagert ist.
- 35     **32.** System nach Anspruch 15, worin die Positionsschätzung ein strukturelles Bild von einem medizinischen Scan aufweist, das mit optischen Funktionsdaten überlagert ist.
- 40     **33.** System nach Anspruch 15, worin die Positionsschätzung eine Lokalisierung der Vorrichtung im Bezug auf den Gewebetyp, wie etwa Hämoglobin, Wasser, Fett, Krebs, Nerven, Arterie, Vene, Lymphknoten und/oder Muskel ist.
- 45     **34.** Verfahren nach Anspruch 1 zum internen Zielen einer Prostatabiopsienadel auf potentielle Prostatakrebsstellen in einem Patienten, worin:
- 35        (a) das optische Kontrastmittel auf krebsspezifische Prostatazellen-Antigene abzielt;
- 35        (b) die medizinische Vorrichtung eine Prostatabiopsienadel ist;
- 35        (c) der Schritt der Bestimmung einer Positionsschätzung enthält, einen gegenwärtigen Ort der Biopsienadel in Bezug auf den potentiellen Prostatakrebs zu bestimmen;
- 40        (d) das Verfahren ferner die Schritte enthält: Positionieren der Biopsienadel an einer identifizierten potentiellen Krebsstelle und Sammeln einer Biopsieprobe an dieser Stelle, Wiederholen der Schritte, bis eine ausreichende Anzahl von Prostatabiopsieproben gesammelt worden ist.
- 45     **35.** Verfahren nach Anspruch 1 zum Entfernen eines Brusttumors mittels einer minimalinvasiven medizinischen Sonde, worin:
- 45        die medizinische Vorrichtung eine minimalinvasive Gewebeentfernungs vorrichtung zur Verwendung während minimalinvasiver Thylektomiebehandlung ist;
- 50        wobei der Schritt der Bestimmung der Positionsschätzung die Bestimmung einer Positionsschätzung des gegenwärtigen Orts der medizinischen Vorrichtung in Bezug auf einen etwa verbleibenden Brustkrebs beinhaltet; und das Verfahren ferner die Schritte enthält, als Brustkrebs identifiziertes Gewebe zu entfernen und die weiter enthaltenen Schritte zu wiederholen, bis ein diagnostischer oder therapeutischer Endpunkt erreicht ist.
- 55     **36.** System nach Anspruch 15 zum internen Bestimmen des Orts von einem oder mehreren Sentinelknoten in Brustkrebs während einer Lymphknotenbiopsie, worin:
- 55        das Kontrastmittel ausgewählt wird, um eine Kontrastquelle zwischen dem Sentinelknotengewebe und normalen Lymphgeweben herzustellen;
- 55        das medizinische Instrument ein Operationswerkzeug ist, das bei der Operation zum Auffinden und/oder Ent-

fernen von lymphatischem Gewebe verwendet wird; und

worin das Mittel zur Bestimmung ferner Mittel zur Bestimmung des Orts der Sentinelknoten enthält, wobei die Bestimmung auf dem detektierten Signal beruht, und zum Erzeugen des Zielsignals in Bezug auf eine Verteilung und Lokalisierung der Sentinelknoten in Antwort auf die Bestimmung.

37. System nach Anspruch 15 zum internen Bestimmen des Vorhandenseins oder Fehlens von Prostatakrabs, worin:

das Kontrastmittel ein fluoreszierendes Mittel ist zum Herstellen einer Kontrastquelle zwischen Prostatakrebszellen und anderen Geweben;

wobei die Lichtquelle eine intensitätsmodulierte Lichtquelle zum Beleuchten der Prostata mit Beleuchtungsstrahlung ist, wobei das verteilte Kontrastmittel zumindest potentiell angeordnet wird, um in Antwort auf die Beleuchtungsstrahlung zu fluoreszieren;

wobei der Lichtsampler ein Mehrfachelementlichtsampler zum Sammeln eines Teils der Fluoreszenzstrahlung ist, wobei der gesammelte Teil durch einen opaken Bereich der Prostata hindurchgetreten ist, und zum Liefern eines detektierten Phasen-und/oder Intensitätssignals in Antwort auf den gesammelten Teil;

wobei das medizinische Instrument eine Overhead-CCD-Bildkamera zur Verwendung während einer Prostataoperation ist; und

worin das Mittel zum Bestimmen ein Mittel zum Bestimmen des Vorhandenseins und Orts des Prostatakrebses in der Prostata oder eines Operationsfelds basierend auf dem detektierten Signal entält.

38. Verfahren nach Anspruch 1, worin die Positionsschätzung ein Bild, ein Ton, ein Alarm, ein Verhältnis, eine Zahl, eine Tabelle, ein beschreibendes Wort, ein Spektrum oder ein Graph einer Funktion des Vorhandenseins, des Fehlens, der Größen, der Verteilung, des Orts oder eines anderen Merkmals des Ziels ist.

39. Verfahren nach Anspruch 1, worin das Positionsschätzsignal eine Funktion der zwei oder mehr Kontrastmittel ist.

40. Verfahren nach Anspruch 1, worin der Schritt des Bestimmens einer Positionsschätzung ein bearbeitetes visuelles Bild, ein eine Platzierung beschreibendes angezeigtes Wort, einen variablen Alarm zum Anzeigen einer erhöhten Genauigkeit der Platzierung durch Änderungen in der Höhe oder Geschwindigkeit oder Intensität des Tons oder andere Präsentationsarten aufweist, die derart dargeboten werden, dass es dem Benutzer erlaubt wird, ein zunehmendes Verständnis der Platzierung der Probe oder der Platzierungsgenauigkeit zu gewinnen.

41. Verfahren nach Anspruch 1, worin die Bestimmung einer Positionsschätzung den Schritt aufweist, ein Bild zur Interpretation durch einen Benutzer zu präsentieren.

42. Verfahren nach Anspruch 34, worin die Wiederholung durchgeführt wird, um Änderungen in der Verteilung und Lokalisierung des Mittels in Antwort auf medizinische, operative, diagnostische oder therapeutische Intervention zu verfolgen.

43. Verfahren nach Anspruch 1, worin die Positionsschätzung ein Ultraschallbild aufweist, das mit optischen Daten oder einem optischen Bild überlagert ist.

44. Verfahren nach Anspruch 1, worin die Positionsschätzung ein strukturelles Bild von einem medizinischen Scan aufweist, das mit funktionellen optischen Daten überlagert ist.

45. Verfahren nach Anspruch 44, worin der erste Schritt der Verabreichung an das Subjekt weggelassen wird und durch einen neuen ersten Schritt der Auswahl eines nativen optischen Kontrastmittels ersetzt wird, wobei das Kontrastmittel ausgewählt wird, um native spektroskopische Signale und einen messbaren Kontrast für den Zielort in vivo zu liefern.

## Revendications

55 1. Méthode pour la mesure d'un site cible chez un sujet vivant, comprenant les étapes consistant à :

(a) administrer au sujet un agent de contraste optique choisi de manière à fournir un contraste mesurable pour l'udit site cible in vivo ;

(b) attendre jusqu'à ce que ledit agent de contraste soit parvenu à une distribution et une localisation suffisantes dans l'organisme ;  
 5 (c) fournir un dispositif ou instrument médical couplé optiquement à une source de lumière, à un détecteur de lumière, ou bien aux deux à la fois, et à utiliser ledit dispositif ou instrument au cours d'un mode opératoire médical ou d'une opération chirurgicale sur le sujet ;  
 (d) éclairer le sujet avec de la lumière provenant de la source de lumière, ladite source de lumière étant choisie de telle sorte que l'agent de contraste *in vivo* puisse interagir avec et modifier la lumière d'éclairement ;  
 10 (e) détecter la lumière d'éclairement modifiée après passage à travers une région opaque de l'organisme, à travers laquelle la lumière est diffusée et également absorbée, en utilisant le détecteur de lumière ;  
 (f) déterminer une localisation du contraste en utilisant la lumière détectée d'après une fonction de la distribution et de la localisation dudit agent de contraste ;  
 (g) engendrer un signal de ciblage en réponse à ladite détermination ; et  
 15 (h) déterminer une estimation de position du présent emplacement dudit dispositif ou instrument par rapport à un tissu, emplacement ou site cible en utilisant ledit signal de ciblage.

2. Méthode suivant la revendication 1, dans laquelle l'agent de contraste optique est choisi dans le groupe d'agents de contraste consistant en bleu isosulfan ou d'autres agents de contraste absorbants, vert indocyanine, porphyrines ou autres fluorophores, rouge de méthyle ou autres colorants aptes à une réponse biologique, protéines colorées ou fluorescentes et autres produits de gènes, points quantiques et autres produits d'assemblage physiques spectroscopiquement distincts, micelles remplis d'agent de contraste, ou autres agents de contraste optique.
3. Méthode suivant la revendication 1, dans laquelle l'étape d'administration de l'agent de contraste comprend l'étape d'injection, d'ingestion, d'administration virale ou de synthèse chez le sujet en utilisant des mécanismes génétiques ou des biofabriques encapsulées.
4. Méthode suivant la revendication 1, dans laquelle l'étape d'administration de l'agent de contraste comprend l'étape d'administration d'agents de contraste optique multiples, chacun ciblé à un récepteur différent, et dans laquelle l'étape de détermination est basée sur une fonction de la distribution et de la localisation desdits agents de contraste multiples.
5. Méthode suivant la revendication 1, dans laquelle ledit agent de contraste nécessite en outre une activation, une inactivation, une synthèse, un traitement enzymatique, une modification de conformation, une liaison à un récepteur, une expression de gène ou une étape d'interaction biologique *in vivo*.
6. Méthode suivant la revendication 5, dans laquelle ledit agent de contraste est choisi dans la liste d'agents activables consistant en un colorant indocyanine clivable, des colorants liés à transfert clivables par un acide, des agents de contraste activables par le pH et d'autres agents de contraste activables.
7. Méthode suivant la revendication 1, dans laquelle l'agent de contraste optique est couplé à un groupement de ciblage.
8. Méthode suivant la revendication 7, dans laquelle le groupement de ciblage est choisi dans la liste de groupements de ciblage consistant en des anticorps, un fragment d'anticorps, un site ou une substance de liaison à un récepteur, et un site ou une substance de liaison à un élément de translocation.
9. Méthode suivant la revendication 1, dans laquelle ledit instrument médical est une sonde optique de balayage, ledit agent de contraste est conçu pour marquer le passage du colorant à travers le système lymphatique, les ganglions lymphatiques, ou les ganglions lymphatiques sentinelles, ladite administration consiste en l'injection dans le système de drainage lymphatique d'une tumeur, et ladite estimation de position est fonction d'une détection de la présence, de l'emplacement, de la profondeur et/ou du nombre de ganglions lymphatiques sentinelles marqués par contraste.
10. Méthode suivant la revendication 1, dans laquelle ledit instrument médical est une sonde ultrasonique rectale, ledit agent de contraste est ciblé à un site spécifique de la prostate et ladite estimation de position est une image ultrasonique en superposition avec la présence et/ou l'emplacement du cancer de la prostate.
11. Méthode suivant la revendication 1, dans laquelle une ou plusieurs étapes (a) à (h) sont répétées à un ou plusieurs points de temps, et dans laquelle ladite répétition est efficace pour suivre une localisation dudit agent au cours du temps.

12. Méthode suivant la revendication 1, comprenant en outre l'étape de comparaison à un signal de référence.
13. Méthode suivant la revendication 1, comprenant en outre l'étape de comparaison à un signal de base en l'absence de contraste.
- 5           14. Méthode suivant la revendication 1, dans laquelle ladite estimation de position est fonction de l'environnement local dudit agent de contraste.
- 10           15. Système pour la mesure d'un tissu cible dans une portion opaque de l'organisme d'un sujet vivant, à travers laquelle la lumière est diffusée et également absorbée, comprenant :
- 15           (a) un agent de contraste optique pour fournir une source de contraste, ledit agent étant choisi de manière à fournir un contraste différentiel entre ledit tissu cible et les autres tissus, et ledit agent étant administré au sujet de manière à parvenir à la distribution et la localisation dans l'organisme ;
- 20           (b) une source de lumière pour l'éclairement d'une portion dudit sujet avec un rayonnement d'éclairage, ledit agent de contraste distribué étant disposé au moins potentiellement pour interagir avec et modifier ledit rayonnement d'éclairage ;
- 25           (c) un collecteur de lumière pour collecter une partie dudit rayonnement, ladite partie collectée étant passée à travers une région opaque de l'organisme, et pour fournir un signal détecté en réponse à ladite partie collectée ;
- (d) un dispositif ou instrument médical destiné à être utilisé sur ou dans ledit sujet au cours d'un mode opératoire médical, ledit dispositif ou instrument étant couplé audit émetteur de lumière, audit collecteur de lumière, ou bien aux deux ;
- (e) un moyen pour déterminer une mesure de la localisation dudit agent de contraste sur la base dudit signal détecté, ladite mesure étant basée sur une fonction de mesure de ladite distribution et de ladite localisation dudit agent de contraste, et pour engendrer un signal de ciblage en réponse à ladite détermination ; et
- (f) un moyen pour déterminer une estimation de position du présent emplacement du dispositif ou instrument par rapport à un tissu ou site cible en utilisant ledit signal de ciblage.
- 30           16. Système suivant la revendication 15, dans lequel ladite source de lumière est constituée en outre de sources de lumière multiples.
17. Système suivant la revendication 15, dans lequel ledit rayonnement d'éclairage a au moins une longueur d'onde comprise entre 200 nm et 2 µm.
- 35           18. Système suivant la revendication 15, dans lequel ledit collecteur de lumière est constitué en outre d'éléments multiples de détecteur de lumière.
19. Système suivant la revendication 18, dans lequel lesdits éléments multiples de détecteur comprennent un réseau CCD.
- 40           20. Système suivant la revendication 15, dans lequel ladite estimation de position est une détection de la présence ou de l'absence de ladite cible.
21. Système suivant la revendication 15, dans lequel ladite estimation de position est une localisation de ladite cible dans au moins une dimension.
- 45           22. Système suivant la revendication 15, dans lequel ladite estimation de position est une direction de ladite cible.
23. Système suivant la revendication 15, dans lequel ladite estimation de position est une distance à ladite cible.
- 50           24. Système suivant la revendication 15, dans lequel ladite estimation de position comprend une image de la distribution dudit site cible.
25. Système suivant la revendication 15, dans lequel ladite estimation de position est basée sur une caractéristique optique choisie dans le groupe de caractéristiques consistant en l'absorbance, la fluorescence, le déplacement Raman, des cartes d'excitation-émission, la rotation optique, la décroissance de fluorescence, le décalage de phase, le retard temporel, ou d'autres caractéristiques optiques en rapport avec l'interaction dudit agent de contraste avec ledit rayonnement d'éclairage.

26. Méthode suivant la revendication 1, utilisée pour le ciblage d'un dispositif ou instrument médical vers un emplacement cible chez un sujet vivant, dans laquelle ladite étape de détection comprend la détection après l'interaction et la modification éventuelles de la lumière de source par l'agent de contraste.
- 5      27. Système suivant la revendication 15, dans lequel ledit dispositif médical comprend une sonde et un système ultrasoniques médicaux, et ladite estimation de position est une image dudit signal de ciblage en superposition sur une image ultrasonique provenant dudit système ultrasonique.
- 10     28. Système suivant la revendication 15, dans lequel le couplage optique d'au moins un des éléments consistant en la source, le collecteur et le dispositif au sujet est réalisé par pénétration dans un tissu.
- 15     29. Système suivant la revendication 15, dans lequel ladite estimation de position est fonction de la précision de la mise en place du dispositif ou de l'instrument au niveau de ladite cible.
- 15     30. Système suivant la revendication 29, dans lequel ladite fonction de la précision de mise en place est une indication vraie ou fausse de la mise en place précise ou non du dispositif ou instrument.
- 20     31. Système suivant la revendication 15, dans lequel ladite estimation de position comprend une image ultrasonique en superposition avec des résultats optiques ou une image optique.
- 20     32. Système suivant la revendication 15, dans lequel ladite estimation de position comprend une image structurale provenant d'un balayage médical en superposition avec des résultats optiques fonctionnels.
- 25     33. Système suivant la revendication 15, dans lequel ladite estimation de position est une localisation du dispositif par rapport à un type de tissu, tel que l'hémoglobine, l'eau, le tissu adipeux, un tissu cancéreux, un nerf, une artère, une veine, un ganglion lymphatique et/ou un muscle.
- 30     34. Méthode suivant la revendication 1, pour le ciblage interne d'une aiguille de biopsie prostatique vers des sites potentiels de cancer de la prostate chez un patient, dans laquelle :
- 30        (a) l'agent de contraste optique est ciblé aux antigènes des cellules prostatiques spécifiques du cancer ;  
               (b) ledit dispositif médical est une aiguille de biopsie prostatique ;  
               (c) l'étape de détermination d'une estimation de position comprend la détermination d'un présent emplacement de l'aiguille de biopsie par rapport à un cancer potentiel de la prostate ; et  

35        (d) la méthode comprend en outre les étapes de positionnement de l'aiguille de biopsie à un site de cancer potentiel identifié et de prélèvement d'un échantillon de biopsie à ce site, les étapes étant répétées jusqu'à ce qu'un nombre suffisant d'échantillons de biopsie de la prostate ait été recueilli.

40     35. Méthode suivant la revendication 1 pour éliminer une tumeur mammaire en utilisant une sonde médicale minimalement invasive, dans laquelle :

40        ledit dispositif médical est un dispositif d'élimination tissulaire minimalement invasif destiné à être utilisé au cours d'une opération minimalement invasive d'exérèse locale de tumeur mammaire ;  
               l'étape de détermination d'une estimation de position comprend la détermination d'une estimation de position du présent emplacement du dispositif médical par rapport à tout cancer mammaire restant ; et  
               la méthode comprenant en outre les étapes d'élimination du tissu identifié en tant que cancer du sein et de répétition des étapes incluses supplémentaires jusqu'à ce que soit atteint un point final de diagnostic ou point final thérapeutique.

50     36. Système suivant la revendication 15, destiné à la détermination interne de l'emplacement d'un ou plusieurs ganglions sentinelles dans le cancer du sein au cours d'une biopsie de ganglions lymphatiques, dans lequel :

50        l'agent de contraste est choisi de manière à fournir une source de contraste entre ledit tissu de ganglions sentinelles et les tissus lymphatiques normaux ;  
               ledit instrument médical est un outil chirurgical utilisé en chirurgie pour la découverte et/ou l'élimination du tissu lymphatique ; et  
               dans lequel ledit moyen de détermination comprend en outre un moyen pour déterminer l'emplacement desdits ganglions sentinelles, ladite détermination étant basée sur ledit signal détecté, et pour engendrer ledit signal

de ciblage en rapport avec une distribution et une localisation desdits ganglions sentinelles en réponse à ladite détermination.

- 5       **37.** Système suivant la revendication 15, pour la détermination interne de la présence ou l'absence d'un cancer de la prostate, dans lequel :

l'agent de contraste est un agent fluorescent pour fournir une source de contraste entre les cellules de cancer de la prostate et d'autres tissus ;  
 10      la source de lumière est une source de lumière à intensité modulée pour l'éclairage de la prostate avec un rayonnement d'éclairage, ledit agent de contraste distribué étant disposé au moins potentiellement pour entrer en fluorescence en réponse audit rayonnement d'éclairage ;  
 15      le collecteur de lumière est un collecteur de lumière à éléments multiples pour collecter une portion dudit rayonnement fluorescent, ladite portion collectée étant passée à travers une région opaque de la prostate, et pour fournir une phase détectée et/ou un signal d'intensité en réponse à ladite portion collectée ;  
 l'instrument médical est une caméra d'imagerie CCD commandée par le haut destinée à être utilisée au cours d'une opération chirurgicale de la prostate ; et  
 20      dans lequel ledit moyen de détermination comprend un moyen pour déterminer la présence et l'emplacement d'un cancer de la prostate dans la prostate ou un champ chirurgical d'après ledit signal détecté.

- 25       **38.** Méthode suivant la revendication 1, dans laquelle ladite estimation de position est une image, un ton, une alarme, un rapport, un nombre, un tableau, un terme descriptif, un spectre ou un graphique d'une fonction de la présence, de l'absence, des dimensions, de la distribution, de l'emplacement ou d'une autre caractéristique de ladite cible.

- 30       **39.** Méthode suivant la revendication 1, dans laquelle ledit signal d'estimation de position est fonction des deux ou plus de deux agents de contraste.

- 35       **40.** Méthode suivant la revendication 1, dans laquelle ladite étape de détermination d'une estimation de position comprend une image visuelle traitée, un mot affiché décrivant l'emplacement, une alarme variable pour indiquer une précision accrue de mise en place par les variations de pas ou de vitesse ou bien d'intensité du ton, ou d'autres moyens de présentation, présentés de manière à permettre à l'utilisateur de parvenir à une compréhension incrémentielle de la mise en place de la sonde, ou de la précision de mise en place.

- 40       **41.** Méthode suivant la revendication 1, dans laquelle ladite détermination d'une estimation de position comprend l'étape de présentation d'une image pour interprétation par un utilisateur.

- 45       **42.** Méthode suivant la revendication 34, dans laquelle ladite répétition est effectuée pour suivre les variations de ladite distribution et de ladite localisation dudit agent en réponse à une intervention médicale, chirurgicale, de diagnostic ou thérapeutique.

- 50       **43.** Méthode suivant la revendication 1, dans laquelle ladite estimation de position comprend une image ultrasonique en superposition avec des résultats optiques ou une image optique.

- 55       **44.** Méthode suivant la revendication 1, dans laquelle ladite estimation de position comprend une image structurale provenant d'un balayage médical en superposition avec des résultats optiques fonctionnels.

- 60       **45.** Méthode suivant la revendication 44, dans laquelle la première étape d'administration au sujet est omise et est remplacée par une première étape nouvelle de sélection d'un agent de contraste optique natif, ledit agent de contraste étant choisi de manière à fournir des signaux spectroscopiques natifs et un contraste mesurable pour ledit site cible in vivo.

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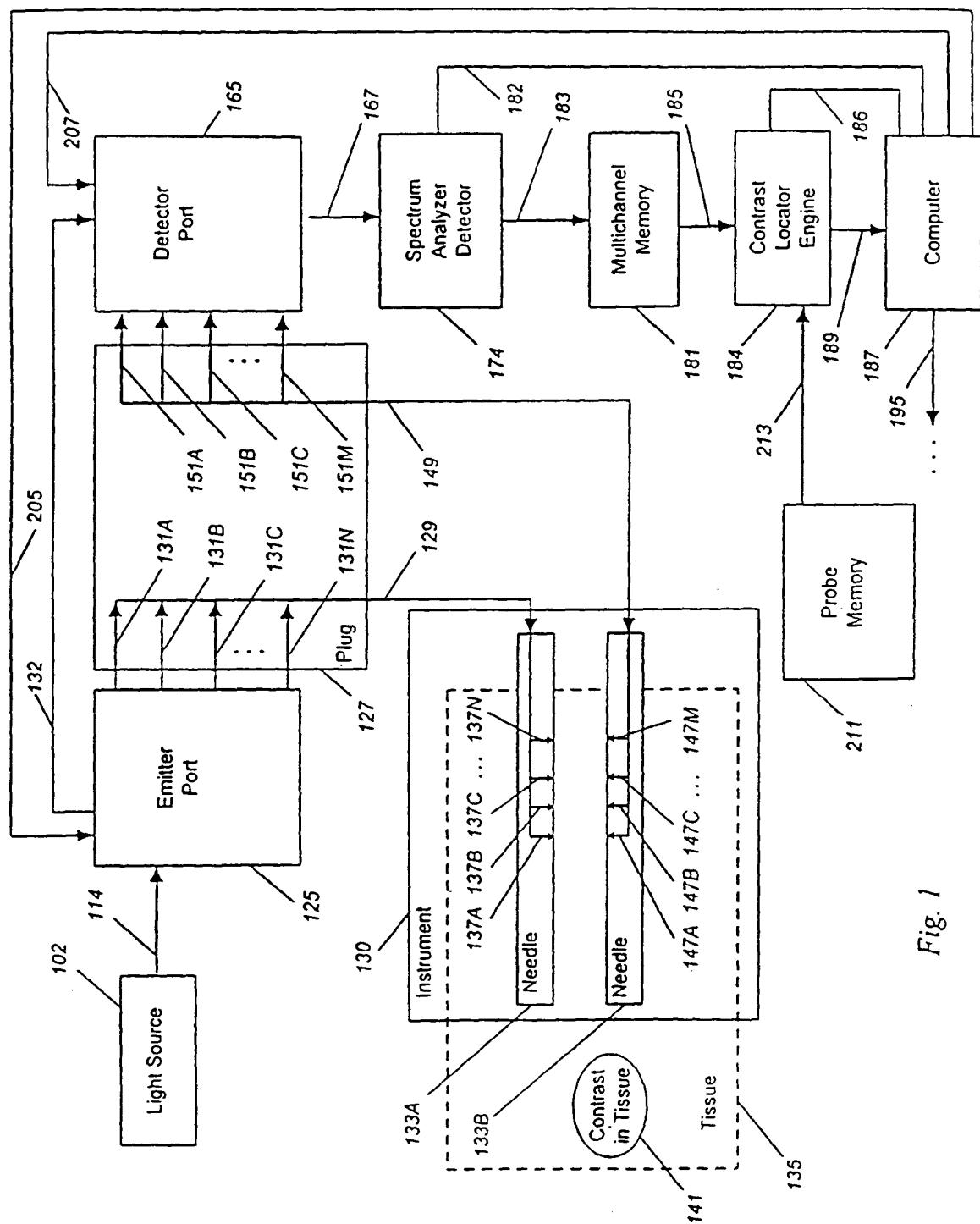


Fig. 1

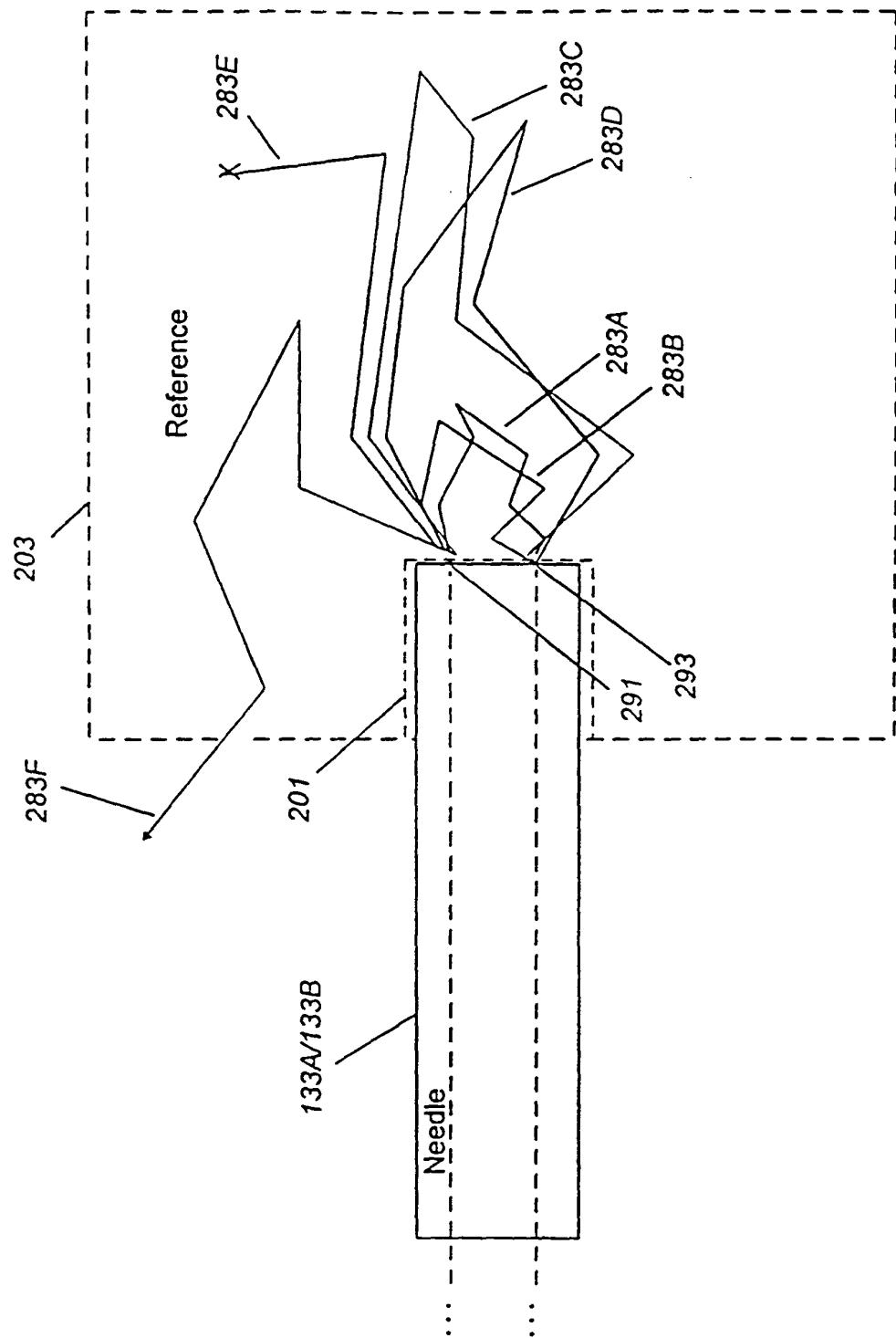


Fig. 2

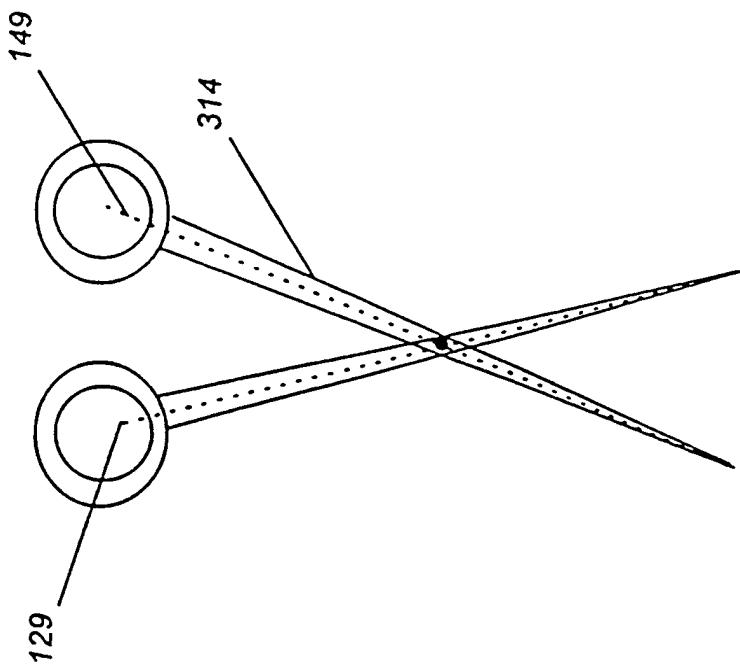


Fig. 3C

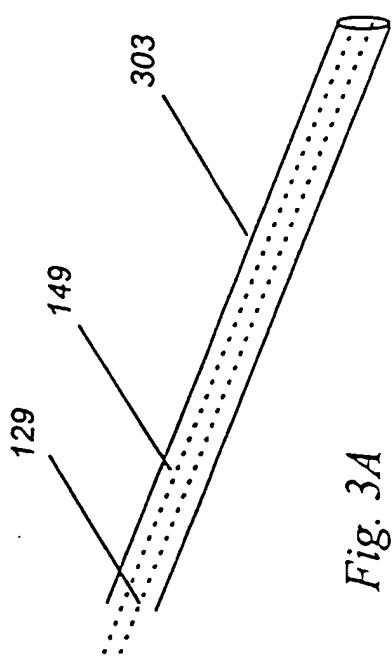


Fig. 3A

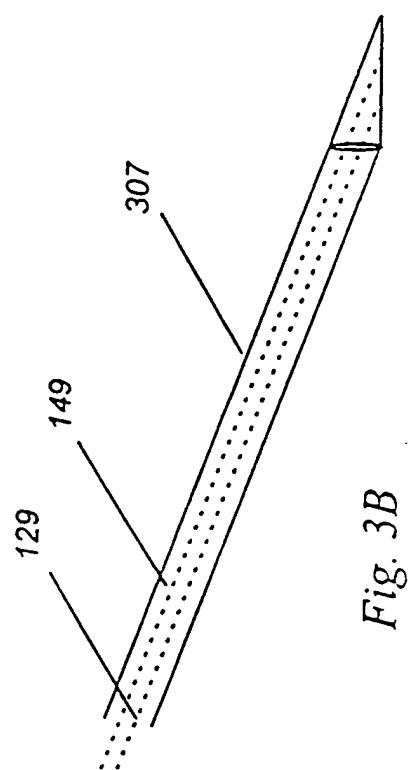
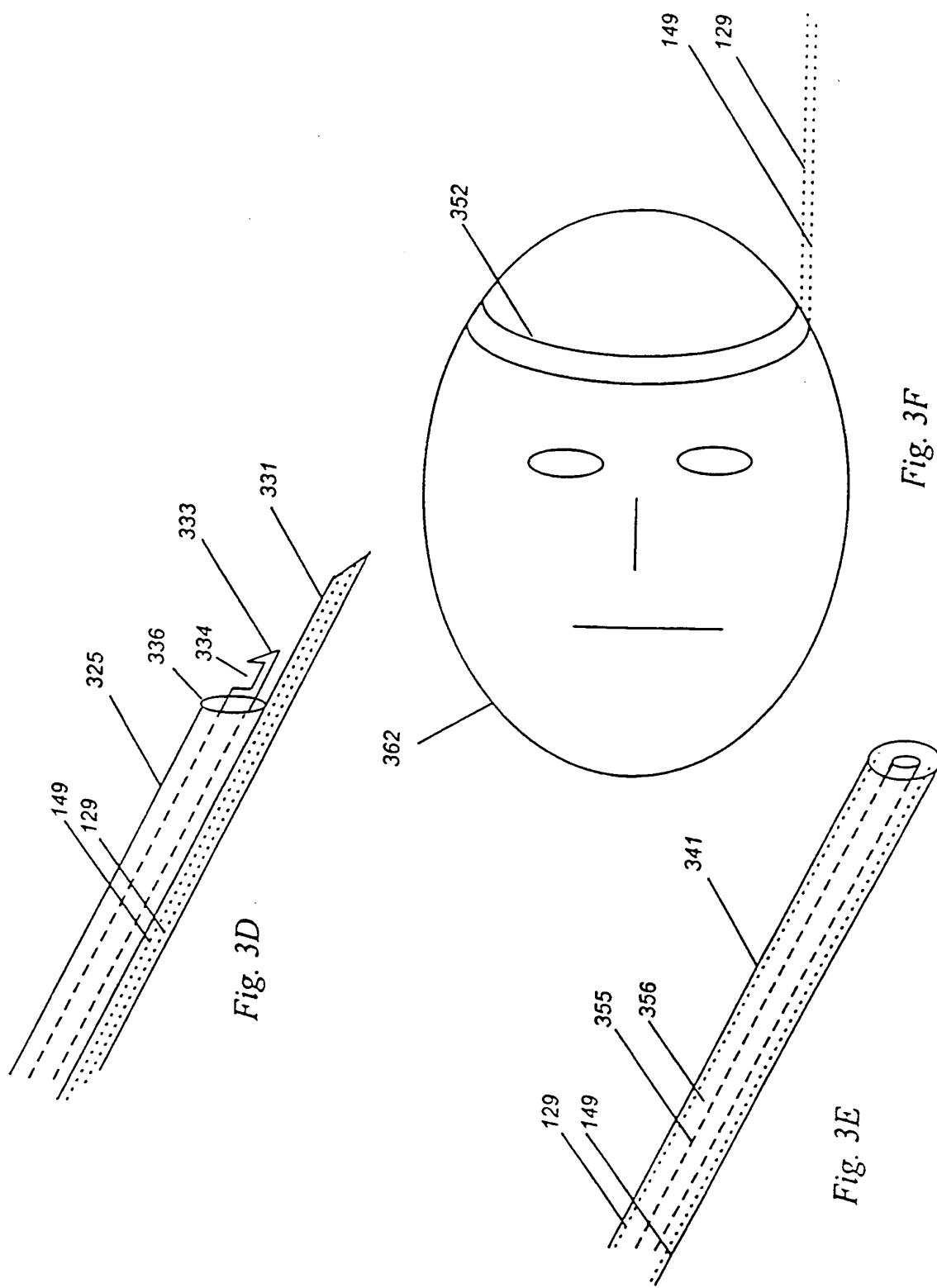


Fig. 3B



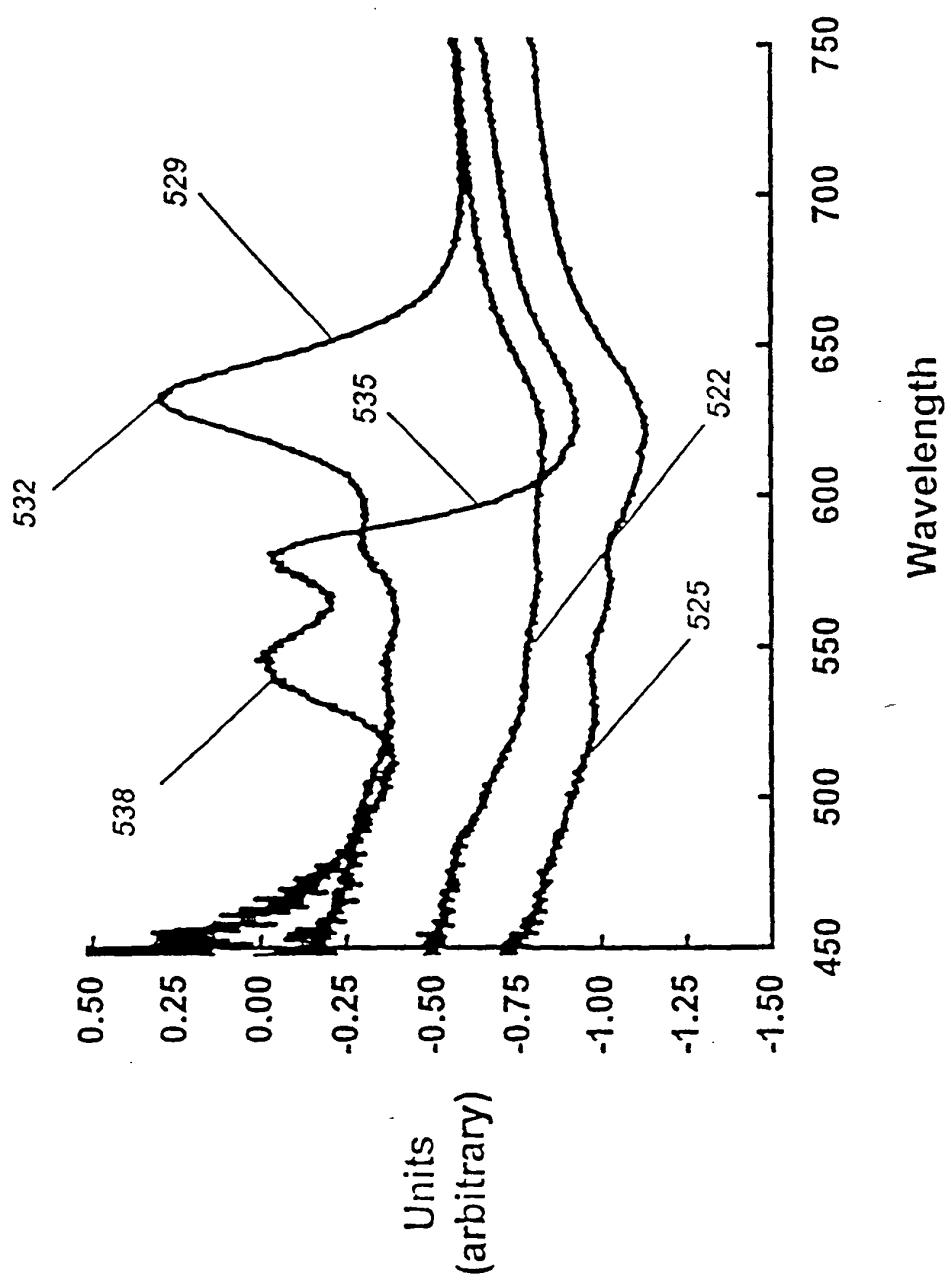


Fig. 4

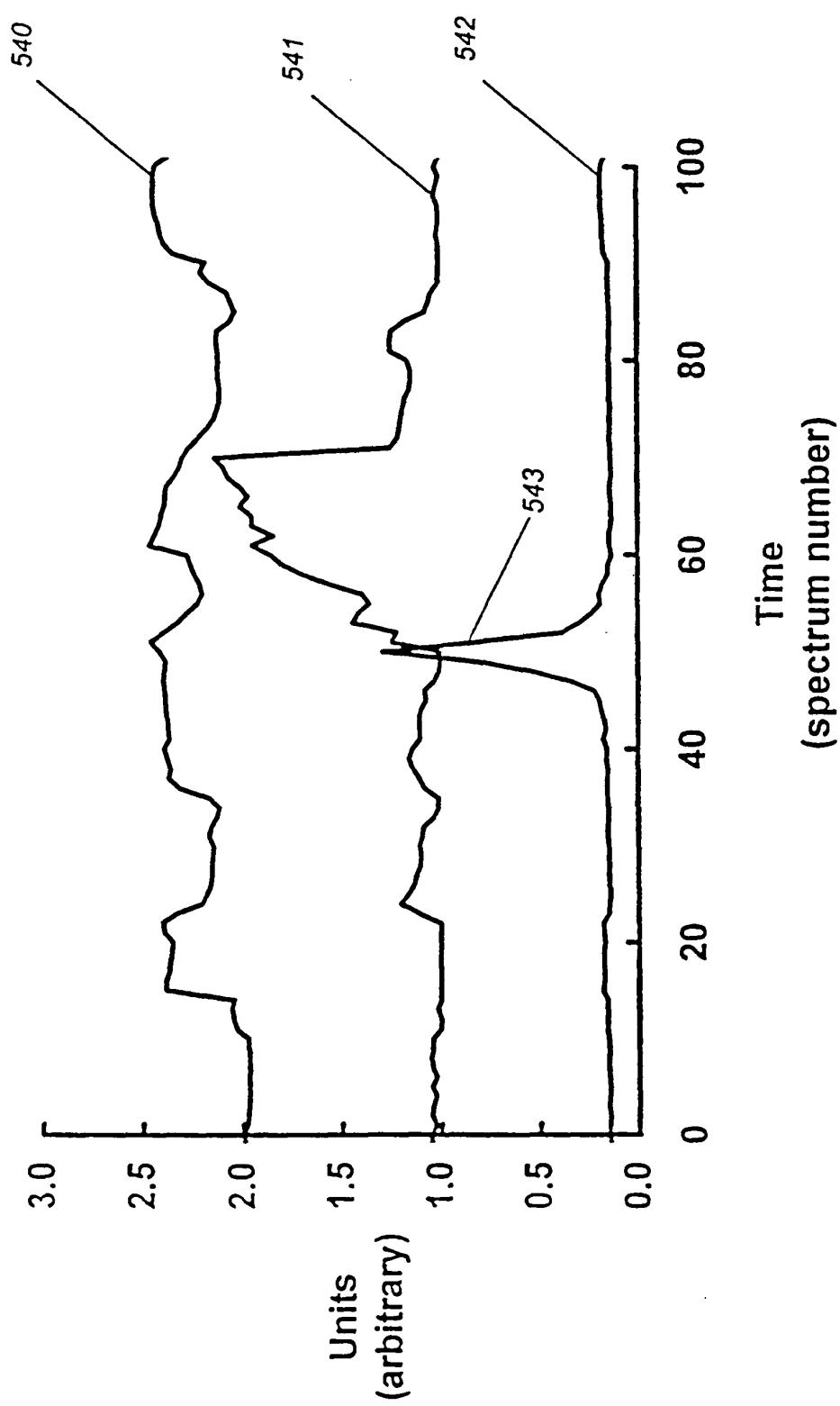


Fig. 5

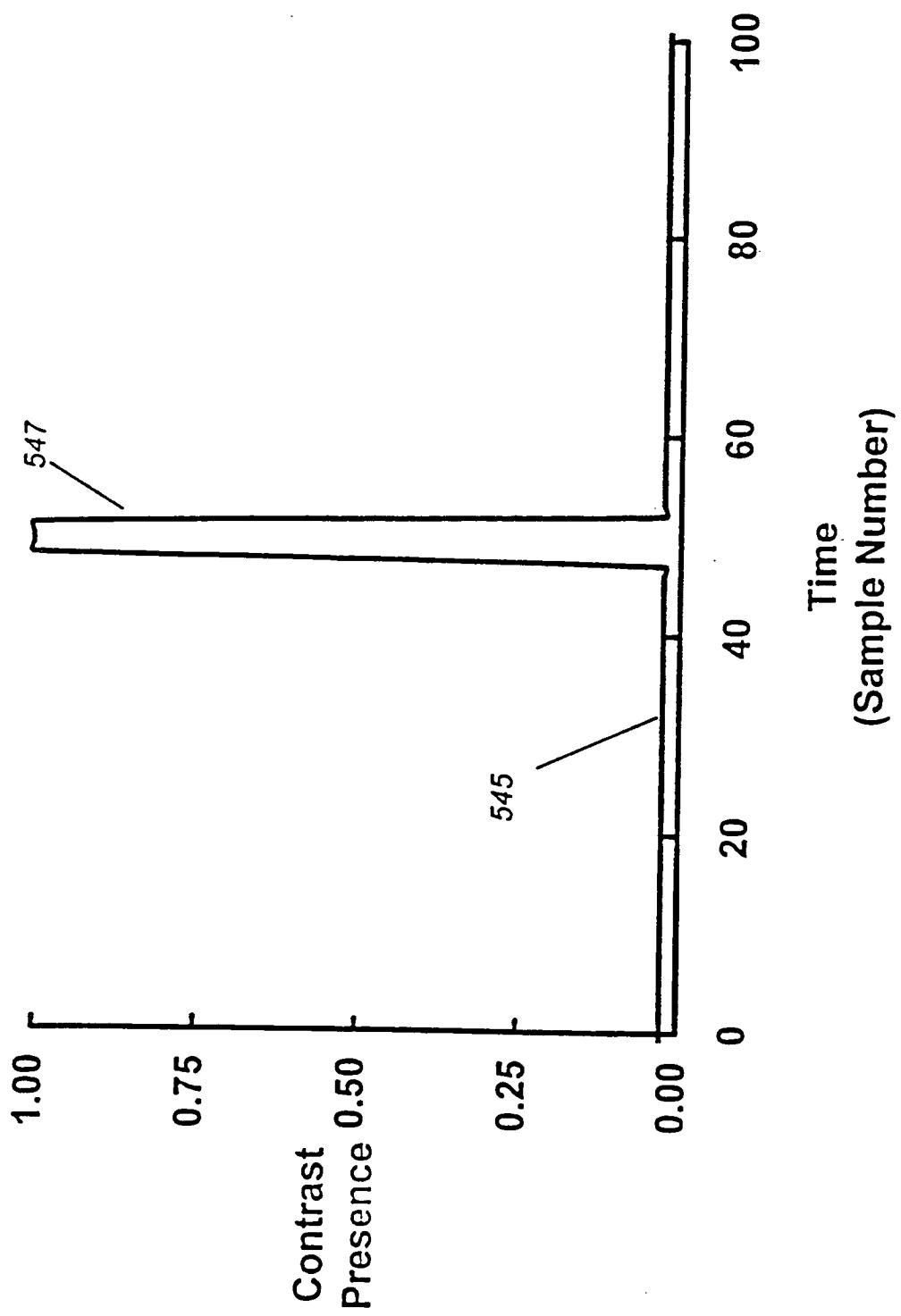


Fig. 6

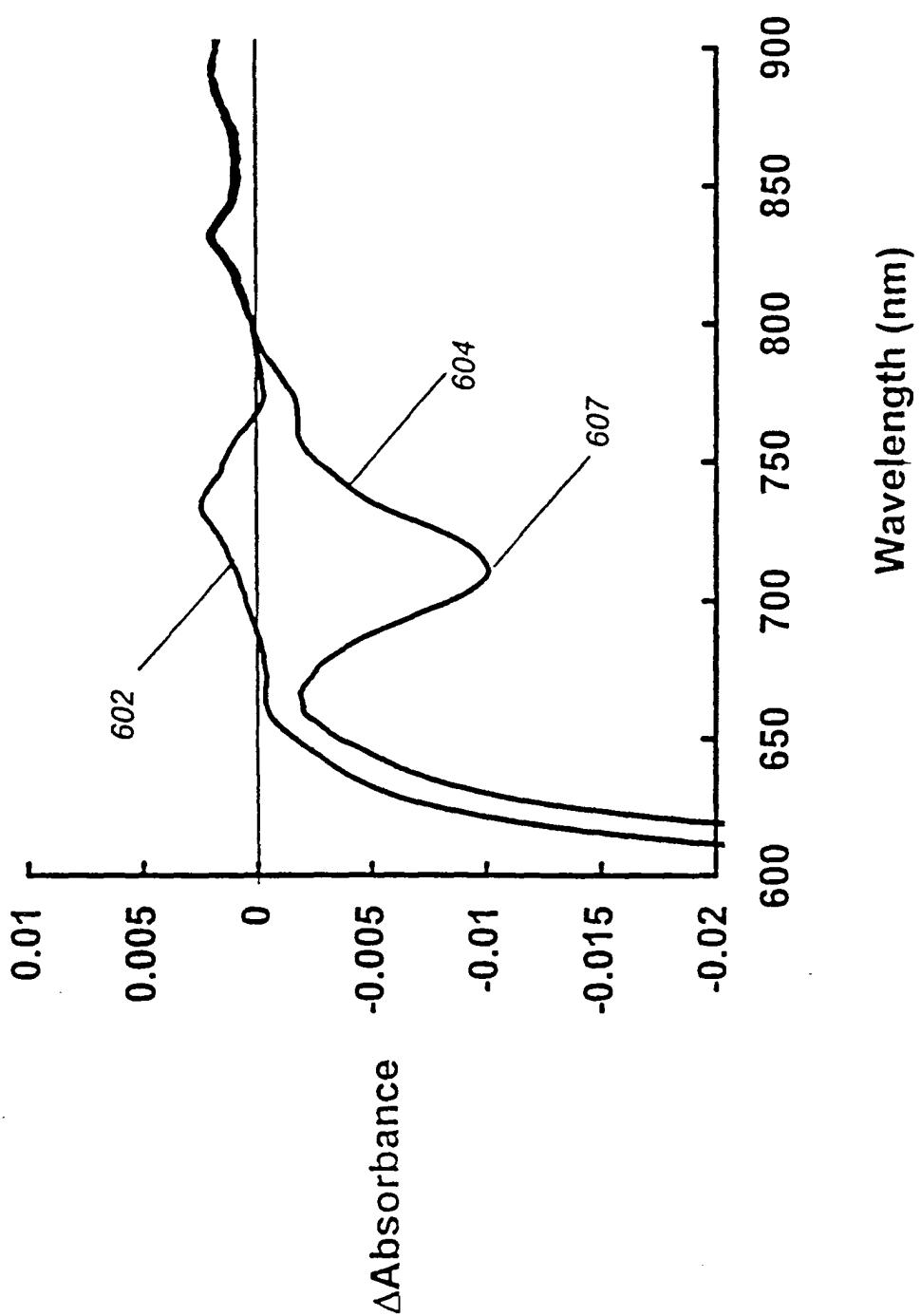


Fig. 7

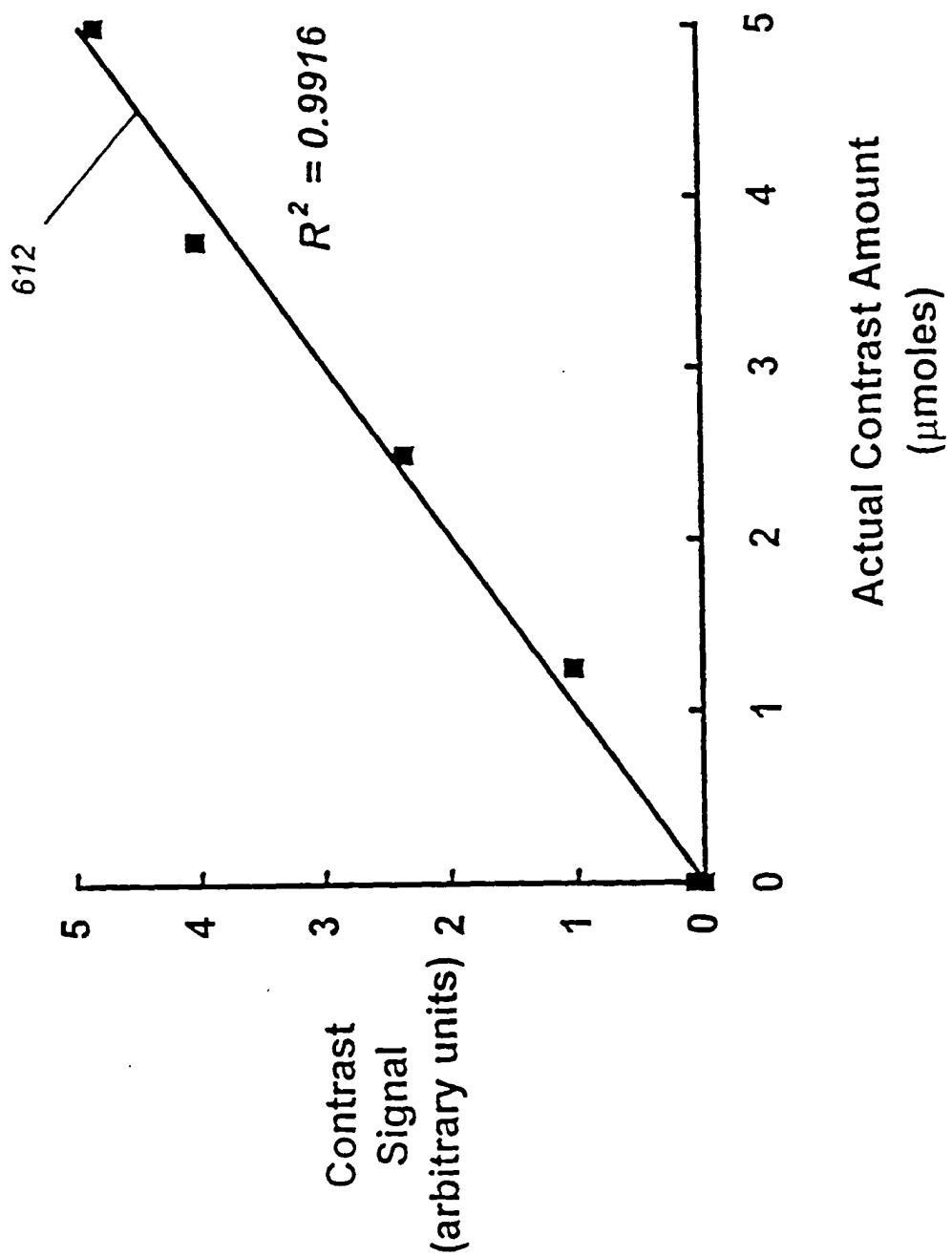


Fig. 8

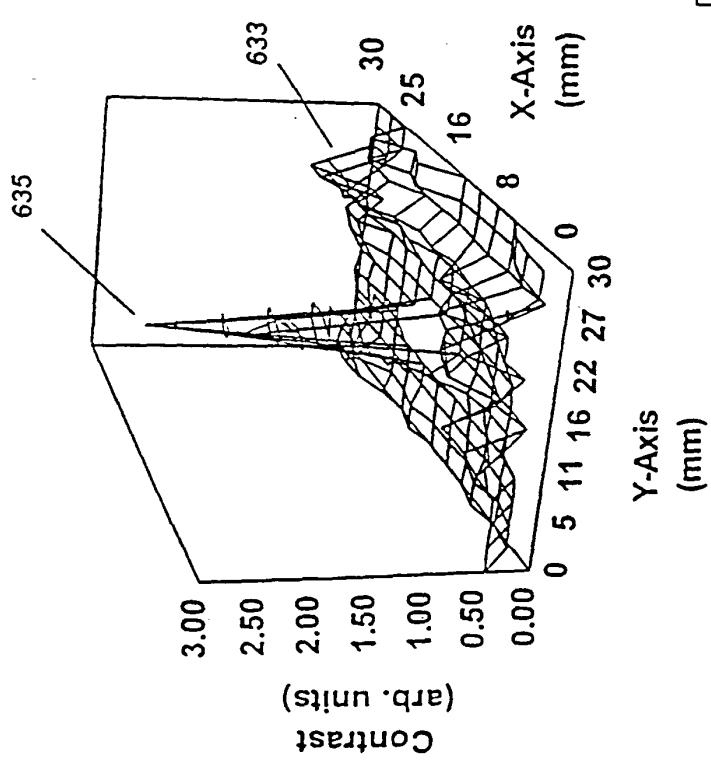


Fig. 9A

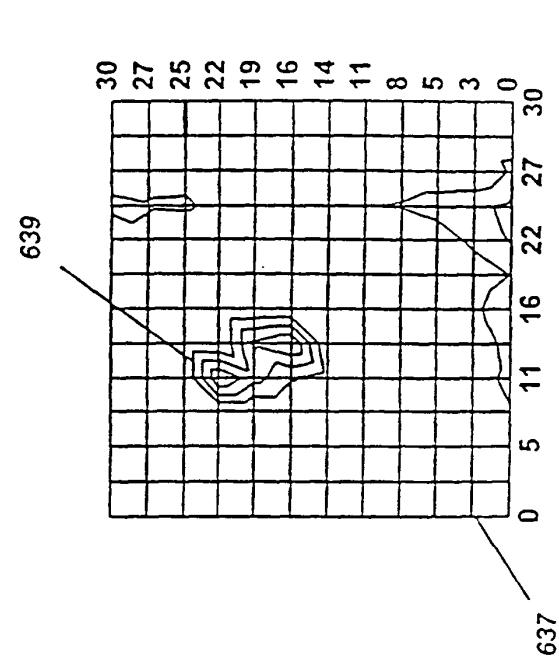


Fig. 9B

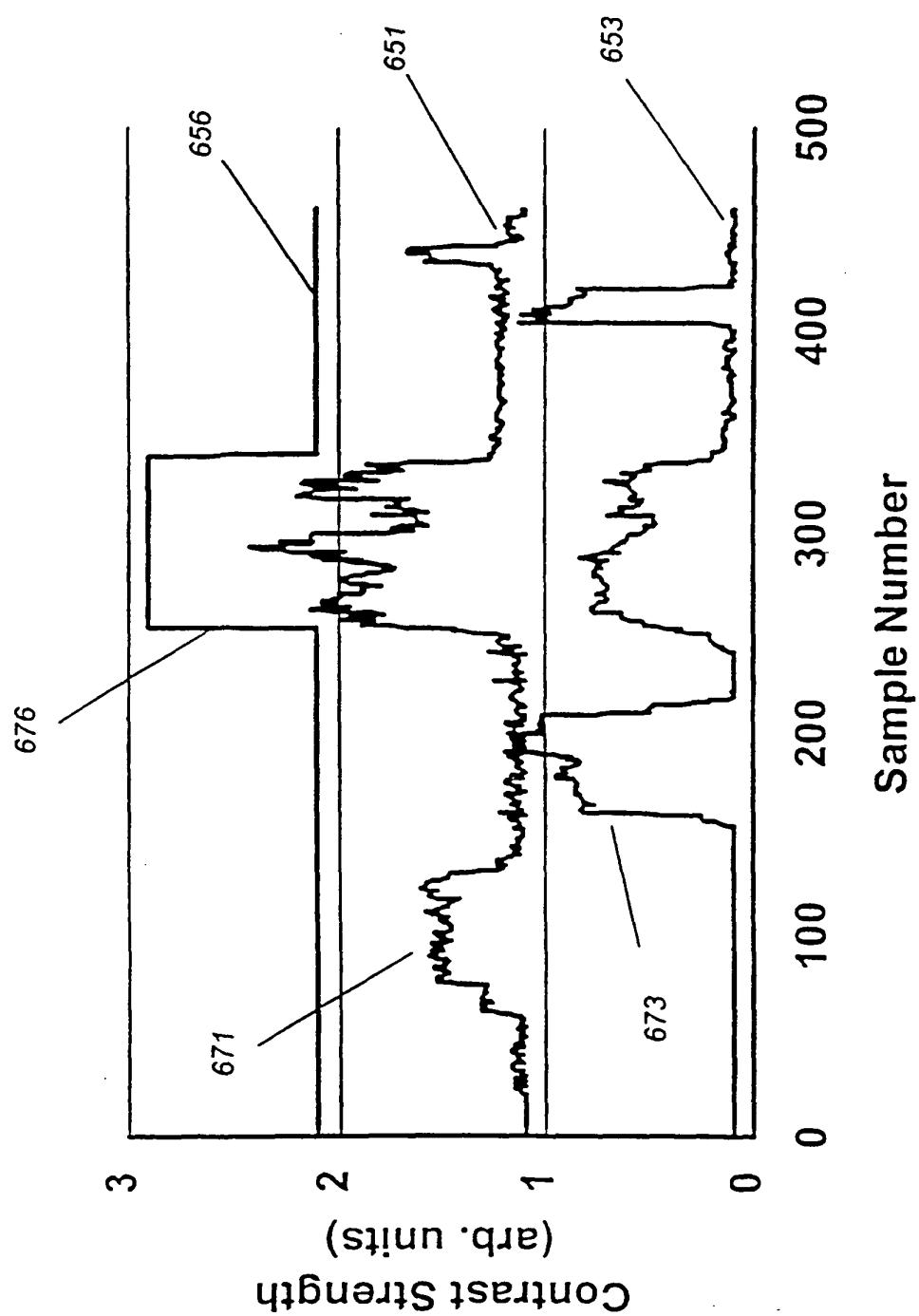


Fig. 10

**REFERENCES CITED IN THE DESCRIPTION**

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### 摘要(译)

一种用于使用光学造影剂检测，定位和瞄准医疗器械朝向身体内的目标组织的系统，其中光源（102）光学耦合到待诊断的组织（135），光检测器（174）光学耦合到组织以检测穿过组织的光的一部分，并且光源和光检测器中的一个或两个耦合到医疗仪器（130）。对比度定位器引擎（184）接收来自检测器的信号，并基于造影剂的定位和分布提供目标组织输出信号（195），允许目标组织被检测，定位或成像，并且用于医疗器械相对于目标组织定位或靶向，并且允许实时评估放置的准确性或程序的进展。还描述了该系统的方法。

